

JANUARY 2025 | ISSUE NO. 12

HATFIELD PEVEREL

# VILLAGE VOICE

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**HAPPY NEW YEAR!**

2025 news

Time to recycle your tree  
& Meet the Councillor!

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## USEFUL INFORMATION

Click below for Parish Council and village information and contacts

[Hatfield Peverel Parish Council](https://www.hatfieldpeverelpc.com/parish-council/) \*

[Parish Council Meetings](https://www.hatfieldpeverelpc.com/parish-council-meetings/) \*

[Clubs and Societies](https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/) \*

[Local Information and Contacts](https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/) \*

Credits: Editor: Janice Fitzpatrick  
[communications@hatfieldpeverelpc.com](mailto:communications@hatfieldpeverelpc.com)

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For information on copy specifications email:  
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\* [Hatfield Peverel Parish Council](https://www.hatfieldpeverelpc.com/parish-council/) – <https://www.hatfieldpeverelpc.com/parish-council/>

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Front cover: A snowy field in Hatfield Peverel by cloudspotter723 Dec 22



### Chair Exercise

St Andrew's Church Hall  
 Hatfield Peverel

**Tues 10.00 – 10.45**  
 Jan 7.14.21    Feb 4.18.25  
 Mar 4.18.25    Apr 1  
 (New term starts Apr 15)

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## A FESTIVE THANK YOU & LOOK AHEAD TO 2025



The Parish Council would like to extend heartfelt thanks to everyone who braved the weather to support *Christmas in the Park*. Despite Storm Darragh making an unwelcome appearance that weekend, the winds thankfully dropped just in time for the event to go ahead. It was wonderful to see so many of you there, celebrating together and enjoying the festive atmosphere.

A huge thank you goes to the Community Events Committee and our Assistant Clerk, Carly, for their dedication and hard work in bringing this special event to the community. You can read more about the day on page 5.

As we reflect on the success of *Christmas in the Park*, we're already looking forward to the next big community event. The Community Events Committee has begun planning for *Party in the Park 2025*, and we're excited to see what they have in store!

We're also thrilled to announce that, by the time this edition of *Village Voice* is published, the zip wire at the Nounsley play area will have officially opened. We had to wait for the grass on the mound to establish before allowing access, but the fencing was removed in December. We hope you enjoy this exciting new addition!

In addition to these developments, we're pleased to announce the relaunch of our free fitness sessions at the outdoor gym, made possible through grant funding from Sport England. These sessions are a great way to stay active and make use of the fantastic facilities in the parish. Be sure to look out for more details in this edition of the *Village Voice*.

As we enter the new year, the Parish Council wishes all residents a very happy and peaceful 2025. For those facing challenges, we hope the year brings support and brighter days. We remain committed to working hard for the parish and look forward to continuing to serve our wonderful community in the year ahead.



### HADFELDA WALKERS

In November nine walkers enjoyed a circular walk starting at the Village Hall out via Nounsley and Letches Corner and across the fields to the back of Does premises. We then came down Spring Lane for a short refreshment pause at Peartree Pantry. Suitably refreshed, we returned via Gypsy Lane and Letches Corner back to Nounsley and Hatfield Peverel. A shorter walk this time, but muddy across the fields – a sign that winter is well and truly here.

We are a small group of villagers who meet on the last Thursday of every month for a 3-4 hour duration walk around the local area. Sometimes using cars to take us further afield e.g Terling, Wickham Bishops, Maldon, Heybridge to begin and finish the walks.

Typically the walks are of 4-5 miles duration at a reasonable pace and a refreshment stop is sometimes scheduled particularly in the summer months. There is no subscription, fees or membership, it's all free!

Our 2025 walks commence on Thursday 30 January and Thursday 27 February meeting outside the Village Hall by the recycling site at 10am. New members who would like to explore the local area are particularly welcome to join us but please do not bring your family pets. If you would like more information, please contact Graham Bushby on 01245 380472.



## the COFFEE LOUNGE

at Hatfield Peverel Village Hall

Mon - Sat 9 - 4 pm  
Sunday 10 - 4 pm

————— ❁ —————

BREAKFAST  
LUNCH  
CAKES & SNACKS  
HOT & COLD FOOD

————— ❁ —————

Coffee Club every Thursday  
9 - 11am. Everyone welcome



ST ANDREW'S, HATFIELD PEVEREL &amp; ALL SAINTS, ULTING

## A NEW YEAR OF FELLOWSHIP & SERVICE



*First, we wish everyone a very happy and peaceful New Year.*

Although the world is troubled by war, violence, famine, and natural disasters, may we, who are so fortunate to live in a peaceful and prosperous area, offer help to those suffering

abroad and closer to home. Many charities are doing amazing work, and on the second Tuesday of each month, our soup and roll lunch not only provides food, company, and cheer but also raises funds for a different charity.

Our last two lunches raised £278 for CHES (Churches Homeless Emergency Support Scheme in Chelmsford) and £192.80 for UNICEF's work in Sudan. The next lunch will support SHELTER (see details below). There is no charge, but donations for the chosen charity are warmly appreciated.

It was wonderful to welcome so many over Christmas to see our decorations and join us at the Carol Services, with support from Barbara Mason and the Hadfelda Singers. Donations to the Food Bank and HomeStart were also much appreciated, as we celebrated and gave thanks together.

Please see our January services listing. Although Father Stephen has retired, we are pleased to announce that, pending formal arrangements, the Witham and Villages Team Ministry, led by Rev. Dr. Jonathan Pritchard, is supporting us. Rev. Howard Schnaar, part of that team, will take communion/eucharist services on the third and fourth Sundays of the month at 10:15 am at St. Andrews. He may also be available for weddings, baptisms, funerals, or spiritual guidance. If you haven't yet met Rev. Howard and his wife, Deirdre, a Lay Reader, they are already becoming part of our parish life, which we greatly value.

Meanwhile, Rev. Derek Clark continues to lead the 9 am Sunday services at All Saints Ulting, our lovely little church by the river. Services in both churches remain at their usual times, and you are assured of a warm welcome at each.

If you need to arrange any special service or for other parish requests, please contact John Strange at 01245 381004 or [johnstrange32@btinternet.com](mailto:johnstrange32@btinternet.com), or John Tomlins at 01245 380359 / 07712699722 or [johnandanna.tomlins@btopenworld.com](mailto:johnandanna.tomlins@btopenworld.com).

Please bear with us as we transition into our new arrangements. We are looking forward to sharing and spreading God's love in our villages of Hatfield Peverel and Ulting in 2025 and then in the years beyond.

Parish of St Andrew Hatfield Peverel with All Saints Ulting

### SERVICES etc. for JANUARY 2025

	St Andrews	All Saints
Saturday 4th	10 -12 noon	
	COFFEE MORNING in St Andrew's Church Hall	
Sunday 5th	Epiphany 10.15am Mattins	9am Holy Communion (BCP)
Sunday 12th	8am Holy Communion 10.15 am All Age Service	9am Morning Prayer with hymns
Tuesday 14 <sup>th</sup>	12.30pm – 2pm	SOUP AND ROLLS in aid of SHELTER St Andrew's Church Hall
Sunday 19th	10.15 Parish Eucharist	9am Holy Communion (BCP)
Sunday 26 <sup>th</sup>	10.15 Parish Eucharist	9am Parish Eucharist

Edward Bear: Every Thursday 10am to 11.30 – Coffee and Company – in hall - with short worship on alternating weeks.

All Saints open for prayer every Wednesday at 9am [with Morning Office]

St Andrew's 01245 380958 Rev'd Derek Clark 380627 07860235778

John Strange 381004 07498362854 [johnstrange32@btinternet.com](mailto:johnstrange32@btinternet.com)

John Tomlins 380359 07712699722 [johnandanna.tomlins@btopenworld.com](mailto:johnandanna.tomlins@btopenworld.com)

Parish of St Andrew Hatfield Peverel with All Saints Ulting

# Tuesday 14<sup>th</sup> January

12.30-2pm

in St Andrew's Church Hall

## SOUP AND ROLL



Come and enjoy eating together  
and help to raise funds for SHELTER

01245 380359 -7809573405



# CHRISTMAS CHEER IN THE PARK

*What a magical afternoon we had on 8th December at Christmas in the Park!*

The Essex Yeomanry Band set the tone beautifully, filling the air with timeless Christmas classics that had toes tapping and spirits soaring.

Our local resident and songstress, Lara George, led the children's Christmas sing-along and the hall was buzzing with our wonderful, talented vendors and Christmas in the Park visitors.

Meanwhile, outside, *The Tipsey Grey* warmed us up with their indulgent hot toddies and creamy hot chocolates, and Essex Amusements brought the fun with their mini ride. The children enjoyed following the Christmas Treasure Trail with their wonderful Christmas-themed painted faces courtesy of the talented *Kimmi's Creative Faces*.



The Coffee Lounge kept the mulled wine and refreshments flowing while the children visited Father Christmas in his grotto, and all came out happily smiling at the gifts they'd received.



As the afternoon progressed, we were entertained once again by the Essex Yeomanry Band, our wandering magician and our two spirited pipers who added a touch of Highland flair. Together with Father Christmas, they led the procession outside the Village Hall where the ceremonial bell was rung to light up the tree, kindly donated by Paul Mason Associates.



A heartfelt thank-you to the *Christmas in the Park* committee, the incredible helpers and stallholders, and most importantly, to *you*, the community. Your enthusiasm and festive spirit are what make this event truly magical. Here's to the joy of Christmas and the power of coming together!

This summer we hope to bring you our Christmas in the Park event outside at the Strutt Memorial Recreation Ground. If you'd like to be a part of the organising committee, we're always happy for new members. Or if you're interested in having a stall, or taking part in some of the events get in touch by emailing [assistantclerk@hatfieldpeverelpc.com](mailto:assistantclerk@hatfieldpeverelpc.com)

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## MEET THE COUNCILLORS

*This month we chat with Vice Chairman of Hatfield Peverel Parish Council, Mike Renow. We find out what drives him to volunteer on the council, what areas he's involved in and what he's most passionate about.*



**Village Voice (VV):** Where did you grow up? What's your background and what brought you to Hatfield Peverel?

**Mike Renow (MR):** I was born in Hillingdon and grew up in Southall and later Northwood before moving to Portsmouth to study economics at University. It was a bit of a baptism of fire - first time away from home, straight into digs and the complete opposite to my quieter home life! But great fun!

After uni, I had no idea where to find a job but some uni friends convinced me to join them in a houseshare in Blackheath where I played drums for local bands and musicians in pubs in order to earn rent. When asked down at the job centre where I'd like to work, I said "here!" and so started my first role in the Civil Service in admin and finance. My next move saw me taking up a Graduate training post for Bentalls in Kingston-upon-Thames and so started my career in retail - first in stationery and then toys. During those three years, I met my wife, Pam. She'd previously moved to Hatfield Peverel to a house she'd started renovating. So in 1980, I joined her and we've very nearly finished the job!!

I later moved to Gamleys in Sutton and then became one of the first batch of employees in the first UK branch of Toys

R Us in Woking. I was part of the team that helped set up the new stores around the South and finally became the area manager at the Basildon store. It was an exciting time and proved to be a much better commute for me from Hatfield Peverel.

A move from Toys R Us to Texas Homecare in Harlow (potentially useful for the house renovation) later ended in redundancy. After twenty years in retail, it was time for a move so I went back to the Civil Service. In 1990 I was back in London in Lincolns Inn Field working for the Public Trust Office within the Justice Department. The background skills I had in economic, retail and finance came to the fore and I helped to move the system from the old paper based files to the newer computer system that was just being developed.

**VV: How did it come about that you joined the parish council?**

**MR:** A neighbour who'd been instrumental in pushing independents to become part of the council decided that since I had been made redundant, I had a bit of time on my hands! I first got co-opted in 1990 and it was my chance to give something back to the village. Hatfield Peverel had given me a lovely wife, family and house and I was happy to repay the kindness. I did a good stint there until 2005 and acted as Chairman for the last five of those years. After 15 years, I thought it was time to hang up my council hat.

But as Michael Corleone says in The Godfather: Part III "Just when I thought I was out, they pull me back in!"

[continued on page 7]

### Quick Fire Round

**What's your favourite movie?**

Dr Strangelove, Catch 22

**Favourite Book?**

Brave New World by Aldous Huxley a great warning of what happens if you don't get it right!

**Favourite Band, Singer or song?**

The Galaxy song by the Monty Python crew. A reminder of where us humans sit in the bigger picture.

**And lastly, what's on your bucket list?**

To finish the house! Remaining jobs to be downgraded to basic DIY and maintenance! Also, I'd love to travel more, perhaps visit Canada or Australia.





## MEET THE COUNCILLORS

[continued from page 6]

As I was leaving the council, the Neighbourhood Development Plan was starting to be put together and then gradually got bigger so I got involved in it as a non-councillor to help out. But then the Chairman of the council resigned which left Diane Wallace as the only councillor on the team to deal solely with the NDP stuff which pushed me to rejoin the council again. So the second time around I joined the NDP committee

It was a full on time but enjoyable and despite me thinking I was only going to deal with NDP stuff, the powers that be had other plans! I just like to see long term projects getting off to a sound start and promise to resist my control freak tendencies but sometimes end up doing the opposite! Just recently I've become Vice Chair to the council.

I would say though to anyone thinking of joining the council, that you can be as busy as you want to. You can include yourself on lots of committees for various projects that you find interesting or you can be a quieter yet no less important member of the council.

**VV: What particular areas of the council are you involved in?**

**MR:** I'm especially proud of helping with the relocation of the HP Football Club to the KBMG. They've done a great

job establishing themselves there. And, of course, the Village Hall refurbishment. It's been a real community effort and has turned an underused space into a community hotspot.

**What are your hopes for the future of the council and the village?**

**MR:** Future plans include heading up the working party to establish a community park which will help with much needed biodiversity in the area. It's a long complex process which has to go through many stages before it can begin to take shape properly. We know people are impatient to see it open but there is a lot to consider - safety and management. The first order of business is to establish a car park, hopefully in 2025 - and then we can move on from there. And we're always open to having members of the community join us in developing the space.

**VV: And how do you relax in your spare time?**

**MR:** Well I'm not sure it's classed as relaxing but working on the house is ongoing and one day it might be completely finished! Spending time with the children and grandchildren. I also enjoy going to the theatre or cinema, reading and listening to music.

## HATFIELD PEVEREL PARISH COUNCIL

### LET'S GET PHYSICAL!

#### Get Fit for 2025 with Free Outdoor Gym Sessions!

Your commitment to health and fitness has been inspiring! Since June, you've braved the elements to join our Thursday evening outdoor gym sessions at Strutt Memorial Ground, led by personal trainer Stefan Tabacu. We're thrilled to announce that, thanks to additional funding from Sport England, these free sessions will continue into 2025!

Starting **2nd January**, Stefan will be back to guide you through fun, challenging workouts designed to help you stay active and energised throughout the year. While the sessions remain free, we're inviting those who can afford it to make a small weekly contribution of **£2**. Every bit helps us extend this service, keeping it accessible for all and potentially funding sessions into 2026!

Our outdoor gym, located behind the Village Hall at Strutt Memorial Recreation Ground, has become a well-loved community resource. Feedback has been overwhelmingly positive, and we've been blown away by the dedication of those who've attended—even on the darkest winter nights!

There's no pressure to commit to a set number of sessions - come along whenever it suits you! Simply book your spot using this link: <https://tinyurl.com/Fitness-sessions>

Once the payment link is up and running, you'll be able to make a secure card contribution if you wish. While we won't be able to accept cash contributions at the fitness sessions, those wishing to pay a cash donation can do so in person at the Parish Clerk's office at the Village Hall.

**Join us at the outdoor gym and let's make it your healthiest year yet!**



## NEWS AND EVENTS FOR 2025

On a windy day at the end of November we held our Christmas Gift and Food Fair at Chelmsford City Racecourse. Visitors enjoyed browsing the local stallholders selling all sorts of wonderful handmade crafts and gifts. There was live entertainment, and Father Christmas made a special appearance. We saw him again a few days before at our Father Christmas Experience at Layer Marney Tower. Children were treated to festive entertainment, crafts, a gift and meeting both Father and Mother Christmas. Adults were also treated - with mulled wine and mince pies.

### Recycle your fir Christmas Tree

Have you got a fir Christmas tree? Do you need an easy way to get rid of it? We can collect your tree from outside your home and take it away for recycling for a small suggested donation. Your donation will support sustainable recycling of your tree and fund our cancer support centres, helping those whose lives have been touched by cancer.

Bookings for collection are open until 6<sup>th</sup> January and trees will be collected between 10<sup>th</sup> and 14<sup>th</sup> January. Visit [www.helenrollason.org.uk/event/christmas-tree-collection/](http://www.helenrollason.org.uk/event/christmas-tree-collection/) to book your collection.



### Donation Day 11<sup>th</sup> January

We are holding a donation day at our office on The Street in Hatfield Peverel on Saturday 11<sup>th</sup> January from 9am to 12pm. By donating good quality items, you will be reducing waste, helping the environment and raising funds to support local people living with cancer. We accept clothing and accessories, toys, books, kitchen and homeware, ornaments, collectables, and any other valuable items. Items to be in new or in good condition and preferably eBay saleable. We cannot take electrical items. You can park at the rear of the building to drop off your items.

### Can you help?

We are looking for volunteers to help with collecting trees and assisting in our recycling hubs. If you would like to get involved in this or in any other way, please give us a call on 01245 380719.

### Our Services

If you would like to know more about our services for those living with cancer, you can call us on 01245 382888 or pop in to speak to the support team in the centre on The Street, Hatfield Peverel.

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**3RD SATURDAY OF THE MONTH**

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18th Jan	Pete Rudeforth's Jazz Band
15th Feb	Paula Jackman's Jazz Masters
15th Mar	Alan Gresty & Friends
19th Apr	The Bateman Brothers

6.30pm for 7.30pm til 10pm

**RING PETE ON 07548 775777 OR EMAIL [WICKHAMBISHOPSJAZZCLUB@GMAIL.COM](mailto:WICKHAMBISHOPSJAZZCLUB@GMAIL.COM)**

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# RECYCLE YOUR CHRISTMAS TREE

In Aid Of

Helen Rollason  
Cancer Charity

Register here before  
6th January



We will be collecting from 10th January 2025 to 14th January 2025

[www.just-helping.org.uk/register-tree](http://www.just-helping.org.uk/register-tree)


Helen Rollason will receive 85% of the net monies raised JustHelping will distribute the remaining 15% to other local charities

For more information call 01245 380719  
or email [fundraising@helenrollason.org.uk](mailto:fundraising@helenrollason.org.uk)

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## THE WESTERN FRONT ASSOCIATION, ESSEX BRANCH

### TALKS IN '25



On Wednesday the 8<sup>th</sup> of January the Essex Branch of the Western Front Association returns to The Village Hall. Our speaker this month is **Alistair Hollington**, who is also the Chairman of the Southend-on-Sea branch of the Association. His talk is **"An Ambulance at Arras"**. This covers casualty collection, treatment, and eventual hospitalisation of those wounded at the Battle of Arras in April 1917.

Contrary to what the title suggests the talk is not about an individual ambulance, but a group of medical services known as a Field Ambulance. It was a hugely important stage between basic first aid at the site of an action and the movement to a Casualty Clearing Station for specialist treatment and onward to a Base Hospital or repatriation to Britain. It was important for soldiers' morale to know that if they were wounded, there would be effective medical facilities that could help. In contrast to the start of the war in 1914, by 1917 the medical services had improved in leaps and bounds. Alistair is very knowledgeable about this subject. He spent ten years in the Army Medical Corps and this topic was the subject for his degree dissertation.



Image: IWM (Q 1255) Wounded British troops outside a Casualty Clearing Station at Heilly, September 1916.  
Brooks, Ernest (Lieutenant) (Photographer)

You do not have to be a member of the WFA to attend the meeting, all are very welcome. We meet from 7:30pm for an 8pm start, in the Vic Olley Room at The Village Hall. We request an entrance donation of £3.50 and have access to the bar during the meeting.

The Branch has a monthly newsletter which carries information remembering casualties from Essex, historical articles and forthcoming events or publications that may be of use to anyone with an interest of the First World War. If you would like to receive a copy by email, with attachments, please ask via [essexwfa@googlemail.com](mailto:essexwfa@googlemail.com) (We ask for no other information and the newsletter is the sole use of the email address.)

On behalf of the Branch may I wish you all a Happy New Year.

Jim Kevany

Essex Branch Chairman, Western Front Association

**Come and enjoy activities, puzzles,  
games and storytime with your child**

**EVERY THURSDAY 10 AM - 11.30AM**

**EDWARD  
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CLUB**

*St Andrew's Church  
& Church Hall*

**£2 per family**

More information



## Stitch to Enrich

**Come and make friends  
as we chat, stitch and relax**

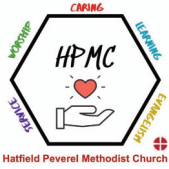
**1<sup>st</sup> and 3<sup>rd</sup> Thursdays each month  
2pm - 4pm**

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Hatfield Peverel Village Hall  
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Jane Cook 07827 594535  
or [Stitch2enrich@gmail.com](mailto:Stitch2enrich@gmail.com)**





## HATFIELD PEVEREL METHODIST CHURCH

# CHRISTMAS REFLECTIONS AND A WARM INVITATION

Although Christmas feels like a distant memory, we were delighted to be invited to sing carols at the Duke of Wellington. We also enjoyed our own worship, the Christmas story, crafts, and coffee in Room 3 at the Village Hall early in December.

It was a joy to continue sharing with the children at St. Andrew's Junior School and to join in their excitement about Christmas. To keep the Christmas story fresh, we explored it through themes, encouraging the children to share what they already knew.



We began with angels, God's messengers, reflecting on how messages are delivered and recalling the angelic visits to Mary, Joseph, and the shepherds. Next, we focused on journeys, imagining what those who traveled that first Christmas might have needed to take. Advent led us to think about waiting and anticipation, inspired by Advent calendars and the visitors in the story—Mary, Joseph, shepherds, and wise men.

For our final Lunch Club, we explored the theme of gifts, considering not only the wise men's offerings but, more importantly, the gift of Jesus, the Saviour of the world. The children created a baby, wrapped in swaddling clothes, and placed him in a manger, ready to hang on the Christmas tree.

We had great fun creating a variety of crafts to reflect on the Christmas story and draw meaningful lessons for our lives today. Some important things require patience—like the prophet Isaiah's prediction of the Messiah, made 700 years before Jesus was born!

Though we may not see angels, we can still receive messages from God. Gifts require givers, and God often works through ordinary people like us. Journeys and visits, whether traveling or welcoming others, take careful planning and preparation, reminding us of the help we all need at times.

When we asked the children what they could give Jesus—since they might not have gifts like the wise men—they thoughtfully answered, "Our time and love." We hope they'll share these insights with others.



A New Year is upon us – and we would love to welcome you to come and join us for worship. Do join us on Sunday mornings from 09.15am in Room 3 of the Village Hall (access through the coffee lounge). You can contact us as follows: Minister: Barry Allen 01621 853423 | Mission Lead: Jane Cook 07827 594535

For information and prayer requests, email: [hpmethodistchurch@gmail.com](mailto:hpmethodistchurch@gmail.com) or visit our website: <https://e-voice.org.uk/hpmc/>

**45th Anniversary Year**

### HATFIELD PEVEREL FLOWER CLUB

**Programme for 2024/25**

<b>4th September -</b>	Roger Woolnaugh: "September Splendour"
<b>2nd October -</b>	David Wright: "Wheels in Motion"
<b>6th November -</b>	Pat South: Christmas Sparkle"
<b>4th December -</b>	Samantha May: "Festive Fun"
<b>N.B. No meeting in January</b>	
<b>5th February -</b>	Angelika Mead: "A Wild Kitchen"
<b>5th March -</b>	Elaine Boobier: "My Life in Flowers"
<b>2nd April -</b>	Crystal Dyball: "Junk and Jumble"
<b>7th May -</b>	Lee Berrill: "Remember When"
<b>4th June -</b>	Terry Babbage: "My Indian Experience"
<b>2nd July -</b>	Deb Hart: "Willow in the Landscape" A talk and demonstration
<b>N.B. No meeting in August</b>	

Hatfield Peverel Village Hall, Maldon Road, CM3 2HP  
7.30 for 8pm  
Refreshments and Raffle  
Guests welcome Non-members £7

**For further details telephone:**  
**Jane Eastall on 01245 466364**  
**or to join the email group to receive updates**  
**contact: Helen Peter on [helenopeter@yahoo.co.uk](mailto:helenopeter@yahoo.co.uk)**  
[www.hatfieldpeverelflowerclub.co.uk](http://www.hatfieldpeverelflowerclub.co.uk)

# Spicing up 2025 together!

Wishing our Customers  
and Community a Happy  
New Year!



**Omars**  
OF HATFIELD PEVEREL

01245 380099





FORAGE GROW CREATE

## START THE NEW YEAR WITH SOUND, NATURE AND CONNECTION

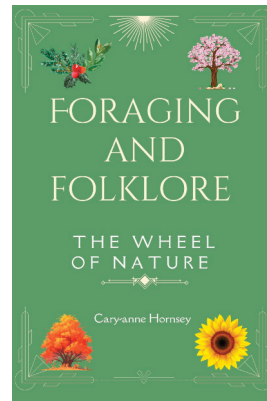
Welcoming in 2025 in Hatfield Peverel. I hope you've all had a wonderful festive season. To ease you in gently into the new year I'm holding a sound journey in the village hall on Friday 10<sup>th</sup> January at 7.30pm. A sound journey is a very relaxing, healing experience. All you need to do is lie down and allow the sounds and frequencies of the instruments to wash over you. I'll be playing my Gong, shamanic drum and a host of other instruments to take you on a deeply revitalising journey. You will get a good night's sleep afterwards.



Foraging begins again in February with all the new Spring growth which is perfect for a detox and lymphatic cleanse after the sluggishness of winter and all the mince pies! Come and learn what grows freely around us and how we can use it for food and medicine.



My book is now published and available to purchase on my website and Amazon. Foraging and Folklore – a monthly calendar of the plants you can forage throughout the year, with medicinal benefits, folklore and traditions surrounding the plants and practical recipes. You can also get another 90 recipes by subscribing to my website. P.S. nearly all the photos are from the village so it's a truly local book! You can pre-order here: <https://www.foragegrowcreate.co.uk/product-page/foraging-and-folklore-preorder>



For the women of the village, please join me for a monthly women's circle. A time to come together and share nature based and spiritual practices. For January we will be practicing vocal toning, a self-healing system making sounds that clear and align the energy centres in your body and visioning our dream year. We'll be discussing various techniques that will help you make your 2025 the best year yet!



To book any of the above events visit: <https://www.foragegrowcreate.co.uk/events> or visit my website <https://www.foragegrowcreate.co.uk/>

**EVERY WEDNESDAY**  
**1PM – 3PM**  
**HATFIELD PEVEREL VILLAGE HALL**

JOIN US FOR TEAS, COFFEES AND LUNCH  
IT'S ALL COVERED WITH A SMALL £4 CHARGE  
PLUS WEEKLY ACTIVITIES SUCH AS BINGO OR QUIZZES

THE EMC IS OPEN TO ALL  
YOUNG AT HEART OR A SEASONED VETERAN OF LIFE,  
EVERYONE IS WELCOME







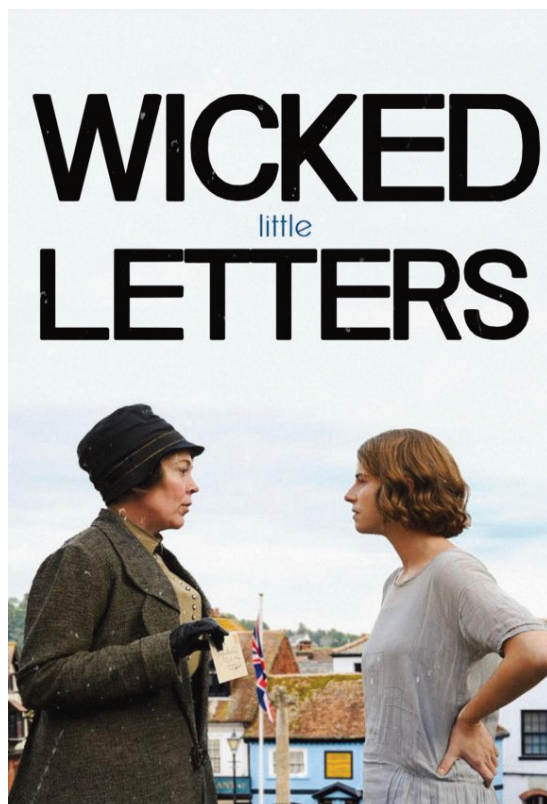
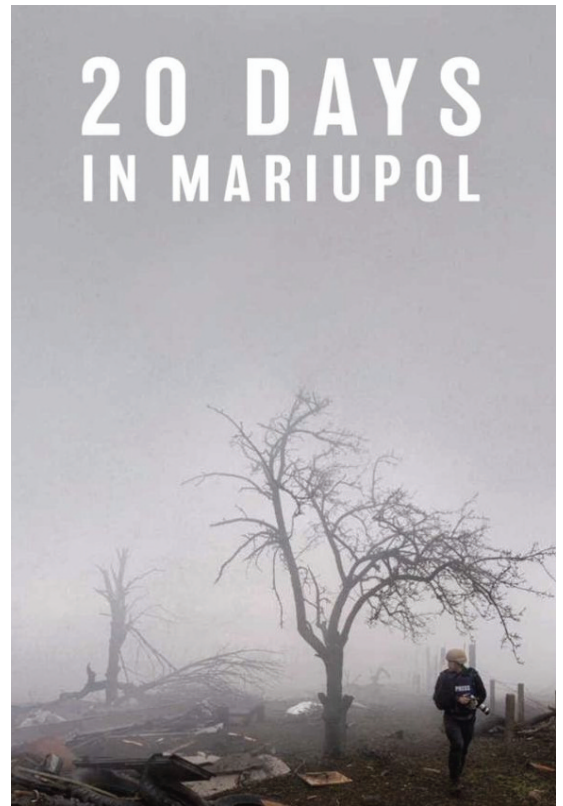

## THE 20TH SEASON IN 2025

Our 20th season continues to pull in the crowds – great films and some 100 members coming along to each screening! Currently topping the leader board is *One Life* with an approval rating of 92.4%. The season continues with the screening of the BAFTA award winning *20 Days in Mariupol* on Wednesday 8th January, 2025 and the highly acclaimed *Wicked Little Letters* on Wednesday 22nd January.

***20 Days in Mariupol*** is not only a vivid account of civilians caught up in the siege of Mariupol but also a window into what it is like to report from a conflict zone. A team of Ukrainian journalists, the only international reporters to remain in the city, capture defining images of the war and of Russian atrocities: dying children, mass graves, a bombed hospital and more. It may not be an easy watch but it certainly is an important one.

Our second film of 2025, ***Wicked Little Letters***, is based in an English seaside town in the 1920's. Two of its inhabitants, the deeply conservative Edith Swan (Olivia Coleman) and a rowdy Irish migrant Rose Gooding (Jessie Buckley) are neighbours. When Edith and others start to receive anonymous letters full of unintentionally hilarious profanities, foul mouthed Rose is charged with the crime and a trial ensues. However, when local women begin to investigate they suspect that something is amiss. Perhaps Rose is not the culprit after all!

Our films for February 2025 are the BAFTA award nominated *Till* which is the true story of Mamie Till Mobley's pursuit of justice for her 14 year old son Emmet and *Chile '76* which is set during the time of Augusto Pinochet's military dictatorship.



Our 20th season continues until 28th May 2025 with films being shown fortnightly on Wednesdays in 2025. The Club meets at Maldon Town Hall, doors open at 7.15pm, wine and soft drinks are available at a charge from 7.30pm and unless notified to the contrary all films will commence at 8pm.

The price of the membership subscription for the rest of the season remains at £25 so why not join now and watch the remaining 11 films for free. In addition there are a limited number of places for junior members aged 16-18 in full time education and training at the reduced cost of £18. As a member you will be asked to give your reaction to the films you have seen and also help the committee compile the programme for the following season. Membership is open to all and new members will be made very welcome. Members' guests pay just £4 per film!

For further details and an application form please visit our web site [www.maldonfilmclub.uk](http://www.maldonfilmclub.uk), pop in to the Maldon Visitor Information Centre (Tuesday – Saturday between 1100 and 4pm) or phone 01621 869340 for membership enquiries. Alternatively you are welcome to come along as my guest, meet members of the committee and pay your subscription on the night.

If you have any further questions please do not hesitate to contact me, John Salisbury, on 07905 971608.



## HADFELDA (LADIES GROUP)

### FESTIVE FUN

What a lovely afternoon we had in November when we were treated to some wonderful guitar playing by George Zarb. Born in Greece, although he has lived in the UK for many years, George told us a little about his early life and the hardship he suffered living in Athens during the War. He learnt to play the guitar slightly later in life but he already played various other musical instruments and is obviously a very talented musician.

Fun and games were the order of the day for our Christmas meeting. The table was covered in wrapped mystery parcels as the members took part in a 'Chinese Auction'. As their raffle ticket number was called, each member chose a gift which they unwrapped. As subsequent parcels were chosen, members had a choice of keeping their own present or 'swopping' it for someone else's. This caused much amusement! To continue in the festive spirit, one of our members read a hilarious version of 'The Twelve Days of Christmas' and all this was followed by some delicious Christmas themed food and drink.



We start our New Year meetings on Wednesday 22<sup>nd</sup> January with a talk from Les Brann who will tell us about Medical Hypnosis. Although now retired, Les was one of our local doctors working at the surgery in Hatfield Peverel and Boreham.

Our meetings are held in St. Andrew's Church Hall and start at 2pm. Why not make a New Year resolution to come to one of our meetings? You'll be very welcome! If you'd like to give us a try but find the thought of coming on your own daunting, give me a ring! Marel 01245 380827



Age Well East are very grateful to have received funding through the *Cost of Living Small Grants* scheme to provide an advice service to people aged 60 years and above living in the Braintree District area.

From 14th October we have had an Advice Caseworker dedicated to the Braintree area available to support residents with a range of needs. This includes benefit checks to help identify access to welfare benefits and other entitlements to assist with essential living costs, support to complete and submit applications, and help to apply for disabled blue badge parking permits based on long term ill health or disabilities. Crucially our work can help identify and support claims for Pension Credit and subsequent entitlement to Winter Fuel Allowance (if support is accessed within the allowable time limits for 2024.)

Our approach is person centred and flexible to meet the needs of the client and we can help by telephone, digital and in person through home visits.



We are open for referrals by email at [enquiries@agewelleast.org.uk](mailto:enquiries@agewelleast.org.uk) telephone at 0300 37 33 333 or through our website at <https://agewelleast.org.uk/contact-us/referrals/> and look forward to contributing towards the valuable work across the Braintree district.

## STEFAN TABACU – MY PERSONAL TRAINER

## CORE STRENGTH – BETTER POSTURE

*Hello everyone! It's Stefan here, your local mobile personal trainer. Happy New Year! Before Christmas, we discussed the importance of joint health and mobility. This month, I want to focus on core strength—a key component of fitness that supports good posture, reduces back pain, and improves overall stability. I'll also share an effective and easy exercise to help strengthen your core.*

**The Importance of Core Strength**

The core muscles, which include your abdominals, back muscles, and even your pelvic floor, play a vital role in nearly every movement you make. A strong core acts like a foundation, supporting your body during everyday activities like walking, lifting, and even sitting.

Here are some benefits of focusing on core strength:

1. **Improved Posture:** A strong core helps you maintain proper alignment, reducing strain on your spine and neck.
2. **Reduced Back Pain:** Strengthening the muscles around your spine can alleviate tension and discomfort in your lower back.
3. **Better Balance and Stability:** A stable core improves your ability to move confidently and prevents falls.
4. **Enhanced Daily Movements:** Simple activities like bending to tie your shoes or reaching for something become easier with a strong core.
5. **Support for Other Exercises:** A strong core enhances performance in activities like walking, running, and lifting weights.

**Exercise Tip of the Month: Dead Bug**

This month's exercise is the Dead Bug, a fantastic move for building core strength while keeping your lower back protected.

1. **Start Position:** Lie flat on your back with your arms extended toward the ceiling and your knees bent at a 90-degree angle (as if you're mimicking a "dead bug").
2. **Movement:** Slowly lower your right arm and left leg toward the floor while keeping your back flat. Stop just before they touch the ground.
3. **Return:** Bring your arm and leg back to the starting position and repeat with the opposite arm and leg.
4. **Repetitions:** Aim for 8-12 repetitions on each side.

I hope you find this month's tip useful. This exercise engages your core muscles without putting strain on your neck or lower back, making it suitable for all fitness levels. Remember, building core strength doesn't just help with exercise—it makes everyday life easier and more comfortable.

Join us at Strutt Memorial Recreation Ground for our community fitness classes, where we practice exercises like these in a supportive environment. I'm here to guide you every step of the way toward better health and fitness. Read more about it on page 7.

Stay strong, stay active, and see you next month with another exercise tip!

Stefan - MyPT  
07456717115

Instagram @stmypt

FB: @STMyPersonalTrainer/

**DOG WALKER ESSEX**

WE MAKE EVERY WALK AN ADVENTURE

Are you struggling to find time for your furry friend's daily walks?

Worry no more! Dog Walker Essex offers reliable, caring, and enjoyable dog walking services tailored for your beloved companion in the Essex area.

We offer a range of services, including daily walks, drop ins, and more. We can customise our services to meet the unique needs of your pets and your schedule.

Visit [dogwalker.pet](http://dogwalker.pet)

Facebook [@DogWalkerEssex](https://www.facebook.com/DogWalkerEssex)

Phone 07761 833996





TERLING WI

## FESTIVE FUN & NEW YEAR CREATIVITY

theWI  
INSPIRING WOMEN

At our November meeting, we welcomed back Wendy and Kerrie from Blooms & Bouquets for another fabulous floral workshop. This time, we created DIY lanterns with beautiful Christmassy floral arrangements inside. Members decorated their lanterns with a variety of materials, resulting in some stunning creations by the end of the evening.



On Wednesday, 4th December, we hosted our third *Old Folks Lunch* at The Rayleigh Arms. This event is open to residents of Terling, Fairstead, and Fuller Street who are aged 65 or over and is generously funded by Lord Rayleigh. We were delighted to welcome seventy guests, who enjoyed a delicious two-course Christmas meal while the local school choir performed festive carols.

A heartfelt thank you to Lord Rayleigh for funding the lunches, The Rayleigh Arms for providing meals at cost, and the pub staff for giving up their days off to support this event. Without their generosity, the lunch would not be possible. It's a wonderful example of the community coming together to support our older residents. As a reminder, no one profits from this day—it's all about giving back. December's raffle prize winners will be announced in next month's issue.

This January, we have an exciting taster session with Bianca Garcia, who will introduce us to the art of Zentangle. The Zentangle Method is an easy-to-learn, relaxing, and creative way to produce beautiful images using structured patterns.

Also, don't forget our collaboration with Terling Cricket Club and MBS Grounds Maintenance on Sunday, 12th January. We're raising funds for the Helen Rollason Cancer Charity by recycling Christmas trees. Join us at the cricket club for hot drinks and cakes while the team gets to work shredding the trees.

We meet on the fourth Thursday of every month at Terling Village Hall. If you'd like to give it a try before becoming a member, you're welcome to attend up to three meetings (guest fee applies). Complimentary tea, cake, friendly faces, and great company are all standard at Terling WI gatherings—come and see what we're about!

### Key dates for Terling WI

Sun 12th January	Christmas tree recycling at Terling Cricket Club
Thur 23rd January	Monthly meeting
Thur 27th February	Monthly meeting

For more information, please use the details below;

Social media: @terlingwi

Email: [terlingwi@outlook.com](mailto:terlingwi@outlook.com)

Phone: 07926 649669



Every Tuesday in term time, our lovely, friendly toddler group welcomes you and your child.

From birth to school-age children!

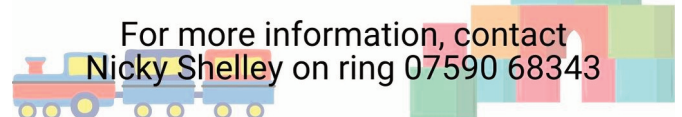
**Come along, meet new friends  
and let your child play in a happy,  
safe environment.**

**CRAFT TABLE AND LOTS OF RIDE-ONS  
AVAILABLE. SONGS AND RHYMES SESSION  
AND REFRESHMENT PROVIDED.**

9.30 am to 11.30 am, £4 per family  
- no need to book

Hatfield Peverel Village Hall  
Maldon Road, CM3 2HP

For more information, contact  
Nicky Shelley on ring 07590 68343



# Winter is officially here!



**Cold days, clouds, wind chill, and everyone layering up to venture out. Add to that rain showers, snow and difficulty driving. And where's the sun?**

Winter might be here but there's plenty you can be doing this January in your gardens and greenhouses. Here's your monthly gardening checklist:

## Flowers

Establish new colonies of snowdrops and hellebores by buying plants in flower, so you can choose the prettiest blooms

## Fruit and veg

Sort out your seeds, throw away empty or out-of-date packets and plan this year's crop rotation to ensure you grow each type of crop in a different bed to previous years

## Greenhouse

Tidy up the greenhouse, get rid of broken pots, old compost or debris check overwintering plants regularly for aphids, mealy bugs and other pests, and take action.

## House plants

Water house plants less frequently and move them off particularly cold windowsills at night. Move them onto a sunny windowsill over winter, to get extra light



## Feed garden birds

- Discover the best ways to feed birds in your garden in winter, including plants to grow, and use of feeders.
- Top up bird baths with fresh water daily and melt ice with warm water.
- Put up bird boxes in sheltered spots and clean out bird feeders often to maintain hygiene. Provide high-energy food for birds through the winter months

## Special maintenance

- Give your lawn mower a basic service or take it to a dealer for maintenance.
- Clean and sharpen tools including hoes, secateurs and shears, and spray with oil

## When to begin to garden in 2025?

Well, as everyone knows, gardening of any sort is totally weather-dependent. Our Allotment members will be looking to begin serious preparations and actual planting any time after mid-February. If the weather cooperates we will start simply.

Propagators and root trainers in Polytunnels will be readied using **Qualigro Pro Mix**, a great product we have found for bringing on our early garden seeds and seedlings. Remember, you, too, can purchase some of this excellent compost by emailing [drew@drewprice.org](mailto:drew@drewprice.org) with the subject **Compost** with your details. We'll follow up with you. Please reply asap as the order is about to be placed very soon.

**Happy New Year to everyone and  
Happy Gardening in 2025!**

**Drew Price, HPAA**



# VILLAGE HALL NEWS

**THE NEW YEAR IS BRINGING FRESH OPPORTUNITIES TO GET INVOLVED IN EXCITING NEW CLUBS AND ACTIVITIES AT THE VILLAGE HALL. HERE'S WHAT'S COMING UP:**



- Nickelstick Bulldog Group: Starting Saturday, 25th January at 9:30 am, this close-quarter fighting system from the Philippines will meet on the last Saturday of every month.

- Tappy Toes Dance Classes: Perfect for little ones aged 6 months to 5 years, these fun and energetic sessions begin on Wednesday, 15th January, and run weekly at 10:00 am.



**SIDE  
BY  
SIDE**

- Side by Side Dementia Support: Offering support for those living with dementia and their carers, this group will meet monthly on the third Tuesday from 2:00 to 4:00 pm.
- Bread-Making Classes with Giovanni: Learn the art of bread-making in this hands-on class, starting Saturday, 22nd February.



For information about all clubs and groups at the Village Hall, visit the Clubs page at [hatpevvhall.org/clubs-at-hpvh](http://hatpevvhall.org/clubs-at-hpvh) for contact details. There's something happening every day for all ages, so come along and join in!

## UPCOMING EVENTS

- Post Floyd Dream: This highly popular Pink Floyd tribute act returns on Saturday, 25th January. Expect an incredible live performance and a stunning light show. Tickets sell fast, so don't miss out!



- Tributes to Musical Legends:
  - Carole King Tribute – February
  - ELO Encounter – March
  - The UK Bee Gees – April

HPVH Diary		
January		
Fri 3 <sup>rd</sup>	Bingo	7pm
Fri 17 <sup>th</sup>	Bingo	7pm
Sat 25 <sup>th</sup>	The Post Floyd Dream	8pm
Later in 2025		
Feb 22 <sup>nd</sup>	A Tribute to Carol King	
Mar 29 <sup>th</sup>	The ELO Encounter	
Apr 26 <sup>th</sup>	UK Bee Gees	

Tickets for music and theatre events are available at [tinyurl.com/HPVH-Tickets](http://tinyurl.com/HPVH-Tickets). Keep an eye on our Events Page at [hatpevvhall.org](http://hatpevvhall.org) for updates on all upcoming events and get your tickets as soon as they go on sale as these are also likely to sell out.

## A LOOK BACK AT 2024

This year has seen some fantastic improvements to the Village Hall:

- All windows have been upgraded to double glazing.
- The Coffee Lounge kitchen has been fully refurbished.
- LED lighting has been installed in the main hall, with motion-activated lights in toilets and corridors.
- Acoustic panels have been added to the Vic Olley Room, enhancing sound quality.
- A new water heater has replaced the old gas boiler in the main hall kitchen.

Looking ahead, we're excited to begin work on the roof and solar panels project in 2025.

Sign up for our mailing list to stay updated on events and news (visit our homepage or scan the QR code). You can also find details on the Village Hall noticeboards, on our website [hatpevvhall.org](http://hatpevvhall.org), or on Facebook at [facebook.com/hatfieldpeverelvillagehall](https://facebook.com/hatfieldpeverelvillagehall). For room bookings or ticket inquiries, contact the Box Office at 0300 102 0473.



**Mailing List**



Mailing List

# Coming soon to HPVH



WWW.HATPEVHALL.ORG



Scan to Buy Tickets

**THE POST FLOYD DREAM**  
A PINK FLOYD TRIBUTE BAND



**HATFIELD PEVEREL VILLAGE HALL**


**Saturday, January 25<sup>th</sup>**  
Doors : 7pm Show : 8pm  
Tickets :-

[www.ticketsource.co.uk/hatfield-peverel-village-hall](http://www.ticketsource.co.uk/hatfield-peverel-village-hall)






**A Tribute to Carole King**

Performing 'Tapestry', one of the biggest-selling albums of all time, and many of her hit songs including 'You Make Feel Like' A Natural Woman', 'Up on the Roof', and 'You've Got a Friend'.




**Hatfield Peverel Village Hall**  
**Saturday, Feb 22<sup>nd</sup>**  
Doors : 7pm Band : 8pm  
Tickets :-

[www.ticketsource.co.uk/hatfield-peverel-village-hall](http://www.ticketsource.co.uk/hatfield-peverel-village-hall)



**THE ELDO ENCOUNTER**



*"A brilliant night out"*  
Steve Scruton - BBC Radio

**Hatfield Peverel Village Hall**  
**Saturday, March 29<sup>th</sup>**  
Doors: 7pm  
Band: 8pm  
Tickets online at...

[www.ticketsource.co.uk/hatfield-Peverel-village-hall](http://www.ticketsource.co.uk/hatfield-Peverel-village-hall)

**The UK BEE GEES Tribute Band**



From 'You Should Be Dancing', all the way through the romantic ballads such as 'How Deep Is Your Love' and finally into the fantastic disco film tracks such as 'Night Fever' and 'Stayin' Alive', you can be forgiven for thinking that the real Bee Gees are there with you.

**Hatfield Peverel Village Hall**  
**Saturday, April 26<sup>th</sup>**  
Doors: 7pm Band: 8pm  
Tickets online at...

[www.ticketsource.co.uk/hatfield-Peverel-village-hall](http://www.ticketsource.co.uk/hatfield-Peverel-village-hall)




Tickets from:- <http://tinyurl.com/HPVH-Tickets>