## HATFIELD PEVEREL

# VILLAGE VOICE



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#### **USEFUL INFORMATION**

Click below for Parish Council and village information and contacts

Hatfield Peverel Parish Council \*

Parish Council Meetings \*

Clubs and Societies \*

Local Information and Contacts \*

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- \* <u>Hatfield Peverel Parish Council</u> https://www.hatfieldpeverelpc.com/parish-council/
- \* Parish Council Meetings https://www.hatfieldpeverelpc.com/parish-council-meetings/
- \* Clubs and Societies https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/
- \* Local Information and Contacts https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/



e-voice.org.uk/hatpevgardens

## SPEAKER EVENING

THURSDAY 3rd JULY

**HELD AT** 

Village Hall (Vic Olley Room), Maldon Road, CM3 2HP

**DOORS OPEN 7.30PM SPEAKER 8PM** 

# THE SECRET LIFE OF A WOOD

by Roger Hance

#### **ALL WELCOME**

Members free non members £2

REFRESHMENTS

#### HATFIELD PEVEREL

## **PARISH COUNCIL**

# PARISH NEWS FOR JULY

#### **TENNIS COURTS UPDATE**

The Parish Council is pleased to share an update on the construction of our brand-new community tennis courts.

The first phase of the project – the full build of the courts – is expected to be finished by the end of June. This phase has involved preparing the ground, laying the foundation, installing fencing and the specialist court surface.

Looking ahead, the next phase will focus on the installation of lighting, which is planned to take place over the summer. The lighting will make the courts more accessible, particularly during the shorter daylight hours in autumn and winter.

While we understand many residents are eager to get out and play, it's important to note that the newly laid surface must be given time to properly 'cure'. This curing process allows the surface materials to harden and fully bond with the layers beneath, ensuring long-term durability and playability.

Premature use—particularly during hot summer conditions—can lead to surface damage. High temperatures can interfere with the curing process, especially when combined with pressure from foot traffic or sports equipment. To avoid this and to protect the quality of the new courts, we are holding off on opening them until the curing period has safely passed.

Subject to weather conditions and successful completion of all works, we anticipate opening the courts for play in early October.

We know this has been a much-anticipated project and we thank residents for their continued patience. The Parish Council is committed to delivering high-quality facilities that will benefit the community for years to come, and we will continue to keep you updated on progress.

#### **PARTY IN THE PARK**

We're looking forward to seeing you on 5th July for our annual summer event – Party in the Park! The free event is held on the Strutt Memorial Recreation Ground from 1pm - 9.30pm. On offer is live music, great food, stalls, activities and entertainment for all ages!

The fun kicks off at 1pm – and we kindly ask that you don't set up any seating or gazebos before then. The event runs through to 9:30pm. Parking is available on the Rec, but if you're able to walk, even better! Picnics are welcome (no personal BBQs, please).

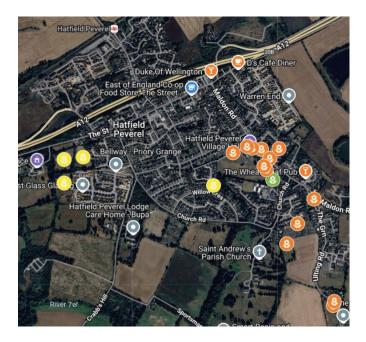
We have a dedicated <u>Party in the Park</u> page on our website, or you can follow us on social media for news and updates:





#### **REWILDING IN THE VILLAGE**

Have you seen our interactive map of the rewilding areas around the village? Our Wildlife Champion, Donna Goddard, created this useful map to pinpoint which areas in Hatfield Peverel are involved. Visit the Parish website under Our Village and then click on Community Matters and Open Spaces or just click the link here: <a href="https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/open-spaces/">https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/open-spaces/</a>



#### **GET INVOLVED**

The next meeting of the Parish Council will take place on Monday 7th July in the Vic Olley Room at the Village Hall. Public participation is welcome, please see the agenda which is published on the Parish Council website and on the noticeboard outside the Parish Council office.

Don't forget you can view all Parish Council news on the website: <a href="http://www.hatfieldpeverelpc.com">http://www.hatfieldpeverelpc.com</a>

Sarah Gaeta, Parish Clerk; Carly Truman, Assistant Clerk Parish Council Office, Village Hall, Maldon Road, Hatfield Peverel, CM3 2HP Tel 01245 382865.

Email: <u>parishclerk@hatfieldpeverelpc.com</u> or <u>assistantclerk@hatfieldpeverelpc.com</u>



#### **NEWS FROM ST. ANDREW'S AND ALL SAINTS**

We went to press for the June edition just before the official licensing of Rev Howard Schnaar by Bishop Roger on 19<sup>th</sup> May as Priest in Charge of our Parish. It was a splendid uplifting and well attended service followed by excellent refreshments in the church hall.



Below, Howard tells us about his journey to us here in Hatfield Peverel:

I used to be a vicar in Crawley (West Sussex) for many years, but I felt it was the right time to move on. I wanted to stay within reach of London, so I took up a post as a Vicar in the Witham and Villages Team, with a particular focus on ministry in the neighbourhoods and at St Nicolas Church in Witham. I will continue in this role, but I realised I had the capacity to do more.

Following the close of Fr Stephen's ministry in the village, I was asked to consider ministry in Hatfield Peverel with Ulting. I said yes — and I was licensed as Priest-in-Charge on 19th May.

I believe Hatfield Peverel with Ulting is a place where I can be a Priest and a Christian holding Christ's light with others, as I pray for the needs and hurts of the local community and rejoice with people when God's blessing comes along. Please pray for me as I hold these two roles and as I settle into my new position as your Priest-In-Charge

I am excited about the opportunity to serve as your Parish Priest. I have a heart for helping people discover who they are in Christ, and to know God's love and his wonderful grace. We are called to love God and our neighbour, and I believe that means being there for one another.

I am married to Deirdre who is a lay reader/preacher. I met Deirdre when on a snap decision—a bargain holiday in Germany when I was a Church Army student. The holiday romance was more than I bargained for as we celebrate 27 years of marriage in July — Praise God! Deirdre has recently taken early retirement, having worked in childcare for many years. We have one grown up daughter called Bethany.

As to who has influenced me most, the obvious answer is Jesus but I have been clearly influenced by St. Francis of Assisi. I am a Franciscan Tertiary, so Franciscan spirituality is hugely important to me

The most important lesson life has taught me is probably the importance of being non-judgmental. This virtue involves listening, holding acceptance, genuineness and empathy. I believe it is important to recognise everyone has a divine spark in them and are created in the image of God and we should hold dignity and value for everyone.



#### **Church events & fundraising**

We raised £236.10 at June's Soup and Roll, in aid of the Amos Trust and our July event on Tuesday 8th is in aid of Practical Action, a global development charity, building sustainable lives and livelihoods on the frontlines of poverty and climate change.

We look forward to welcoming you to our Pet Service on 13<sup>th</sup> July. And on Thursday 24<sup>th</sup> July, from 10am to 12.30pm we are holding Messy Summer–something for families starting their holidays.



#### HATFIELD PEVEREL FLOWER CLUB

www.hatfieldpeverelflowerclub.co.uk

A Talk and Demonstration

## Willow in the Landscape'

Deb Hart



at

Hatfield Peverel Village Hall, Maldon Road, CM3 2HP

Wednesday 2nd July

7.30 for 8pm

Refreshments and Raffle

Guests welcome Non-members £7

#### PEVEREL WINE CLUB



# ALMOST A DRY EVENING FOR THE WINE CLUB!

For the first of our Out & About meetings over the summer months, we visited the amazing gardens of Blunts Hall, one of Essex's best-kept secrets, tucked away in a quiet corner of Witham. The owners, Alan and Lesley Gamble, have spent the last 15 years restoring the gardens from a wilderness to their former glory in the days when they were home to members of the Strutt family of Terling. In fact, the gardens have also been improved in so many ways, with unexpected corners, lovely vistas, quiet courtyards and imaginative planting. Blunts Hall itself is a Grade II listed building, but the history of the property goes back to the Domesday Book, with a scheduled Ancient Monument, Blunts Hall Ringwork dating from c1141, also in the grounds.

We had, unusually for the Wine Club, been anticipating a dry evening (in terms of wine), but as we arrived, the heavens opened thereby sparing us from the ignominy of a totally dry evening! Luckily, the sun soon reappeared, and we were



able to explore very happily. We also enjoyed an excellent cream tea at the end of our tour of the gardens, accompanied by plenty of tea or coffee. The gardens are open by arrangement for groups of 15 or more in aid of the National Garden Scheme, and the owners work tremendously hard for this very worthwhile charity (<a href="https://www.bluntshallgarden.co.uk">www.bluntshallgarden.co.uk</a>).

We are now looking forward to something very different for July's meeting: back to the village hall, but hopefully <u>outside</u> to enjoy some summer evening sunshine as we create the ambiance of Peverel-on-Sea, awash with ozone and seaside activities, fish and chips and some nautically-themed wines. Members have been asked to dress for a day at the coast, sporting anything from Kiss Me Quick hats to knotted handkerchiefs! We're keeping our fingers crossed for good weather, but if not, all will still go ahead indoors (and with fewer seagulls).

If you'd like to join us then - or indeed for any other meeting - for a light-hearted and inexpensive evening out, you would always be very welcome. Please give Vee a ring beforehand on 01245 355723 however, to ensure there is enough food and drink for all. (We normally meet on the second Wednesday of each month in the village hall, but with some exceptions). Our website <a href="www.peverelwineclub.co.uk">www.peverelwineclub.co.uk</a> is currently being reviewed, but I can happily send a copy of our exciting 2025 programme if you email me at <a href="mailto:peverelwineclub@hotmail.co.uk">peverelwineclub@hotmail.co.uk</a>.

by Vee Green, Secretary



# July Allotment Tips: Getting the Most from Your Harvest Garden

Hello Gardeners! Summer — the third season of the year — is all about reaping the rewards of your planning, preparation, and hard work. July is that wonderful time when your plot bursts into colour, flavour, and fragrance. Whether you're picking produce, sowing for future feasts, or simply soaking in the satisfaction, there's plenty to enjoy. Just don't forget you're not the only one who loves fresh fruit and veg!

#### **Harvest Now** — Taste the Season

- **Potatoes:** First and second earlies are ready! Dig only what you need to keep them at their freshest.
- Globe artichokes & climbing beans: Pick as they mature to encourage new growth.
- **Garlic & onions**: Harvest once the tops yellow a sign they've finished growing.
- **Strawberries, cherries & raspberries**: Net them to foil hungry birds, then feast!

#### **Sow Now — Plan for Future Plates**

- Autumn & winter salads: Kale, spinach & Swiss chard love a mid-summer sowing.
- Spring cabbage, turnips & Oriental veg: Start them now for autumn and early spring goodness.
- Carrots: Keep an eye out for carrot fly fine mesh or companion planting helps.
- Fennel, chicory & Pak choi: These thrive from a July sowing.





#### **Garden Jobs & Gentle Reminders**

- **Hoe & weed**: Helps trap moisture and prevent weed takeover.
- Water wisely: Especially water-lovers like peas, potatoes, and squash but don't drown the drought-tolerant! Is my watering schedule "efficient" and "sustainable?"
- Mulch: Use organic matter to lock in moisture and suppress weeds just mind the slugs.
- Stake & support tall plants: Gladioli and sunflowers need support to shine.
- **Deadhead flowers**: Keep the blooms coming!
- **Sweet peas**: Pick regularly for continuous flowering.
- Greenhouse check: Ventilate, hydrate, and watch for pests.

#### **Pests to Patrol**

- Potato & tomato blight: Remove affected crops do not compost. Bin them responsibly.
- Slugs & carrot fly: Copper rings, traps, and barriers are your friends.
- Cabbage whites: Netting or fleece protects brassicas check for eggs!

#### **Seasonal Joys to Share**

- Gift your spare plants: build community and avoid crowding.
- Use weed membrane or Strulch for less weeding, more lounging.
- **Shallow dishes of water** and stones help bees and beetles stay hydrated.
- **Take photos** of your plot's progress future-you will thank you!
- Chat with neighbours, share stories and smiles. Gardening's better shared.

#### Until Next Time...

Here's to a bountiful July full of colour, connection, and cratesful of harvest joy. Happy harvesting — and don't forget to take a break and admire your patch!

Whether you're new to the village or a long time resident, and a keen gardener, why not take on the joy of growing your own vegetables or cultivating some flowers and herbs. If you're considering having an allotment, register your interest at: <a href="https://membermojo.co.uk/hpaa/joinus">https://membermojo.co.uk/hpaa/joinus</a>.

## WE CAN'T WAIT TO SEE YOU AT



# SAT 5<sup>TH</sup> JULY | 1PM-9.30PM

at the Strutt Memorial Recreation Ground, Hatfield Peverel

Classic Cars | Bouncy Castles | Raffle Hotsteps Dance Group | Crafts and displays Stalls, tombolas & fête games

Fabulous food & drink from:

Crafty Bear Kitchen | Tipsy Grey | Eats on the Street Squares & Circle Pizza Co. | Smokey Jims | Omar's

Live music with:

Inari | The Allykats | Focus and our headliners Bootsy

## **FREE ENTRY**

Sponsored by Hatfield Peverel Parish Council







Scan to visit Party in the Park page



For more information call 01245 380719 or email: fundraising@helenrollason.org.uk

Helen Rollason Cancer Charity

Registered Charity No: 1052861

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## **GET READY FOR VINTAGE FUN!**

Whether you love vintage life or are a classic car enthusiast, a lover of handmade crafts or simply seeking a fun day out, our two vintage events are not to be missed. There will be lots of stalls, live entertainment, music, dancing, children's entertainment, vintage cars and a range of food and drink caterers. We are at Cressing Temple Barns on Sunday 13<sup>th</sup> July and at Layer Marney Tower on Sunday 24<sup>th</sup> August. Come along with your family or friends for a fun nostalgic day out, and dogs are welcome too.

Details and tickets for all our events are at www.helenrollason.org.uk/events/

#### Who are we?

Helen Rollason Cancer Charity is dedicated to supporting people whose lives are touched by cancer. Our support centres in Essex are vital in helping those living with cancer. Our aim is to provide a safe space where they can be themselves and not have to put on a brave face. A place where they can have relaxing and calming treatments in the knowledge that they are not alone. The services we offer have been described as a 'lifeline' for so many. We don't wish for anyone to need to use our services, but we want to be here if they do.



We offer services such as:

- Counselling It can be useful to talk to someone from outside a person's support network who has been trained to listen. Our Counsellors provide a safe and confidential space for people to talk openly about how they feel while also allowing them to put aside the brave face that they put on for family and friends.
- Massage a light pressure massage to promote a sense of well-being and a reduction in levels of tension.
- Reflexology a type of massage, which involves the application of digital stimulation in the form of gentle pressure applied using the thumb and fingers to specific areas on the feet or hands to reduce levels of anxiety and tension.
- Support Groups we work with a number of support groups, workshops and courses where people can meet and talk to others who understand what they are going through.

We do not receive government funding but depend on the generosity of our clients, supporters, community groups and local companies as well as grants, and trusts to sustain our mission. Last year we had the support of over 26,500 hours from volunteers. For more information on our services visit <a href="https://www.helenrollason.org.uk/how-we-can-support-you/">www.helenrollason.org.uk/how-we-can-support-you/</a>

## **Dates for your diary!**

Saturday 19 July – Donation Day at our centre on The Street, Hatfield Peverel. Bring along your good quality pre-loved items. Parking is available to drop off your items.

Sunday 13 July - Vintage and Makers Day at Cressing Temple Barns

Sunday 24 August - Marvellous Vintage at Layer Marney Tower

Sunday 30 November – Christmas Gift and Food Market at Chelmsford City Racecourse

Friday 19 December – Father Christmas Experience at Layer Marney Tower





# **Hatfield Peverel Methodist Church**

For the past two years a team from HPMC have participated in a Myriad church planting and growth programme. The HPMC Myriad team recently attended the final gathering where they were commissioned for the next steps in their journey. Jane, Eddie, Jeff, John and Jenny have been inspired and encouraged through the programme as we aim to shine the light of Jesus in Hatfield Peverel and beyond.

We joined the programme as we hoped to become more available and significant in the village. Since we had to sell our church



building in 2021 because it was no longer fit for purpose, it has been harder for us to show people where we are and what we do. Perhaps you didn't realise we are still a vibrant, enthusiastic group of Methodist Church members? We moved our worship to the Village Hall last year and have continued to be visible in the village sharing refreshments in the café after Sunday worship, meeting there twice a month for Stitch to Enrich, participating in the handicraft classes of the Horticultural Society Spring and Autumn shows and arranging craft workshops for Christmas and Easter. Last year we had a very successful celebration of Harvest with a workshop using a 'harvest' of things we would otherwise throw away and creating with recycled materials. We will be enjoying this again on Sunday 28th September.

At Christmas we enjoyed singing carols in the Community Café and The Duke of Wellington, and shared the prayers added to our Christmas tree in the entrance to the Village Hall Coffee Lounge.

We are always happy to include prayers for any concerns you may have, within our Sunday worship, or with our prayer supporters. Please contact us if you need prayers or other support from our church people. We welcome everyone to our informal Sunday worship at 9.15 am in The Vic Olley Room (Room 3) of the Village Hall which you access through the Coffee Lounge. We would love you to join us.

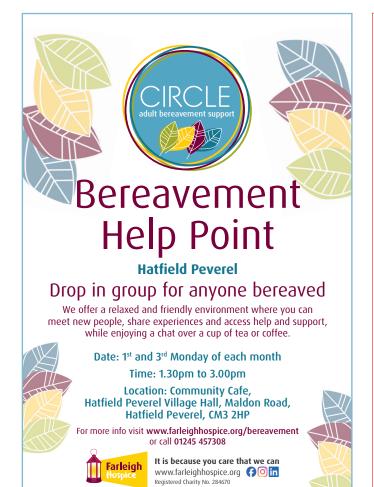
You can contact us as follows: Minister: Barry Allen 01621 853423 Mission Lead: Jane Cook 07827 594535 For information and prayer requests:



hpmethodistchurch@gmail.com



https://e-voice.org.uk/hpmc/



# Stitch to Enrich

Come and make friends as we chat, stitch and relax

1st and 3rd Thursdays each month 2pm - 4pm

The Coffee Lounge Hatfield Peverel Village Hall Maldon Road, CM3 2HP

We share the joy of stitching and friendship. A warm welcome awaits you....

For more information, please contact Jane Cook 07827 594535 or Stitch2enrich@qmail.com

# OMARS

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\*No Corkage Charge



# A good year for the WI

At our monthly meeting in May we welcomed WI advisor Sandra to undertake the annual task at our AGM. I am pleased to inform you that all the committee remain for another year, and Lucy was again elected President. She continues in her third year in the role and thanked the committee and members for supporting Terling WI, and helping make it the success it is.

By the end of the membership year, we had maintained our flourishing membership with meetings as busy and as fun as ever. We are delighted that forty full and two duals renewed their membership in April. Please do invite your friends as we will always make new members welcome!

During the 2024/25 membership year we held eleven successful meetings. We again used the Federation Bursary of £100 in the autumn for a wonderful festive floral event with <u>Blooms and Bouquets</u> (based in Hatfield Peverel!) making our beautiful lanterns.

Our fundraising efforts during the year were incredibly successful and we would like to thank you all for your help in these. Lucy's Terling & Fairstead Open Gardens event netted the WI a little over £1,000, and Farleigh Hospice a whopping £7,000 which was an incredible achievement. Our usual big Christmas Raffle was another huge success. And excitingly, Sidney won us £1,000 from Easyfundraising just by signing up – you have to be in it to win it! As you can gather, we are in good financial health ahead of the 25/26 year and look forward to another full and exciting year of meetings!



This month, we have our annual summer party—a members only event. We don't hold a meeting in August due to summer holidays, but we look forward to September's meeting where we welcome <a href="#">The Silver Darlings Sea Shanty Group</a> – more info to follow next month!

Terling WI meet every fourth Thursday of the month in Terling Village Hall at 7.30pm. Our meetings range from different speakers, crafts and activities to our annual summer party and theatre trips. Complimentary tea and cake are served as standard at Terling WI meetings, as well as friendly faces, friendships and lots more.

#### **NEXT MEETING DATES:**

Thursday 17th July Monthly meeting members only & must book in by 19th June!



No meeting in August.

@terlingwi

© (Lucy) <u>07926 649669</u>

#### First Essex bus route 73 - Langford Road closure

During the closure of the road from Hatfield Peverel to Maldon, at a point just past Langford Church, from 23 July to 31 August 2025, the 73 bus route will continue to serve Maldon but via a lengthy diversion. Full details of the exact route and inevitable revised timetable are still awaited and will be widely publicised as soon as received. However, the current plan (subject to route testing by First Essex) is that – heading towards Maldon - the bus will turn left at Langford Church and will travel the length of Witham Road/Langford Road/Maldon Road (B1018), past Olivers Nursery, to the junction with Blue Mills Hill at the traffic lights. Here it will turn right and will then travel past Benton Hall Golf Club directly to Maldon via Wickham Bishops, rejoining its original route at the Holloway Road roundabout where it will turn left towards Heybridge. For journeys from Maldon, the same diversion will be used in reverse.

It is understood that no stops will be made to pick up or set down passengers between a temporary stop at Langford Church and the first stop in Holloway Road and vice versa.

Further information will be published as soon as it is to hand. Please make sure you're following the council's page on Facebook at https://www.facebook.com/hatfieldpeverelpc/ The Parish Council is in direct contact with ECC to ensure that we are kept fully advised. We are also in ongoing discussions with ECC Highways to finetune the location, and wording, of diversion signs to be erected during the road closure.

John Cockell (traffic@hatfieldpeverelpc.com)

# BEYOND THE TRENCHES: ESSEX MEN IN JULY 1915

110 years ago in July 1915, fighting continued worldwide as in previous months. At this stage, all of the battalions of the Essex Regiment were not yet fully committed, but a lot changed this month. The Essex Yeomanry, the Territorial cavalry force for the County were still recovering from a major action in May. The 1st Battalion of the Essex Regiment was heavily involved in Gallipoli. The 2nd and 9th Battalions were serving on the Western Front; the 2nd having been there since August 1914. The 10th Battalion was about to join them in France and 4 battalions, the 4th, 5th 6th, and 7th were on route to Gallipoli.

Part of the WFA's remit is to try and talk about the war, outside of well-known facts. There is a widely held view that troops were in horrendous trenches all the time and constantly taking part in attacks. Major attacks were not frequent. Conditions were undoubtedly horrible at times, particularly during winter months. The British Army had a policy of rotating units so that, in general, troops never spent more than a week on the front line, with time spent in support positions and in reserve. Not all positions were knee deep in mud, certainly not at the stage of the war 110 years ago. In July 1915, the 2<sup>nd</sup> Battalion of the Essex Regiment moved from the Ypres area to what would later become in 1916, the Somme Battlefield, taking over trenches from French units. The report from the Battalion Diary:

"The trenches are most extraordinarily clean. Nearly all the trenches are floored with bricks. There are a certain number of bomb-proof shelters capable of holding 25-30 men. These are topped with tree trunks and from 3 to 4 foot of earth. The telephone system is excellent and from the way it is laid out it is obvious that the signals must be trained electricians. There is very little revetting, what is done is done with brushwood bundles. The front trench has a large number of loopholes in very fair state of repair. The top of the parapet is hardly thick enough. There is plenty of barbed wire in good condition and there are some 6-8 saps forward from 20-50 yards long for listening patrols. The German trenches are from about 200-500 yards and are below ours... The communication trenches lead right back Auchonvillers. No fires are lit or cooking in the trenches. The reserve company carries all cooked food up to the front line".

The following incident is also recorded at that time. But first a bit of context–In 1812, during the Peninsular War in Spain, at the Battle of Salamanca, a Napoleonic Eagle, the equivalent of a British unit's Royal Colour, was captured from the French 62<sup>nd</sup> Regiment, by the 44<sup>th</sup> Regiment of Foot (which later evolved into the Essex Regiment).

The capture of this Eagle, currently on display at the Essex Regiment Museum in Chelmsford, was a major triumph and ultimately the Essex Regiment adopted the Eagle as part of its insignia, including on its buttons. By coincidence, in that July of 1915, the French 62<sup>nd</sup> Regiment was to the battalion's right.

"The CO of the [62<sup>nd</sup>] Regiment visited with one of his officers. We told him the Eagle we wear was captured from them at Salamanca. He was much interested as they had not known by what regiment it had been taken. He at once pulled out his pocketknife and cut a button off the officer's coat and said he would keep it as a souvenir".

Our photo shows The Salamanca Eagle on the 200th anniversary of its capture at a public event in 2012. Photo courtesy of Karen Dennis, our Branch Memorial Officer. And Essex

Regiment Silverplate & gilt Military uniform button.

We are back at the Village Hall in Hatfield Peverel on Wednesday 9<sup>th</sup> July for a

talk by Andy Stuart, who will tell us of a little-known campaign, right at the end of the First World War in northern Russia in which his grandfather was involved. In 1919, despite looking forward to going home after the Armistice many troops were committed to support the anti-Bolshevik forces in a Russian Civil War. Our talk starts from 8pm and all are welcome. We request an entrance donation of £3.50.

Our monthly newsletter carries information remembering casualties from Essex, historical articles and forthcoming events or publications that may be of use to anyone with an interest in the First World War. If you would like to receive a copy by email, with attachments, please ask via <a href="mailto:essexwfa@googlemail.com">essexwfa@googlemail.com</a> We ask for no other information and the newsletter is the sole use of the email address.

By Jim Kevany Essex Branch Chairman, Western Front Association





Established since 1996

# COME ALONG TO OUR FREE VALUATION DAY ROADSHOW

VENUE: Hatfield Peverel Village Hall, Maldon Road, Hatfield Peverel, CM3 2HP

DATES & TIMES: Weds. 23rd July (eve) 5pm-7:30pm (last entry 7pm)

Tues. 26th August (e 5pm-7:30pm (last entry 7pm) COINS & BANKNOTES
WATCHES & JEWELLERY
TOYS & PICTURES
GOLD & SILVER
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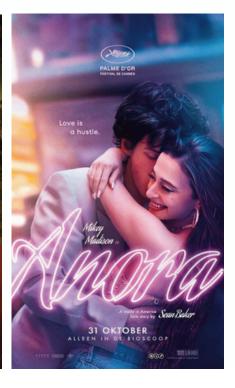




# 21st Season Coming soon







After a very successful 20th season Maldon Film Club is preparing for its 21st which begins on Tuesday 9th September 2025.

As always, the programme for the 2025/26 season, which is heavily influenced by the members' votes, will cover a wide variety of themes with films from different regions of the world. The season, which opens with the highly acclaimed *The Outrun*, starring Saoirse Ronan, continues until 3rd June 2026 with films being shown fortnightly on Tuesdays in 2025 and Wednesdays in 2026. The Club meets at Maldon Town Hall, doors open at 7.15pm, wine and soft drinks are available, at a charge, from 7.30pm and unless notified to the contrary all films commence at 8pm.

I am pleased to confirm that the programme up until Christmas is as follows:

Date	Film	Director
09/09/25	The Outrun	Nora Fingscheldt
23/09/25	Conclave	Edward Berger
07/10/25	I'm Still Here	Walter Salles
21/10/25	Anora	Sean Bakes
04/11/25	Vermiglio	Maura Delpero
18/11/25	Touch	Baltasar Kormakur
02/12/25	My Favourite Cake	Maryam Moghadam & Behtash Sanaeeha
16/12/25	Small Things Like These	Tim Mielants

After a short break, the club returns on Wednesday 14th January when the film to be screened will be **September 5** which is a historical drama

that focuses on the 1972 Munich Olympic hostage crisis. The season continues until 3rd June 2026 and the programme for the rest of the year includes Fallen Leaves, Radical, A Complete Unknown, Hard Truths, Maria, Soundtrack to a Coup d'Etat and the 1975 classic, One Flew Over The Cuckoo's Nest.

Many of the nineteen films to be screened have received Oscar/BAFTA awards or nominations and, as usual, the programme will offer something for everybody. Watch this space for further details of the programme for 2025/2026 which will be published next month.

The price of an annual subscription remains unchanged at £30 and this entitles members to free admission to all of the season's 19 films, that's less than £1.60 per film! In addition, there are a limited number of places for junior members aged 16–18 in full-time education and training at the reduced cost of £20 and members' guests will pay just £4 per film. As a member, you will be asked to give your reaction to the films that you have seen and also help the committee compile the programme for the following season. Membership is open to all and new members will be made very welcome.

For further details and an application form please check our website <a href="https://www.maldonfilmclub.uk">www.maldonfilmclub.uk</a>, visit the Maldon Visitor Information Centre Tuesday – Saturday 11am – 4pm, or call 01621 869340. Alternatively, you are welcome to come along as my guest to the first film of the new season, meet members of the committee and, if you wish, pay your annual subscription on the night.

If you have any further questions please do not he sitate to contact me, John Salisbury, on 07905 971608.



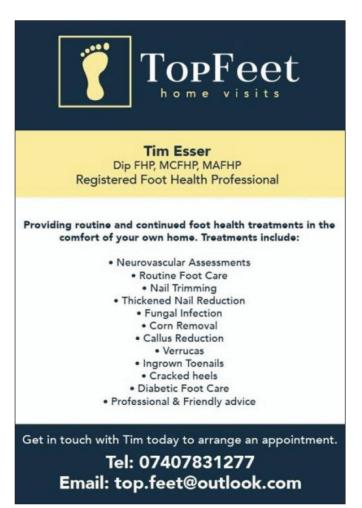


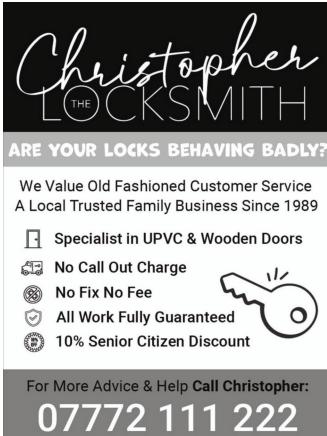












www.christopherthelocksmith.co.uk

# Life-Changing Dogs and How You Can Help: A Local Volunteer's Story

By John Cameron



It's often said that Britain is a nation of dog lovers and here in Hatfield Peverel, that certainly rings true. With the UK's dog population now topping 13 million, it's clear that our four-legged friends hold a special place in our hearts. But for many people,

dogs are more than just loyal companions-they are lifesavers and lifelines.

For those living with serious health conditions, specially trained dogs can detect early warning signs of medical issues, giving people the time they need to act. For others, especially the elderly or those living alone, a dog's companionship helps combat loneliness and brings joy to everyday life. Anyone who's come home to an excited, tailwagging greeting knows the uplifting power of a dog's love.

I've lived in Hatfield Peverel for over 30 years and have had the pleasure of owning eight wonderful dogs during that time. Surrounded by beautiful countryside and fantastic walking routes, we're lucky to live in a village where dogs and their humans feel right at home. Now retired, I've combined my passion for dogs and my free time by volunteering with two amazing charities: <a href="Medical Detection Dogs">Medical Detection Dogs</a> (www.medicaldetectiondogs.org.uk/) and <a href="The Cinnamon Trust">The Cinnamon Trust</a> (https://cinnamon.org.uk/).

#### **Medical Detection Dogs**

For nearly two years, I've been involved with Medical Detection Dogs, a charity that trains dogs to detect diseases such as cancer, Parkinson's, POTS (Postural Orthostatic Tachycardia Syndrome), and urinary tract infections. These dogs are trained to pick up on the scent of illness with extraordinary accuracy, something that science now backs with strong evidence. Their abilities are helping to develop quicker diagnoses and providing life-saving support for people with serious conditions.

One of my roles is giving talks to local groups to raise awareness of the charity's vital work. If you belong to a club or group that would be interested in learning more, please get in touch! You may have seen the posters around the village, or you can find more details at www.medicaldetectiondogs.org.uk or contact me directly.

I also help as a part-time puppy socialiser, a fun but important role that helps prepare these young dogs for their future work. Training takes about two years, and we're always looking for more people who might like to get involved whether full-time, part-time, or just offering holiday cover. With a local trainer based in Colchester, socialisers receive full support throughout the process.

#### **The Cinnamon Trust**

The second charity I support is The Cinnamon Trust, which provides help to elderly or terminally ill pet owners when day-to-day care becomes difficult. The charity also ensures lifelong care for pets who outlive their owners—something that brings enormous peace of mind.

As a volunteer, I walk dogs and help with pet care for those in our community who need a little extra support. It's incredibly rewarding to know that I'm helping someone stay connected to a beloved companion. With the support of the parish council, I've placed posters around the village with more information and contact details. You can also visit www.cinnamon.org.uk to learn more.

#### Can You Help?





with Cary-anne Hornsey

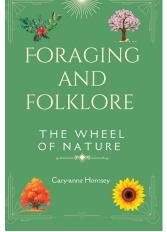
Hatfield Peverel is blooming right now and it's lovely to see lush green and an array of wildflowers. So far, it's been a great year for foraging with lots of edible flowers available and the blackberry bushes looking so abundant.

The June Walk at Papermill Lock managed to avoid the rain—just! There was a heavy downpour an hour before we set off, and another one once we were all safely home in the warm. We've always been fortunate with the weather on our walks, even in early spring and late autumn. The rain always seems to take a break for us, and we're truly grateful for that. Our next walk at Papermill is on Saturday 5<sup>th</sup> July at 10.30 – 12.30, and thereafter the first Saturday of the month for August and September. We meet in the willow set parking where you can park all day.



During our walk, found some interesting aquatic chickweed – a new one to me, as over the fields and in our plant pots we find common chickweed, a tiny plant, whereas aquatic chickweed is huge! You can learn all

about chickweed and its benefits in my book Foraging and Folklore. You'll recognise the plants in the book as I took most of the pictures in our village. Foraging and Folklore is a monthly guide to what's available to forage throughout the year. Each edition features detailed information on four seasonal plants, including how to identify them, their



medicinal properties, associated folklore, and a recipe for each one. Best of all, you're likely to find most of these plants right here in Hatfield Peverel. To order via my website, visit <a href="www.cary-annehornsey.com/product-page/foraging-and-folklore">www.cary-annehornsey.com/product-page/foraging-and-folklore</a>

Subscribers to my website receive a PDF of ninety recipes that match these local plants, so feel free to subscribe even if you don't have the book.

As always, you can book a private group foraging walk with me or I can come to your garden or land to help you identify what you have growing. Please contact me at <a href="https://www.cary-annehornsey.com/foraging">www.cary-annehornsey.com/foraging</a>

On July 19<sup>th</sup>, I'll be holding my signature herbal workshop *Build Your Own Apothecary* at Sparrows campsite, where you'll learn how to preserve your herbs to last you throughout the seasons, and practical ways to use your herbs for food, medicine, skincare and wellbeing. You'll also make an organic healing herbal oil to take home. Book in at <a href="https://www.cary-annehornsey.com/event-details/build-your-own-herbal-apothecary">www.cary-annehornsey.com/event-details/build-your-own-herbal-apothecary</a>



And for those of you who would like to become part of a community that's connected to nature, lives seasonally, listens to the plants and has a space to study and grow, my online community, The Magic of Nature, begins on the 23<sup>rd</sup> July! For info and to join please click <a href="https://www.cary-annehornsey.com/the-magic-of-nature">www.cary-annehornsey.com/the-magic-of-nature</a>

You can contact me, and make bookings for events via my website at <a href="https://www.cary-annehornsey.com/">https://www.cary-annehornsey.com/</a>

# Why Mobility Matters at Every Age

Hello again, everyone! It's Stefan here—your local mobile personal trainer. This month, I want to shine a light on a part of fitness that doesn't always get the attention it deserves: mobility. You might hear the term a lot, but what does it actually mean and why is it important?



#### **Mobility vs Flexibility**

Mobility is your ability to move a joint through its full range of motion with control. It's not just about stretching (which is flexibility); it's about how well your body moves as a whole. Whether it's reaching into a cupboard, bending down to tie your shoes, or getting up from a chair - **mobility affects every movement you make.** 

#### Why You Should Care About It

- 1. **Reduces risk of injury** Good mobility means your joints move the way they're meant to, lowering your risk of strains or falls.
- 2. **Improves everyday function** Tasks like getting in and out of the car, gardening, or playing with your grandkids become easier.
- 3. **Boosts performance** Whether you walk, lift, or do classes, better mobility means better results.
- 4. **Supports independence** Especially as we age, mobility keeps us moving confidently and living fully.

The great thing is, mobility can be trained and improved—no matter your age or current fitness level.

#### **Exercise Tip of the Month: Cat-Cow Stretch**

This gentle movement from yoga helps increase mobility in the spine and relieve stiffness in the back and neck. It is perfect to do first thing in the morning or after long periods of sitting.



#### Chair Exercise

St Andrew's Church Hall Hatfield Peverel

Tues 10.00 – 10.45 Apr 15,22.May 6,20,27.June 3,17,24. July 1,8,22. Aug 5,12. (New term starts Sep 9<sup>th</sup>.)

Would you like to improve your....

Balance, Strength, Flexibility, Confidence, and General Fitness levels? Why not come and join us and have fun too!

You will be very welcome whatever your level is.

Fully qualified Instructor.

Not sure about coming? Feeling anxious? Have you had a fall or are afraid of falling?
Do you have replacement joints? Are you spending more time at home?
Has your mobility decreased since Covid? Your exercises will be adapted to your needs!

Medical conditions must be controlled if you would like to attend.
Fully qualified Chair Based Instructor & Personal Trainer
Mental Health & Exercise Level 4

Please come in comfortable stretchy clothing, leisure footwear and bring water.

Bookings taken now, or turn up on the day!

For details and cost mandadurrant@gmail.com

Telephone - 01376 408046 – Please leave a message

#### How to Do It:

- 1.**Start Position:** Begin on your hands and knees, with hands under shoulders and knees under hips.
- 2.Cow Pose (inhale): Drop your belly, lift your chest and tailbone, and look ↓ slightly up.
- 3. Cat Pose (exhale): Round your spine, tuck your chin to your chest, and press the floor away with your hands.
- 4. Repeat: Move slowly between Cat and Cow, linking the movement to your breath. Try 10–12 rounds.

I hope this encourages you to include some mobility work in your routine - it can make a real difference to how your body feels and moves every day.

And of course, feel free to join our free outdoor fitness class at Strutt Memorial Recreation Ground - everyone is welcome, and all levels are supported. Follow this link to book a session: <a href="https://bookwhen.com/mypersonaltrainer">https://bookwhen.com/mypersonaltrainer</a>

Stefan - MyPT | 07456717115 | Instagram @stmypt | FB: @STMyPersonalTrainer/





# Have you heard of



Each year an estimated 50 million litres of paint goes to waste in the UK. This leftover paint is either thrown away or stored in homes or garages despite over 50% of it still being usable. Community Repaint's mission is to end this by offering a solution for leftover paint and making it available for reuse. A UK wide paint reuse network, sponsored by <u>Dulux</u>, they collect leftover paint and redistribute it to individuals and groups in the community.

They also remanufacture their own brand of paint called <u>ReColour</u>, which is available in larger volumes for bigger projects. ReColour is made from the same surplus and leftover paint which is filtered, blended and treated to produce a 'nearly new' product.

Paint from their schemes has been used to brighten playgrounds, community centres, homes, festivals, schools and other spaces around the UK for over 30 years.

Got a project in the works? Whether you're a household, a business or a local group or school, they can provide part and full containers of affordable leftover paint. Alternatively, you can pass on your leftover usable paint via their local drop-off points - one being at <a href="the Witham Recycling Centre">the Witham Recycling Centre</a>.

To find out more, visit www.communityrepaint.org.uk









# Clubs at the Hall

For information, go to the Clubs page on our Website.



#### www.HatPevVhall.org

**Badminton** Mondays 7pm



HotSteps
Tuesdays from
3:30pm



EMC Lunch club Wednesdays 1-3pm



Little Oliver
Twists
Dog Training
Thursdays 6pm



**Table Tennis Tuesdays 7:30pm** 



Tuesday
Toddler Time
Tuesdays 9:30am



Tappy Toes

Dance
Wednesdays 10am



Shea-Lowe Education Wednesdays 3:30-6:15



Moo Music Thursdays 9:45am starts April 24th



Little City

3rd Wednesday of the month 9:30am



Essex Hearing Help

2nd Weds, bimonthly 10-12



Side By Side
Dementia support
3rd Tuesday. 2-4pm



Methodist Church Sundays 9:15am



Stitch to Enrich 1st & 3rd Thursday 2-4pm



Women's Circle 2nd or 3rd Weds

2nd or 3rd Weds 7:15pm



Kazen Kai Karate Thursdays 3:45



Nickelstick last Saturday, 9:30am



Western Front 2nd Wed 8-10pm May, Jul, Sep, Nov



Bread Making
1 Saturday a month
10:30am



Dancematic
Latin Dance
Fridays 2pm



Flower Club
1st Weds of the
month 7:30pm



Essex Yeomanry
Band
Sundays 9:30-13:00



Bingo
1st & 3rd Friday of
the month: 7 10pm



Essex Tai Chi Academy Saturdays 9:30-12:30



Wine Club 2nd Weds of the month



# Mailing List

## **Coming soon to HPVH**









Scan to Buy Tickets







