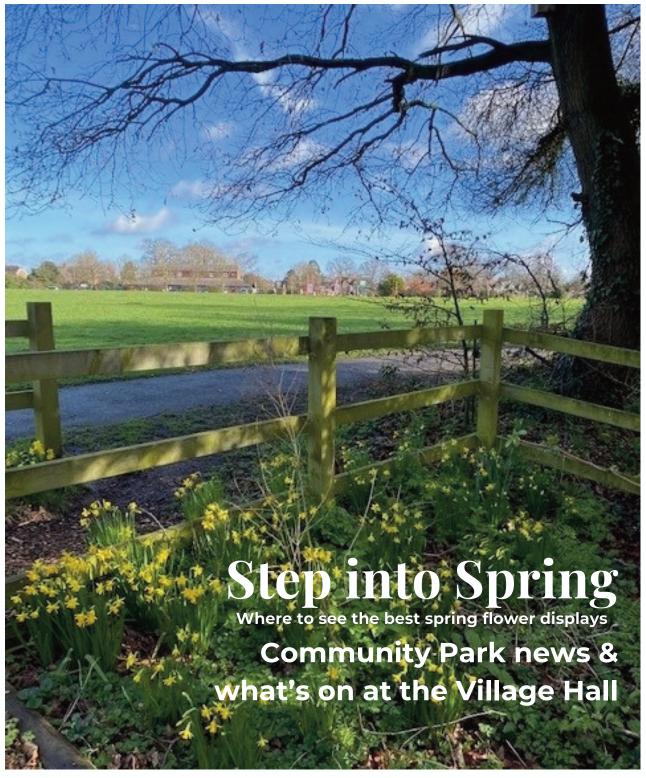
# HATFIELD PEVEREL

# VILLAGE VOICE



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#### **USEFUL INFORMATION**

Click below for Parish Council and village information and contacts

Hatfield Peverel Parish Council \*
Parish Council Meetings \*
Clubs and Societies \*
Local Information and Contacts \*

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For information on copy specifications email: <a href="mailto:communications@hatfieldpeverelpc.com">communications@hatfieldpeverelpc.com</a>
If you wish to advertise your business in Village Voice, please get in touch for a media pack and rate card.

This publication is printed on FSC-sourced paper and is fully recyclable.

- \* <u>Hatfield Peverel Parish Council</u> https://www.hatfieldpeverelpc.com/parish-council/
- \* Parish Council Meetings https://www.hatfieldpeverelpc.com/parish-council-meetings/
- \* Clubs and Societies https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/
- \* Local Information and Contacts https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/

Front cover: Strutt Memorial Recreation Ground by Janice Fitzpatrick







# COMMUNITY PARK

# HATFIELD PEVEREL'S BEST KEPT SECRET

In 1990, planning permission was granted for a 10-year period of sand and gravel extraction at a site on Wickham Bishops Road, Hatfield Peverel. The application faced strong opposition from both local residents and the parish council.

One of the conditions attached to the approval was that the site would be restored according to an agreed plan before being handed over to Essex County Council to operate as a country park. However, the restoration process took much longer than expected, and by the time the operators vacated the site, the county council had withdrawn from managing country parks.

After further prolonged negotiations, Hatfield Peverel Parish Council reached an agreement to take responsibility for the site, ensuring it could be developed into a Community Park for residents to enjoy. This was officially achieved in 2024 when the Land Registry formally transferred the full site area to the parish council.

To bring the project to life, a **Community Park Committee** has been established to oversee its development.

The first priority is to clear a designated car park area along Wickham Bishops Road, providing safe visitor access. Next, pathways will be cleared to allow easier exploration of the site. Once these tasks are completed, the park is expected to open to the public in **Autumn 2025**.

In the lead-up to the opening, exhibitions at the village hall and open days at the site will be held, along with a community survey to explore potential uses for the space.

The site offers tremendous potential, combining biodiversity conservation with opportunities for outdoor recreation. Some ideas under consideration include:

- Picnic areas
- Willow tree planting to produce timber for cricket bat making
- Quiet zones for meditation and relaxation
- Nature trails and wildlife habitats
- A community orchard
- Outdoor learning spaces for Scouts, Guides, and other local groups

Turning this vision into reality will take time, dedication, and a range of skills. The **Community Park Committee** welcomes volunteers to join working groups, support different projects, or help spread awareness of the park's benefits.

Meetings are held on the **last Monday of every month** at the village hall and are open to the public. If you'd like to be part of shaping this exciting new space, come along and get involved!

# **SPRING FLOWER WATCH!**

There are plenty of displays and walks going on this March not too far afield from Hatfield Peverel. Below is our list of the best and closest places to enjoy this Spring in bloom!

Saturday 1 March 2025 - 11am until 3.30pm Alpine Garden Society Early Spring Show,

Chelmsford City racecourse, Great Leighs near Braintree, Chelmsford, Essex, CM3 1QP.

There will be the chance to purchase and admire a range of alpine plants at this event. For more information visit, <a href="www.alpinegardensociety.net/shows-events/early-spring-2025/">www.alpinegardensociety.net/shows-events/early-spring-2025/</a>

Sunday 2 March 2025 - 11am until 4pm Spring Bulb Walks at Hedingham Castle,

Bayley Street, Halstead, Essex, CO9 3DJ.

For more information, <u>www.hedinghamcastle.co.uk/events/spring-bulb-walks</u>

This event also runs on the Sundays of 16th March, 23rd March and 30th March.

Sunday 9 March 2025 - 10am until 3pm Writtle College Garden Opening & Plant Stall

Writtle College, Lordship Road, Writtle, Chelmsford, Essex, CM1 3RR.

Visitors can view the student-designed and built gardens. The grounds and gardens cover an area of 15 acres and consist of informal lawns with naturalised bulbs in spring and wildflowers in summer, a large mature tree collection, mixed shrub and herbaceous borders, heathers and alpines. Landscaped themed gardens include a 'Centenary' garden and a Sub-tropical 'Hot 'n' Spicy' garden. For more information, visit <a href="https://ngs.org.uk/gardens/anglia-ruskin-university-writtle-cm1/">https://ngs.org.uk/gardens/anglia-ruskin-university-writtle-cm1/</a>

Saturday 15 March 2025 - Sunday 16 March 2025 - 10am until 5pm, RHS Hyde Hall Early Spring Show

Creephedge Lane, Rettendon Common, Chelmsford, Essex, CM3 8ET

Event takes place in the Hilltop Lodge at RHS Hyde Hall by a select group of nurseries and growers. Browse and buy from a great selection of beautiful and unusual spring-flowering bulbs, seeds and plants. For more information, visit <a href="https://www.rhs.org.uk/gardens/hyde-hall">https://www.rhs.org.uk/gardens/hyde-hall</a>

Wednesday 19 March 2025 - 12pm until 5pm Thursday 20 March 2025 - 10am until 4.45pm RHS Hyde Hall Daffodil Show

Creephedge Lane, Rettendon Common, Chelmsford, Essex, CM3 8ET

Find this Daffodil Show in the Hilltop Lodge at RHS Hyde Hall. More information here: <a href="https://www.rhs.org.uk/gardens/hyde-hall/whats-on">www.rhs.org.uk/gardens/hyde-hall/whats-on</a>

Friday 21 March 2025 – 11am until 4pm Ulting Wick Garden Opening & Plant Sale

Ulting Wick, Crouchman's Farm Road, Ulting, Maldon, Essex, CM9 6QX.

Please bring cash as no cashless facilities are available at Ulting Wick.

Nestling in the conservation area of the Chelmer Valley in rural Essex, the eight-acre gardens at Ulting Wick have been redesigned, extended and developed over the past 25 years by Philippa and Bryan Burrough. Visitors can enjoy

snowdrops, daffodils, tulips, flowing innovative spring planting, herbaceous borders, pond, mature weeping willows, kitchen garden, and woodland. Book via the

National Garden Scheme Website:

https://findagarden.ngs.org.uk/garden/18468/ulting-wick

Saturday 29 March 2025: Open to public from 2pm Rivenhall Gardening Club Spring Show Henry Dixon Hall, Rivenhall, Witham, Essex, CM8 3HR. Contact: Mrs McCarthy 01376 512781 And remember
our very own
Hatfield Peverel &
Ulting Horticultural Society
will be holding their
Spring Show
on Sat 5th April
at the Village Hall
here in Hatfield Peverel.
More details on Page 9.



## MORE PAST AND PRESENT

Continuing our history of All Saints, Ulting, this month we focus on the building itself. With no accessible stone nearby, the walls are mainly flint and glaciated pebbles from surrounding fields. Other stones include granite, red sandstone, volcanic rock, and a lump of haematite (iron ore) in the east wall, possibly glacier-borne. There is also septaria (or mud stone) likely from Bradwell-on-Sea, some square-cut pieces possibly from the Roman fort where St Cedd had his monastery, and "pudding stone," a naturally occurring conglomerate once considered a fertility symbol.



The steeple is clad in cedar shingles, often damaged by woodpeckers, which persistently attack new replacements!

Inside, two features stand out. First, at the end of the first pew on the north side, a small archway in the wall is the remains of a piscina, a drain used for washing communion vessels. As the clergy were not allowed to take the elements of the Mass outside, they had to dispose of it in the church. It should be near the altar, suggesting it was relocated at some point.



Second, the font bowl is made from Purbeck Marble, an expensive stone usually found in cathedrals. How it reached this humble church remains a mystery, as it would have travelled a great distance from the quarry in the Isle of Purbeck, Dorset round the Channel and up to Essex.

By now, daffodils should be appearing, and spring approaching. Lent begins soon, with Shrove Tuesday on 4th March and Ash Wednesday on 5th March. See page 5 for details of our March services including Mothering Sunday on

30th March. On 29th March, from 10am at St Andrew's Church Hall, we'll gather to bunch flowers for the service and bake Simnel cake to enjoy afterward.

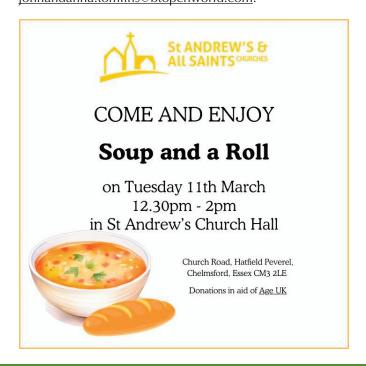


Our next Coffee morning is on  $1^{st}$  March at 10am and the next Soup and Roll - in aid of Age UK will be on Tuesday  $11^{th}$  March at 12.30pm. Our February event attracted 35 guests and raised £220 for Open Doors.

At the end of March, we plan to set up an Easter Trail again round St Andrew's churchyard and hope everyone, young and old, will enjoy and appreciate its message.

We are pleased to share that Father Stephen Northfield is now settled in Dovercourt with his cat, Jasper, and sends his best wishes. Rev Derek Clark has recovered well from his broken ankle and should have resumed services at All Saints, where Charles Cope has admirably stepped in during his absence.

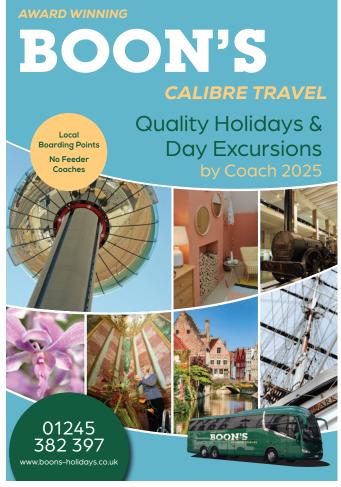
Please note that until other arrangements are made, anyone needing to make contact to arrange any special service or other parish request should please either contact John Strange (01245 381004 mob. 07498362854) johnstrange32@btinternet.com or John Tomlins (01245 380359 mob. 07712699722) johnandanna.tomlins@btopenworld.com.













**Today's to-do list?** — Work in the garden? Possibly not.

First, stick your head outdoors, lick your finger and check the temperature. The wind is from the SE, feels freezing cold and the temperature is only 3C (feels -2C). Conclusion: It is too cold to plant today. Well, when?

We normally have some folks planting potatoes at this time of year but only if it is 5C or warmer due to frost in the soil. The other vegetables you might plant should only go in when it is consistently +10C. Probably, in March. Remember, *Mother Nature controls the weather*.

You will need to begin chitting potatoes now as it takes 4 to 6 weeks to happen. Use egg cartons and be sure the buds or eyes are facing up. Place them in a light, dry, cool, room or porch. About 7C to 12C is best. And be sure to label them for early or late etc.

Finish pruning fruit trees and bushes and practice some prevention by covering fruit trees with bedsheet-type protection which still allows insects access for pollination while protecting from frost.

Many gardeners make the mistake of leaving dead plant material such as leaves on the garden. Their belief that it will all break down is correct, but the timing is wrong, and the dead matter will encourage rot and weeds because it takes 1 to 2 years for leaves to properly break down.

#### At the allotment:

Considering the recent grey, cold, unwelcoming weather, the sites have both been busy with group and individual improvement projects happening. Compliments to the many new members who are already making a difference in neglected plots that needed some TLC. Wow!

By the time you read this, we will already have held a sale of tools and supplies generously donated by former and newly retired plot-holders. Proceeds will have been split and shared between the HPAA coffers and Helen Rollason Cancer Charity, and the tools and supplies will have found a new home.

Additionally, we have today had a delivery of 250 bags of our unfailing compost ready for use in our allotments and home gardens. It's time to begin preparing bedding out pots and outdoor beds for new plantings with this outstanding compost performer.

#### **Newcomers welcome**

One of the reasons for moving into the village may have been to change your lifestyle. If you are a keen gardener with an interest in having an allotment, Google us and consider joining at: <a href="https://membermojo.co.uk/hpaa/joinus">https://membermojo.co.uk/hpaa/joinus</a>. There are openings on either allotment site and members, available to welcome and assist you in viewing our sites to find an appropriate opportunity for you.







#### **TERLING WI**

#### CATCH UP AND CAKE!

Back in early January, we provided hot drinks, bacon rolls and cakes to all the volunteers assisting <u>Helen Rollason Cancer Charity</u> with their Christmas Tree Recycle fundraiser. Vans and lorries full of Christmas trees came to the hub at Terling Cricket Club where they were recycled by the wonderful Martin and Henry of MBS Grounds Maintenance (also based in Terling). It was a wonderful weekend of true community spirit!

At January's meeting we welcomed <u>Bianca Garcia</u>, who taught us the art of Zentangles and how relaxing they are to do!

This month, due to the unavailability of our planned speaker, but staying with the theme of 'Easter' and 'Cake' we have decided (after the success of our 'Jubilee Cake Off' in 2022) we would have an Easter Bake Off and Social meeting. All members are strongly encouraged to enter one (or all) of the following categories:

- Easter Biscuits
- Easter Cupcakes
- Easter Cake

Prizes will be given to the winners of each category. Are you a baker? Or are you more into the decoration? We'll soon find out!

Sarah McNamara's last event wish Please join us for a ho-down in her memory.

CACLER

TERLING VILLAGE HALL

2016

7.00PM TO 10.00PM

Tickets £10 per head, under 16s £5

available on the door and online from Ticketsource

BY0 Drinks and Food

Raffle - All profits to Terling Church

We promised a list of the Decembers raffle prize winners back in January but missed the deadline for the February issue. So, the lucky winners were:

- £100 cash (C Evans)
- Beach Hut voucher (E Thorpe)
- Luxury Hamper (F Mister)
- The Rayleigh Arms voucher (D Curtis)
- Owls Hill Tea Room voucher (K Whittaker)
- Mrs Salisburys voucher (G Swateridge)
- The Only Way is Spirits Gin gift set (M Heur)
- Longacres voucher (L Howe)
- The Bakehouse voucher (A Clarke)
- Hotel choc goodies (H Davis)
- Tiptree goodies (S Meares)
- Lego set (D Curtis)
- Next voucher (J Dunning)
- FitHit voucher (K O'Neill)
- Hadfelda Hair voucher (J Hyde)
- Blooms & Bouquets voucher (E Cook)
- Cabello hair voucher (J Bradknock)
- Fish and Chip Supper Voucher (J MacWilson)
- Zumba x3 class pass voucher (L Vanstone)
- £100 voucher from Nigel Cornwell for mower repairs (A Brench)
- Whole cake voucher from the Tin Roof Cafeteria (S Tucker)
- Perrywoods voucher (T Harrison)
- Family ticket to MOTORFEST in Chelmsford in June (K Boswell)
- Family ticket to FESTIVAL OF WHEELS in Ipswich in August (T Curtis)
- Maldon sea salt gift ((T Wood)
- 2-hour cleaning voucher (R Webb)

We meet on the fourth Thursday of every month at Terling Village Hall. If you'd like to give it a try before becoming a member, you're welcome to attend up to three meetings (guest fee applies). Complimentary tea, cake, friendly faces, and great company are all standard at Terling WI gatherings—come and see what we're about!



<u>★ terlingwi@outlook.com</u>

07926 649669

<u>★ @terlingwi</u>

07926 649669

#### HATFIELD PEVEREL & ULTING HORTICULTURAL SOCIETY

The Society's 2025 schedule of events is shown below. These events are open to both members and non-members. Membership cards and year books are available from Upsons Farm Shop. Annual membership is just £3 (£2 for seniors).

#### **SCHEDULE OF EVENTS FOR 2025**

27th March - 'Owls' with Stephanie
Callender-Jarrold
5th April - Society Spring Show
10th May - Annual Plant Sale - Nounsley Road
3rd July - 'The Secret Life of a Wood with
Roger Hance
25th September - 'Hanningfield nature Reserve'
with Bill Godsafe
4th October - Society Autumn Show
27th November - AGM Christmas
Speaker Evening

All events take place at The Village Hall unless otherwise indicated Visit <a href="https://e-voice.org.uk/hatpevgardens/">https://e-voice.org.uk/hatpevgardens/</a> for more information

# TIPS FOR YOUR GARDEN IN MARCH

**Prune:** Dead stems of perennials, hydrangeas, fruit trees

**Plant:** Bare rooted trees and canes such as blackcurrants, seeds such as chillis and tomatoes, hardy annuals such as cornflowers and poppies

**Propagate:** Take cuttings from Dhalia tubers, basal cutting from perennials such as delphiniums and lupins

e-voice.org.uk/hatpevgardens

## SPEAKER EVENING

THURSDAY 27<sup>TH</sup> MARCH

HELD AT

Village Hall (Vic Olley Room), Maldon Road, CM3 2HP

**DOORS OPEN 7.30PM SPEAKER 8PM** 

# OWL & BIRD OF PREY RESCUE

by Stephanie Callender-Jarrold

### **ALL WELCOME**

Members free non members £2

REFRESHMENTS

Potatoes available to grow in a bag for competition



#### PEVEREL WINE CLUB

# PEVEREL IS GOING TO THE DEVIL!

By Vee Green, Secretary (01245 355723)

February's Valentine's Special this year shifted away from our traditional selection of romantic wines and a competitive version of Perfect Partners towards a very different theme: Angels & Devils. This involved several members of the committee dressing up as saints or sinners respectively to tell us all about 4 excellent pairs of wines with Angel or Devil in their names. Members had to blind taste the wines to decide which was which from clues given and then vote on which they preferred.

The hall was awash with haloes, horns, harps and pitchforks, and one speaker (Pat Hercules) had even gone to the effort of knitting her very own arrow-tipped red devil's tail! The smell of fire and brimstone filled the air as tales were told of Adam and Eve retiring to live in the Bay of Angels and how Don Melchor Concha y Toro protected his best wines from the local peasants by claiming the Devil lived in his wine cellar (his *Casillero del Diablo*, in fact). We were also asked to believe in the power of heavenly music at the Montes winery in Chile, where there are about 1,000 barrels of wine lying down allegedly listening to angelic voices singing Gregorian chants. The winemaker firmly believes that the soft and soothing vibrations make the wines age better and more harmoniously!



As if this wasn't enough, snacks on the same theme were provided: chicken noodle soup with angels' hair pasta, devils on horseback, angels' wings savoury Palmiers and Old Nick's cheddar crispies. All the wines were devilishly good, and tricky to tell apart without divine guidance, but the favourite white proved to be **Devil's Creek Sauvignon Blanc** from New Zealand, £7.99 Mix 6 from Majestic, and the favourite red **Nice Angel Merlot**, £10.24 from Vinatis online. We must report, however, that the voting on which was the better of each pair of wines resulted in the Devils winning 3-1 over the Angels! So, sadly, it would seem that Peverel Wine Club has done a deal with the Devil and is no longer on the side of the Angels!

Also at the meeting, former Chairman Graham Bushby and former Treasurer Linda Fisher were both awarded honorary membership of the Wine Club, in recognition of their long and devoted service to the club – more than 27 years between them!

We are now looking forward to March's meeting on Go-To Wines, where six willing volunteers will be introducing their favourite wines at £10 or under, and telling us what makes them special – tremendously good value, a unique flavour, or perhaps memories of a perfect holiday? Or are they just so very reliable that you've always got a bottle or two in the wine rack to cheer you up on a dull day? Well, whatever the reason, we want to hear about and share these special recommendations with everyone. Also greatly anticipated is April's meeting on the topic of wine and chocolate, two subjects very dear to members' hearts.

If you'd like to join us in March - or indeed for any other meeting - for a light-hearted and inexpensive evening out, you would always be very welcome. Ring Vee on 01245 355723 to ensure there is enough food and drink for all. We meet the 2<sup>nd</sup> Wednesday of the month (with some exceptions). Email me at <a href="mailto:peverelwineclub@hotmail.co.uk">peverelwineclub@hotmail.co.uk</a> for a copy of the exciting new 2025 programme.



### HATFIELD PEVEREL METHODIST CHURCH

We have enjoyed many varied topics during our weekly times of worship recently. We have been introduced to unfamiliar books of the Bible, encountering Philemon and Titus, recognising our freedom of choice in our actions as we look out for false teaching, and remember that all we need is God's grace. We have pondered how God speaks directly to us through the Bible, focussing on the special messages he has for each of us.

As we see the welcome signs of spring, we look forward to a time of planting and growing. Here is something to think about...

There once was a man browsing in a shop who made the shocking discovery that God was the assistant behind the counter.

"What are you selling?" he asked God. "

What does your heart desire?"

The man said, "I want happiness, peace of mind, and freedom from fear - for me and the whole world."

God smiled and said, "I don't sell fruit here. Only seeds".

We can sometimes feel almost overwhelmed by the sadness and hurt we see in the world, feeling powerless to help. We may not be able to make big changes, but we can be seeds of hope and love in small ways, if we plant those seeds wherever we can.

We are happy to pray for any concerns you may have. You can find us in the Village Hall Community Café from 10.15am each Sunday. Some of us are also there on the 1st and 3rd Thursdays each month from 14.00 – 16.00, for Stitch to Enrich. Or email requests to hpmethodistchurch@gmail.com

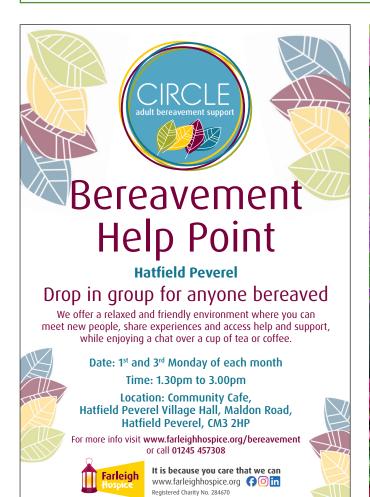
#### Sunday worship at the village hall

Do join us on Sunday mornings from 9.15am in Room 3 of the Village Hall (access through the coffee lounge).

You can contact us as follows: Minister: Barry Allen 01621 853423 Mission Lead: Jane Cook 07827 594535 Church email for information and prayer requests: hpmethodistchurch@gmail.com



https://e-voice.org.uk/hpmc/]







# HATFIELD PEVEREL CRICKET CLUB HOWZAT!

"What a club", "everyone is so encouraging", "the kids love the junior sessions"!

Just some of the fabulous comments that people say about us. Above all, it's such a friendly and welcoming club. You'll love it! We're always looking for new members and you'll quickly make new friends and become immersed in our club.

Whether you're an experienced player or new to the game we've got you covered - two Saturday teams competing in the T Rippon League; Ladies cricket; Midweek T20 and of course Sunday cricket.



We believe in inclusivity, with mixed teams and a strong focus on nurturing young talent. Our ladies' team is full of incredible cricketers – and wow, they can bowl! Plus, our premier league-standard players provide inspiration and guidance for all.

Our youth section is thriving. The Allstars and Dynamos sessions bring energy and excitement, with smiles all around. We also run organised tournaments and introduce

juniors to hardball cricket, creating a pathway for the next Joe Root or Sophie Ecclestone. Watching the kids develop is truly rewarding.

Of course, we love to win, but our culture and values matter just as much. We uphold the spirit of cricket,

ensuring all players and opponents enjoy the game. That commitment has seen us win the League's 'Fair Play Award' twice in recent years.

Beyond cricket, our social calendar is packed. Our legendary Beer Festival and spectacular Fireworks Night are highlights not to be missed!

A huge thank you to our members and sponsors – we couldn't do this without you. We're continually reinvesting in the club, and this year we're undertaking an ambitious project to replace our practice nets. Any support or sponsorship would be greatly appreciated.

Want to get involved? Come along – we'd love to see you!

Frazer Smith, Chairman www.hatfieldpeverelcricketclub.co.uk

### HADFELDA (LADIES GROUP)

# What's On...

Who would have thought that Medical Hypnosis could be so interesting? In our January meeting, Dr. Les Brann (whom I'm sure many of you will remember although he is now retired) gave us a most fascinating insight into how this branch of medicine can help people with various issues including phobias and anxiety. He explained how the brain is divided into two halves (right and left) and how each side is responsible for different aspects of our behavior.

Most intriguing was how your brain can be 'confused' into seeing what you expect to see. Les showed us a video of two teams playing basketball and told us to count the number of passes from one of the teams. He then asked us who had seen the gorilla walk across the pitch? Not one of us had seen it until he re-played the video and there it was! We had all been concentrating on the basketball players.

Our next meeting on **Wednesday 26**<sup>th</sup> **March** is a talk by the Essex & Herts Air Ambulance, a very worthwhile charity. This is an open meeting, so please come along and bring your friends. **On 23**<sup>rd</sup> **April** we



will learn how to make a hanging basket and on the **28**th May we will hear about 'Travels with the Foreign Office'. All meetings take place in St. Andrew's Church Hall at 2pm.

If you like the sound of any of our speakers, you are very welcome to come along as a visitor (£5 including a raffle, tea & biscuits). We are a very friendly group and are always happy to see new faces!

NEXT MEETING DATES; 26th March, 23rd April and 28th May

## MEMORABLE MOVIES FOR MARCH

Maldon Film Club welcomed in 2025 with the screening of the BAFTA award winning 20 Days in Mariupol and the Maldon Film Club's 20<sup>th</sup> season continued throughout February with the screening of the highly acclaimed and profoundly emotional *Till*, followed by *Chile'76*.

Our films for March are the highly recommended *Scrapper* and *All of us Strangers*, a poignant story about love, family and the ghosts of our past.

**Scrapper**, which was nominated for a BAFTA award, is to be screened on Wednesday 5th March. This film tells the story of Georgia, a dreamy 12-year-old girl living happily on her own in her London flat which she fills with magic. Suddenly her estranged father Jason turns up from Ibiza and forces her to confront reality. Georgia is resistant to his efforts. As they adjust to their new circumstances, Georgia and Jason find that they both still have a lot of growing up to. **Scrapper** is described as a low budget British indie which is well worth a watch. So come along on March 5<sup>th</sup> and make up your own mind!

Our second film this month, on Wednesday 19th March, is *All of us Strangers* and directed by Andrew Haigh. One night in his near-empty tower block in contemporary London, Adam (Andrew Scott) has a chance encounter with a mysterious neighbour Harry (Paul Mescal), which punctures the rhythm of his everyday life. As a relationship develops between them, Adam is preoccupied with memories of the past and finds himself drawn back to the suburban town where he grew up, and the childhood home where his parents (Claire Foy and Jamie Bell), appear to be living, just as they were on the day they died, 30 years before.





Our 20th season continues until 28th May 2025 with films being shown fortnightly on Wednesdays at Maldon Town Hall. Doors open at 7.15pm, wine and soft drinks are available at a charge from 7.30pm and unless notified to the contrary all films will commence at 8pm. The price of the membership subscription for the rest of the season remains at £25 so join now and watch the remaining 7 films for free. In addition, at the reduced cost of £18, there are a limited number of places for junior members aged 16-18 in full time education and training.

As a member you will be asked to give your reaction to the films you have seen and to help the committee compile the programme for the following season. Membership is open to all, and new members will be made very welcome. Members' guests pay just £4 per film!

For further details and an application form please visit our web site <a href="https://www.maldonfilmclub.uk">www.maldonfilmclub.uk</a>, or phone 01621 869340 for membership enquiries. Alternatively you are welcome to come along as my guest, meet members of the committee and pay your subscription on the night.

If you have any further questions, please do not hesitate to contact me on 07905 971608.

John Salisbury

# JOSHUA REILLY-HURTER - DOG WALKER ESSEX A SPRING IN YOUR STEP(S)

Congratulations we made it through the shorter days and now we look forward to more time outside with our dogs enjoying all the new adventures we have been planning!

Spring Strolls: Sunshine, Showers, and Seasonal Hazards March in the UK is a transitional month as winter slowly gives way to spring. So walks this month can be muddy, wet and cold requiring the proper attire for both you and your dog. Or we might be blessed with some lovely sunshine! So keep that doggie water bottle handy for a drink break.

March is also the peak time for tree pollen from willow, elm, birch, poplar and alder as well as many varieties of flowers that start to bloom around

now. And just like humans, dogs can suffer from seasonal allergies. Look out for signs of excessive scratching or sneezing, and consult your vet if symptoms appear.

Though exceptionally beautiful, daffodils are toxic to dogs if ingested so keep an eye on what your dog is sniffing or chewing when out on walks or in your garden. Ticks and fleas become more active in Spring so regularly check your dog particularly for ticks after walks in wooded or grassy areas and consider preventive treatments.

#### **Socialisation Opportunities**

With many pet owners venturing out in the warmer weather, March is an excellent time for socialising your dog with others to enhance their social skills and help with their development and wellbeing.

- **Start Early**: Begin socialising your dog during puppyhood, ideally between 3-14 weeks, as this is a critical period for social development. However, it's never too late to start with an older dog.
- **Positive Reinforcement:** Use treats, praise, and affection to reward your dog when they react calmly to new experiences. This will help them associate social interactions with positive outcomes.
- Controlled Exposure: Gradually introduce your dog to new environments, people, and animals. Start with quiet, controlled settings and slowly build up to busier places to prevent overwhelming them.
- **Socialisation Classes**: Enrol in puppy socialisation classes or obedience training where your dog can meet other dogs in a structured setting with professional guidance.
- Walks and Outings: Take your dog on regular walks in different areas to expose them to various sights, sounds, and smells. This can include trips to parks, pet-friendly stores, and outdoor cafes.
- Introduce to Different People: Allow your dog to meet people of different ages, ethnicities, and appearances to ensure they're comfortable with diversity. Include exposure to hats, sunglasses, or other accessories.

- Supervised Playdates: Arrange playdates with other dogs you know are well-socialised.
   Observe how your dog behaves and intervene if play gets too rough or stressful for your dog.
- Consistency and Patience: Regular socialisation efforts over time are key. Repeated positive experiences build a confident dog, while patience ensures you're not rushing the process.



At Dog Walker Essex we offer a variety of personalised dog walking services tailored to meet the needs of each pet. From solo walks to group adventures, we provide options that fit your dog's personality and exercise requirements to ensure your furry friends receive the exercise and attention they deserve. Our mission is to promote happy, healthy dogs through reliable and professional care. Visit our website <a href="https://dogwalker.pet/">https://dogwalker.pet/</a> to view our services.

To get in touch follow our Facebook page <a href="mailto:openser"><u>@DogWalkersEssex</u></a> or call 07761 833996



#### STEFAN TABACU - MY PERSONAL TRAINER

#### **BOOSTING ENERGY THROUGH MOVEMENT**

Hello again, everyone! It's Stefan here, your local mobile personal trainer. This month, I want to focus on something we all struggle with at times—energy levels. Many people feel tired throughout the day, especially those with busy schedules or sedentary jobs. The good news? The right kind of movement can boost your energy rather than drain it!

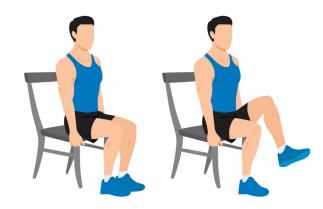


#### **How Exercise Increases Energy**

You might think that exercising when you're tired would make things worse, but regular physical activity actually fights fatigue and increases overall energy levels. Here's how:

- Improves Blood Flow Movement increases circulation, delivering more oxygen and nutrients to your muscles and brain.
- 2. **Enhances Mitochondria Production** Exercise helps your body produce more mitochondria, the tiny powerhouses in cells that create energy.
- 3. **Reduces Stress & Mental Fatigue** Physical activity releases endorphins, which reduce stress and boost mood, making you feel more refreshed.
- Regulates Sleep Patterns Consistent movement helps improve sleep quality, so you wake up feeling more rested.
- 5. **Increases Strength & Endurance** The stronger and fitter you are, the less effort daily activities take, leaving you with more energy to spare.

#### **Exercise Tip of the Month: Seated Knee Lifts**



If you're feeling sluggish at work or home, try Seated Knee Lifts, a quick movement to get your blood flowing and wake up your body.

#### How to Do It:

- 1. **Start Position**: Sit on a sturdy chair with your back straight and feet flat on the ground.
- 2. **Lift One Knee**: Engage your core and lift one knee toward your chest. Hold for a second.
- 3. **Lower & Switch**: Slowly lower your foot and repeat with the other leg.
- 4. **Repetitions**: Do this for 30-60 seconds, alternating legs. For an added challenge, hold your hands behind your head or straighten your leg as you lift.

Even small bursts of movement like this can help reenergize you throughout the day. So, the next time you feel a mid-afternoon slump coming on, try a quick exercise instead of reaching for caffeine!

Join us at Strutt Memorial Recreation Ground for our free community fitness classes, where we incorporate flexibility training into our sessions to support your overall health and wellness. Book in for your session here: <a href="https://bookwhen.com/mypersonaltrainer">https://bookwhen.com/mypersonaltrainer</a>

Stay flexible, stay active, and see you next month with another exercise tip!

Stefan - MyPT 07456717115 <u>Instagram @stmypt</u> FB: @STMyPersonalTrainer/







# Hatfield Peverel Football Club

The 2024/25 playing season continued after the short break over the festive period. For this season we are running 14 junior teams from Under 7's to Under 18's including one girls' team. On the Senior side of the club, we have Men's Saturday 1st team and Reserves and a Men's Sunday and Ladies Sunday teams. Overall, this equates to over 250 individuals playing football at the KBMG.

The recent cold and wet weather has led to a few weekends where matches have had to be called off to ensure the safety of all players, but we are hoping that we are over the worst of this, and we can move towards the end of the season with no further disruptions.

Details of all upcoming fixtures can be found on our social media or via: <a href="https://fulltime.thefa.com/">https://fulltime.thefa.com/</a> We serve a selection of refreshments on Sundays from 9am to 12pm and our licensed bar is also open on Saturday and Sunday afternoons.

#### **School Holiday Football Camps**

Our next Holiday Football Camps will be held during the Easter half-term holidays on Tuesday, 8<sup>th</sup> and Wednesday, 9<sup>th</sup> April 2025

#### Girls Only 'Wildcat' Training Sessions

We are delighted to confirm that 'girls only' training sessions will continue on Saturday mornings from 1030 to 1130am at the KBM Ground for girls between the ages of 5 to 11 years - £2 per session.

#### **HPFC Ladies – Player Pathway**

Hatfield Peverel FC Ladies continue to build on their vision of developing young talent. We are proud to welcome our second player to graduate from the U16 team to the senior ranks - Ebonnie Collier. Strengthening our squad further, we've made a few exciting new signings, including Charlie Stone and Summer

Patterson. In addition, we're thrilled to see the return of our number 10, Yaz Cowley, who has been studying in the US. Now back with us full-time, Yaz is training hard and ready to make an impact.

We kicked off 2025 in style with a challenging weekend friendly against a strong Division 1 side. Despite a seven-week break, the team came out firing, delivering what was arguably our best performance of the season. The intensity, teamwork, and determination on display were outstanding, with every player contributing to a fantastic collective effort.

#### **Perimeter Fence Replacement**

The work to replace the perimeter fence around our Senior pitch has moved on at a great pace, despite the recent wet weather and will be completed by the end of February. Big thanks go to our team of volunteers including Gary Smith – JTL Finishing Solutions and Conner Dale Fencing Contractors, and Grady O'Brien – GB Finch, and Charlie South Groundworks.

#### **Improving our spectator Experience**

As those who you who regularly come to watch matches can confirm, it is always windy at the KBMG and we have little

shelter from inclement weather. To protect spectators from the elements, work will soon commence to erect a hard-standing covered area adjacent to the clubhouse.



#### Dates for your diary

- Sunday, 9<sup>th</sup> March 2025 HPFC U14 Hawks v Elsenham Bailey - Cup Final @ Witham Town Football Club - 1pm Kick Off
- Saturday, 21st June 2025 Thomson Day 2025

If you, or your child is interested in taking part in this amazing sport, then please contact us for more details. We run 'Meerkats' training sessions for either Reception or School Year 1 (ages 4 to 6) and 'girls only' Wildcat training sessions. We are also looking to expand 'Soccability' sessions to players with disabilities, impairments, or additional needs.

Please visit <a href="www.hatfieldpeverelfc.co.uk">www.hatfieldpeverelfc.co.uk</a> for more information and to book any of these sessions.

#### **Sponsorship Opportunities**

Finally, as a registered charity (RGN: 1140160) we are always looking to attract new sponsors to enable us to continue to improve our facilities.

If you think that you or your company would like to become an official HPFC Club Sponsor, then please visit our website or speak to our Club Chair, Nick Webb.

All existing, and any new, pitch-side sponsorship banners will soon be attached to our new main pitch perimeter fencing.

#### HATFIELD PEVEREL FC: CONTACTS



Youth Enquiries (U11 to U18)	Terry Lingley - Secretary	07736 042466 terrylingley@hatfieldpeverelfc.co.uk
Youth Enquiries (U7 to U10)	Rich Bute – Secretary	07795 690576 richard.bute@outlook.com
Senior Enquiries	Jim Isaacs – Secretary	07736 437831 jim.isaacs@sky.com
Club Chair	Nick Webb	07808 866543 nickwebb@hatfieldpeverelfc.co.uk
Club Vice Chair & Treasurer	Gareth Howard	07778 408051 treasurer@hatfieldpeverelfc.co.uk
HPFC Wildcats	Susan Little	07841 042389
HPFC Meerkats	Luca Curtis	07745 728430
Hatfield Peverel FC	hatfieldpeverelfc   hpfc_ladies	www.hatfieldpeverelfc.co.uk

#### MALDON CROQUET CLUB

## SETTING UP THE HOOPS FOR THE NEW SEASON

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Members of Maldon Croquet Club, now one of the foremost croquet clubs in East Anglia, are busy preparing their beautiful lawns in Hatfield Peverel for the start of the new season in early April.

The Club plays Golf Croquet at all levels at The Keith Bigden Memorial Ground, Wickham Bishops Road. Every week there are five "roll-up" sessions where members play half hourly games on a "mix and match" basis. There are also club competitions which are open to all members and teams play in local tournaments and friendly matches. The more experienced players compete in national tournaments and over the years several have reached the finals of the All England Golf Croquet Handicap Tournament, including a member who won the event in 2023.



Social activities, including lunches, BBQs and a Christmas quiz are regular features throughout the year.

If you would like to combine gentle exercise in a tranquil setting with a social activity why not join the members for a "taster" session?

You will be assured of a warm welcome and support to play the game with all equipment provided.

For further information please contact Jan Hall at <u>janchall@btinternet.com</u> or <u>maldoncroquetclub@gmail.com</u> or <u>visit https://maldoncroquetclub.org.uk/</u>

# HADFELDA WALKERS



We are a small group of villagers who meet on the last Thursday of every month for a 3-4 hour duration walk around the local area, sometimes using cars to take us further afield to begin and finish the walks.

Due to the rather wet weather around our January walk we decided to play safe and have a "dry" walk along the roads around Terling. The day was clear and sunny and seven of us had a very pleasant walk around some of the less flooded roads, passing by the Church and circling round to cross the ford and finish at the Owl tea rooms. Finding this closed, we adjourned to the pub opposite for some well deserved alcoholic or otherwise preferred refreshment.

Our next two walks are on Thursday 27 March and Thursday 24 April 2025 meeting outside the Village Hall by the recycling site at 10am. Typically the walks are of 4-5 miles duration at a reasonable pace and a refreshment stop is sometimes scheduled particularly in the summer months.

New members who would like to explore the local area are particularly welcome to join us but please do not bring your family pets. There is no subscription, fees or membership, it's all free. If you would like more information please contact Graham Bushby on 01245 380472.

# **VILLAGE HALL NEWS**

#### THREE SOLD OUT SHOWS TO START THE YEAR PLUS LOTS MORE TO LOOK FORWARD TO!

Events at the hall have had a great start. Our first three shows sold out and we've a great line-up in place for the rest of the year. Book early to avoid missing out (see the events diary or the back page for what's coming up). Tickets for music and theatre at the hall are available from <a href="http://tinyurl.com/HPVH-Tickets">http://tinyurl.com/HPVH-Tickets</a>. For all events at the hall, go to the events page on our website at <a href="http://www.hatpevvhall.org">www.hatpevvhall.org</a>

Mar 29th
Apr 5th
Apr 26th
Apr 26th
Apr 26th
Apr 26th
Apr 25th
Apr 26th
Apr

We've continued to improve things at the hall, with new, flexible tables in the Vic Olley room, better supporting the various business meetings and events that take place there. We've replaced both old, obsolete gas hot water boilers with new electric boilers which are more efficient, less polluting and will take advantage of the solar panels we plan for the hall roof later in 2025/26.

We are very pleased to have received almost £350 from the Co-Op's Community-Cares Fund from their fund-raising at the local store. We will use this money to subsidise the running of community services at the hall, including the Side-by-Side Dementia



support group (3rd Tuesday of each month 2-4pm) and Tuesday Toddler-time (Tuesdays from 9:30).

#### **VILLAGE HALL FACILITIES**

Usage of rooms and facilities at the hall has continued to increase, going from about 20% in 2022, to 33% in 2023 and 39% in 2024. And thanks to improvements such as LED lighting, motion sensors, heating timers, new double and triple glazed windows, door-closers and improved insulation, our energy use has become significantly more efficient – saving money and reducing our carbon footprint.

To support this increased community use, we have recruited an additional cleaner and will shortly be employing a Hall Co-ordinator to help manage the running of the hall and working with hirers to give the best possible service for hall users.

Bingo continues in 2025 on the 1st and 3rd Friday of month – all welcome, just come along and get your Bingo Book(s) on the door.

If you'd like to get involved helping run the hall, want to start a new club at the hall or help out at our events, please get in touch – we'd love to have more volunteers from the community to help continue to make the hall a great community hub.

All details on our website (<a href="www.HatPevVHall.org">www.HatPevVHall.org</a>), on the village hall noticeboards and on Facebook at <a href="www.facebook.com/hatfieldpeverelvillagehall">www.facebook.com/hatfieldpeverelvillagehall</a> or call the Box office & room bookings number on 0300 102 0473. Or scan the QR codes below.







HATFIELD PEVEREL
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#### Clubs at the Hall

For information, go to the Clubs page on our Website.







Flower Club

www.HatPevVHall.org



www.facebook.com/hatfieldpeverelvillagehall

Essex Tai Chi Academy turdays 9:30-12:30



Box office & room bookings: 0300 102 0473

Wine Club Weds of the m 7:30pm



# **Coming soon to HPVH**



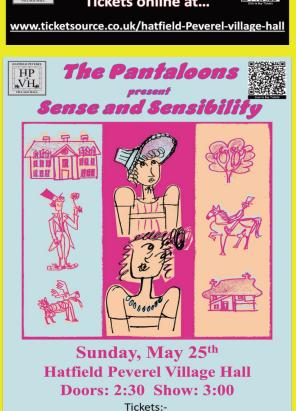






Scan to Buy Tickets





www.ticketsource.co.uk/hatfield-peverel-village-hall





Tickets from:- http://tinyurl.com/HPVH-Tickets