HATFIELD PEVEREL

VILLAGE VOICE



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USEFUL INFORMATION

Click below for Parish Council and village information and contacts Hatfield Peverel Parish Council * Parish Council Meetings * Clubs and Societies * Local Information and Contacts *

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For information on copy specifications email: communications@hatfieldpeverelpc.com If you wish to advertise your business in Village Voice, please get in touch for a media pack and rate card.

This publication is printed on FSC-sourced paper and is fully recyclable.

- * <u>Hatfield Peverel Parish Council</u> https://www.hatfieldpeverelpc.com/parish-council/
- * Parish Council Meetings https://www.hatfieldpeverelpc.com/parish-council-meetings/
- * <u>Clubs and Societies</u> https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/
- * Local Information and Contacts https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/

Front cover: St. Andrew's Church by Janice Fitzpatrick



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HATFIELD PEVEREL

PARISH COUNCIL

CONSTRUCTION WORK BEGINS

We're pleased to let residents know that construction work for the new double tennis courts on the recreation ground is due to begin on Tuesday 6th May, subject to weather conditions, and is expected to take 6-8 weeks.

VILLAGE HALL CAR PARK CLOSURE

To allow safe access for construction vehicles, the Village Hall car park will be closed on weekdays from 8am to 4pm, starting Tuesday 6th May until Friday 16th May. This temporary closure is necessary due to the high volume of lorries expected during the initial phase of the project.

Please note that evenings and weekends are unaffected and the car park will be open as usual outside of the restricted hours.

We apologise for any inconvenience this may cause and thank you for your understanding and support as we work to improve our community facilities. Every effort will be made to keep disruption to a minimum.

Party in the Park – Coming in July!

Keep an eye on our social media, website and Village Voice for further information on this year's Party in the Park on Saturday 5th July.

Follow us for news and updates:





The Parish Council's Social Media policy can be viewed on its website:

https://www.hatfieldpeverelpc.com/parishcouncil/policies-and-procedures/social-media-policy/

Village Noticeboards

If you have any community notices that you would like displayed on the Parish Council's noticeboards, please deliver them to the Parish Council office at the Village Hall where staff will arrange this. Notices that will be displayed must be of benefit or interest to the community. Commercial advertising will not be permitted, and all notices will be displayed at the discretion of the Clerk or Assistant Clerk.

The Parish Council is working in partnership with Essex Police to recruit two Special Constables. If you are interested in applying to be a voluntary Police Officer for the village, please see our website for further information and the answers to frequently asked questions: https://www.hatfieldpeverelpc.com/special-constable-recruitment/

Planning

Planning decisions are made by Braintree District Council, following consultation with residents, the Parish Council, and other agencies where necessary. For information on what planning applications have been received, granted and refused by Braintree District Council, please see:

https://www.braintree.gov.uk/info/200225/search and track planning applications/592/weekly lists

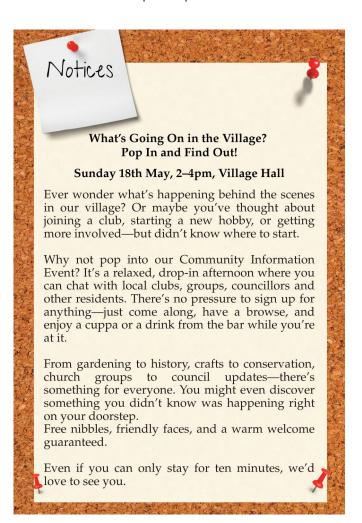
Get Involved

The next meeting of the Parish Council will take place on Monday 12th May in the Vic Olley Room at the Village Hall. Public participation is welcome, please see the agenda which is published on the Parish Council website and on the noticeboard outside the Parish Council office.

Don't forget you can view all Parish Council news on the website: http://www.hatfieldpeverelpc.com

Sarah Gaeta, Parish Clerk; Carly Truman, Assistant Clerk Parish Council Office, Village Hall, Maldon Road, Hatfield Peverel, CM3 2HP Tel 01245 382865.

Email: <u>parishclerk@hatfieldpeverelpc.com</u> or <u>assistantclerk@hatfieldpeverelpc.com</u>



Local Crime Concerns

Why Should I Report a Crime?

Reporting a crime increases the chance of bringing offenders to justice and helps Essex Police support victims through access to specialist services.

Your report can prevent others from becoming victims. Suspicious activity—like an unfamiliar vehicle in a lane, someone entering a yard, or a stranger knocking at your door—might be an

early sign of criminal intent. These observations are valuable: a vehicle registration, for example, can help identify individuals involved in potential crimes. That's why it's just as important to report suspicious incidents as it is to report crimes themselves.

Every report helps build a clearer picture of offender behaviour and emerging crime patterns. This allows the police to target their resources more effectively, focusing on hotspots and deploying crime prevention initiatives where they're most needed.

Perhaps most importantly—if incidents aren't reported, it can appear that crime isn't happening, especially in rural areas. Police records feed into national statistics, which influence how crime is prioritised and resourced both locally and nationally.



How to Report a Crime

There are several ways to report a crime to Essex Police. Choosing the right method ensures your report reaches the correct team and allows emergency services to stay focused where they're urgently needed.

In emergency situations - there is an immediate danger to life, someone is using violence or is threatening to be violent, a crime is happening right now, like a house burglary or a theft or the

suspect is still at the scene - call 999.

If you've witnessed or been the victim of crime that isn't an emergency, it's still crucial to report any incidents. You can call 101 for crime prevention advice or to report a crime that does not need an emergency response. The information you provide helps police spot trends, adapt crime prevention advice, and shape operational activity.

To report a crime or something suspicious online, visit <u>www.essex.police.uk</u>.

You can also go directly to the reporting page here: Something you've seen or heard | Essex Police.



by Janice Fitzpatrick

WHERE TO FIND BEACON LIGHTINGS FOR VE DAY NEAR TO HATFIELD PEVEREL

The 80th anniversary of VE Day is fast approaching. Many communities up and down the country will be holding events and street parties to commemorate that special day when Victory in Europe was declared. We do not have our own beacon here in Hatfield Peverel so below is a short guide to where you can attend ceremonies within a 10 mile radius of the village.

All beacon lightings will take place on 8th May. Please check https://ve80.com/#events for exact times and information on other events over the bank holiday and further afield.

CHELMSFORD GARDEN COMMUNITY COUNCIL

Channels Park (car parking facilities can be found in the car park of Falcon Bowls club CM3 3FB)

The event will commence at 9pm with the beacon lighting taking place at 9.30pm. The Mayor of Chelmsford will be in attendance to provide a short speech and the Salvation Army band will be playing. No ticket required.

WITHAM TOWN COUNCIL

8-10pm - Parade from The Avenue to Chipping Hill with bar, fish and chips and a band before lighting of the beacon at 9.30pm. The parade will start at 8.15pm and will be led by the Essex Caledonian Pipe Band. At Chipping Hill, the band will be the Bocking Concert Brass Band.

MALDON PROMENADE PARK VE DAY 80th Anniversary Event

Park Dr, Maldon CM9 5JQ

6.30 – 7.00pm – Maldon Youth Orchestra
7.30pm Outdoor Cinema: 'A Royal Night Out'
(12A) A FREE screening (ticketed event)
Limited spaces: please book here.

Attendees are encouraged to bring chairs, blankets, picnic etc. Bar available.

9.05pm - Welcome following film showing 9.10pm - 'Celebrating VE Day: 80 years on' by Stephen P Nunn, local historian and

broadcaster.

9.20pm - Cllr Kevin Lagan, Chairman of Maldon District Council reads 'The Tribute'

9.25pm – Kohima ep<mark>itaph</mark>

9.30pm – Lighting of the VE Day bonfire Hymn – 'I Vow to Thee My Country'



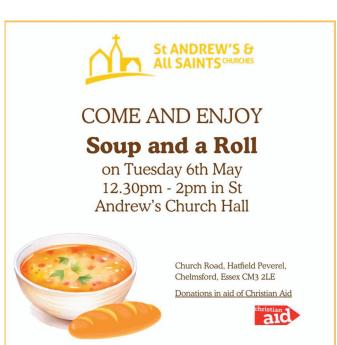
Resurrection, Reflection and Renewal

Christ is risen! He is risen indeed! Hallelujah! These are the words we exclaimed on Easter Sunday, the most special day in the Christian Calendar with celebratory services both at St Andrew's and All Saints.

April was a busy month with the final preparations for Easter. We set up the Easter Trail in St Andrews churchyard, held our church services on Mothering Sunday (after bunching flowers and mixing Simnel Cake on the Saturday). We then had Passion Sunday, Palm Sunday, Maundy Thursday and Good Friday leading to Easter Sunday itself. We had the culmination of our Lent group meetings based on the film Chocolat which we had enjoyed watching together at the beginning of Lent. and had our Easter coffee morning followed by *Soup and Roll*, in aid of Medecins Sans Frontieres for which we raised £220. Our *Messy Easter workshop* was a joyful morning enjoyed by 29 children and a wonderful team of helpers







We hope everyone who followed the Easter trail in St Andrews churchyard, culminating in the Easter Garden outside the North porch, was able to feel uplifted by the experience. The Easter Garden at All Saints was also a visual joy enhanced by the very special surroundings of the little church down by the river.



Celebrations to come

So, we are now in the wind down but important period in the Church calendar after Easter leading to Ascension Day on 29th May (when we celebrate Christ's ascension to Heaven) and then Pentecost on the 8th June when we celebrate the Holy Spirit descending on the Apostles in Jerusalem.

We are having our own special celebration on the Monday 19th May when the Bishop of Colchester, the Right Reverend Roger Morris, will be coming to St Andrew's to licence Rev. Howard Schnaar as *Priest in Charge of the Parish of St Andrew's Hatfield Peverel with All Saints Ulting.* The service will be at 7.30pm -please do come - it would be lovely to see a good number of parishioners in church then. We will be formally welcoming Howard, his wife Deirdre who is a Lay Reader and daughter Bethany into the village. Although some of you will already have met Howard and Deirdre at services in church, in the Junior school and Edward Bear Club, obviously you will be seeing much more of them in the future, and we feel sure that they will receive a very warm welcome from our very welcoming village.

A little explanation about the service on the 19th May which is both a legal act and an act of worship. It marks the beginning of the ministry of Howard and a new stage in the life of this parish. As the mission and ministry of the Church is the responsibility of all baptised people, so they come together with their new minister and the bishop to celebrate their ministry and offer themselves afresh to God.

The service has two principal elements: **The licensing** which is the admission by the Bishop Roger of Howard into the spiritual oversight and care of the parish and **the installation** which is the formal placing by the Archdeacon of Howard in his seat in the church after which Howard is then duly welcomed by the congregation. There will be refreshments after the service.

This month, our coffee morning on Saturday 3rd May (10am-12pm) will be themed around VE day before the Bank Holiday Monday when we will cast our minds back 80 years (for those that can remember!). <u>Christian Aid Week</u> runs from 11th – 17th May, so our Soup and Roll on Tuesday 6th May (between 12.30pm and 2pm) will be in aid of Christian Aid. Details of our May services, to which everyone is assured of a warm welcome are shown over the page.

To arrange any special service or other parish request, call John Strange on 01245 381004 or email johnstrange32@btinternet.com or call John Tomlins 01245 380359, email johnandanna.tomlins@btopenworld.com.

Parish of St Andrew Hatfield Peverel with All Saints Ulting SERVICES etc. for MAY 2025

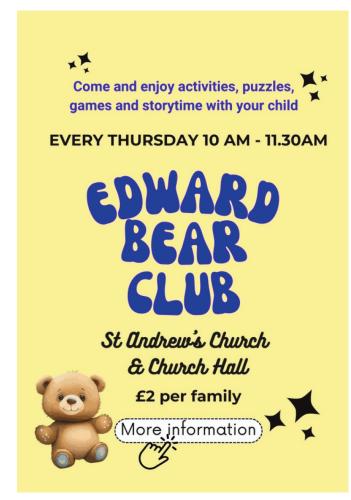
	St Andrews (+refreshments after 10.15 services)	All Saints
Saturday 3rd	10 -12 noon	
cc	DFFEE MORNING in St Andre	w's Church Hall
Sunday 4th	10.15am Matins (Morning Prayer with hymns)	9am Holy Communion (BCP)
Sunday 11th	8am Holy Communion 10.15 All Age Service	9am Holy Communion (BCP)
Tuesday 13 th	SOUP and ROLLS in St An	drew's Church Hall
	12.30- 2pm (In aid of Christi	an Aid)
Sunday18th	8am Holy Communion	9am Holy Communion
	10.15 All Age Service	
	APCM after service	
Monday 19 th	7.30pm Licensing and	
	Installation of Rev.	
	Howard Schnaar	
Sunday 25th	10.15 Parish Eucharist	9am Parish Eucharist

All Saints open for prayer every Wednesday at 9am [with Morning Office]

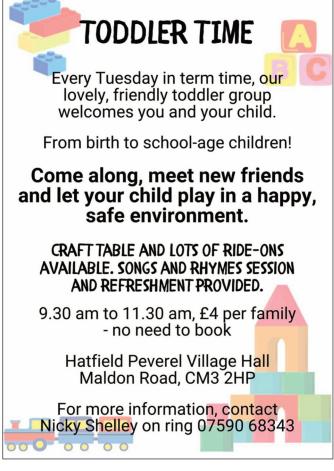
John Strange 01245 381004 07498362854 johnstrange32@btinternet.com John Tomlins 01245 380359 07712699722 johnandanna.tomlins@btopenworld.com

All Saints, Ulting: Rev'd Derek Clark 01245 380627 07860235778

Contacts: St Andrew's and All Saints:









May Allotment Updates: Simple Tips for a Flourishing Garden!

by Drew Price

Hello, fellow gardeners! As we dive into May, it's the perfect time to give your allotments and home gardens some TLC. Whether you're a seasoned grower or just starting, we've got you covered with easy and practical advice.

Let's talk **potatoes**! If you've already planted, they're ready to be "earthed up." This means that when the foliage reaches about 20cm tall, gently mound the soil to cover any tubers. This clever technique stops those tubers from turning green—and trust us, nobody wants that!

And now for the exciting part: **harvesting!** This month, you'll be rewarded for all your hard work. Delicious treats like lettuce, spring onions, broccoli, cabbage, rhubarb, spinach, radishes, beetroot, and peas are ripe for picking. Even asparagus gets its moment—just be sure to cut the stems about 5cm below the soil to keep it fresh.

These are just some of the ways you can make May magical in the garden. Stay tuned for more tips to keep those green thumbs busy!



Transforming your garden this May is as simple as nurturing, protecting, and planning! Happy gardening!

Whether you're new to the village or a long time resident, and a keen gardener, why not take on the joy of growing your own vegetables or cultivating some flowers and herbs. If you're considering having an allotment, register your interest at: https://membermojo.co.uk/hpaa/joinus.

Here are essential allotment tasks for May, reimagined to inspire your green-fingered pursuits! These tips are perfect for home gardens, too:

Key Jobs

Sow Seeds: Start beans (dwarf/climbing), runner beans, sweetcorn, cucumbers, courgettes, pumpkins, and squash under cover. Outdoors, sow lettuce, radishes, spinach, beetroot, and parsnips. Plan with cabbage, kale, and sprouting broccoli for transplanting. Shield carrots from carrot fly.

Thin Out Crops: Thin seedlings like beetroot and carrots. Cover carrots with fleece to avoid carrot fly attraction.

Plant Young Plants: Move celeriac, courgettes, squashes, pumpkins, marrows, and leeks into beds. Protect against cold or windy weather using cloches or fleece.

Set Up Supports: Prepare structures for climbing beans and runner beans using bamboo or hazel poles for wigwams or rows.

General Tips

- Weed, weed and then weed some more! Stay on top of weeds now for less work later.
- Watch out for blackfly on broad beans and greenfly on lettuce and carrots.
- Harden off seedlings by gradually exposing them to outdoor conditions.
- Combat slugs during wet weather and eliminate weed flower heads to prevent seeding.
- When you're clearing bindweed from your allotment beds, make sure you remove as much of the plant material as possible. This weed will sprout new plantlets from even 1cm of root or stem left in the soil.
- Don't worry if you're behind or don't have enough space for indoor seed sowing! **Vegetable plug plants** are a very convenient alternative.

Planning Ahead

- Secure water supplies for June heat—install water butts or irrigation systems.
- Capture your allotment's growth in photos for future planning inspiration.



PEDALS, PETALS & VINTAGE VIBES!

Thank you to those who raised money for us in April – those who ran in the London Marathon, the organisers and visitors of Maldon Beer Festival, Chelmsford Rugby Club, Brightlingsea Rotary, Hoddesdon Women's Club and many more people. We are so grateful.

Cycling and Gardens

It's not too late to register for our Ride For Helen cycle event on Sunday 11th May. The routes range from 6 miles to 100 miles through the Essex countryside, so there is something for everyone; from families to experienced cyclists. All routes start and end at The Crix in Hatfield Peverel where there will be support, music and refreshments on offer.

On Saturday 24th May, we have Hatfield Peverel Open Gardens. Join us at our centre on The Street in Hatfield Peverel for tea, cakes and a plant sale before setting off to explore picturesque gardens in the village.

A Vintage Summer Outing

We have two vintage days with lots of stalls, live entertainment, music, entertainment for children, vintage cars and a range of food and drink caterers. On Sunday 13th July at Cressing Temple Barns and on Sunday 24th August at Layer Marney Tower. Come along with your family or friends for a fun nostalgic day out, and dogs are welcome too. Details and tickets for all our events are on our website.

Dates of Helen Rollason Cancer Charity events

Saturday 10 May - Donation Day at our centre in Hatfield Peverel from 9am to 12pm. Bring along your preloved items. Parking available.

Sunday 11 May – Ride For Helen cycle event starting at The Crix in Hatfield Peverel.

Saturday 24 May – Hatfield Peverel Open Gardens

Sunday 13 July – Vintage and Makers Day at Cressing Temple Barns

Sunday 24 August - Marvellous Vintage day out at Layer Marney Tower

Further details and tickets for these and other events are available at www.helenrollason.org.uk/events/ If you would like to know more about the support we provide, you can also call us on 01245 382888.





HATFIELD PEVEREL METHODIST CHURCH

Stitch to Enrich

Did you manage to visit the Horticultural Society Village Show on 5th April? What a wonderful celebration of so many skills and such devotion - gardeners, flower arrangers, bakers and so many more. Our Stitch to Enrich members were pleased to share their creative skills too which we hope you were able to enjoy.

St Andrews Junior School

We are proud to be connected to our local Junior School through the weekly Lunch Club and several of us were delighted to be able to attend the Year 5 Easter production. They performed a mini musical called *The Tale of the Three* Trees. It was such a wonderful presentation, with excellent singing, narration and performance. The story holds a powerful message that it is possible to achieve our dreams, even if not in the way we imagine. Congratulations to all those who contributed and thank you for the reminder of the Easter story and a truly memorable occasion.

Worship

We were recently challenged to think about what constitutes worship and to think about how we connect with God and each other as we meet on Sundays. We reflected on God's message to Moses during the time the Israelites were slaves in Egypt.

In Exodus, Chapter 9, we read "Then the Lord said to Moses, 'Go to Pharaoh and say to him, "This is what the Lord, the God of the Hebrews, says: 'Let my people go, so that they may worship me." Many of us were surprised to learn that this was the reason for the request that the people should be released, rather than their enslavement. It made us realise that they had been unable to worship as their tradition required. How blessed are we that we can worship in whatever way we choose! In our worship we especially enjoy singing worship songs, a time of prayer, a shared Bible passage and a challenging message, with the opportunity to respond and discuss what we hear, giving us a richness of experience, learning and understanding. We would love you to join us any Sunday morning at 9.15am. Why not give us a try? We meet in Room 3 of the Village Hall (access through the Coffee Lounge).

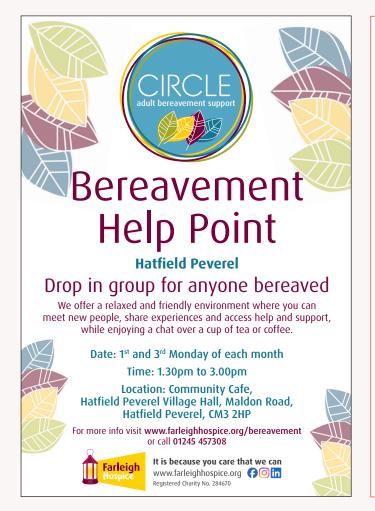
You can contact us as follows: Minister: Barry Allen 01621 853423 Mission Lead: Jane Cook 07827 594535

Church email for information and prayer requests:

hpmethodistchurch@gmail.com







Stitch to Enrich

Come and make friends as we chat, stitch and relax

1st and 3rd Thursdays each month 2pm - 4pm

The Coffee Lounge Hatfield Peverel Village Hall Maldon Road, CM3 2HP

We share the joy of stitching and friendship. A warm welcome awaits you....

For more information, please contact Jane Cook 07827 594535 or Stitch2enrich@qmqil.com



Nights

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HADFELDA WALKERS

Seven of us set off in cars to Wickham Bishops and parked in the church yard before walking along Mope Lane and following a footpath through woods which led to the top of the golf course. We found time to enjoy a coffee at the little kiosk on the golf course, before continuing along the river to Wickham Mill.

We stopped to look at St Peter's Church, now adopted by the charity, Friends of Friendless Churches. We were admiring from the outside some obviously new stained-glass windows, when Benjamin Finn, who uses the church as a studio

for his work as a stained-glass artist drove up. He invited us in, and it was absolutely fascinating. The nave end is still consecrated, with three new stained-glass windows by Benjamin, and a new simple stone altar. Benjamin talked about his work and showed us some of the glass he keeps there, as well as explaining the craft of



there, as well as explaining the craft of painting glass. We were quite delighted with this unexpected treat and later found more information about the church from Wikipedia.

We then started back up the hill towards the new (Victorian) church, stopping to admire the daffodils and narcissi in the grounds of Fairplay House, and walking through the remains of the Fontenay apple orchard. It was a lovely walk on a lovely day, and some of us repaired to Peartree Pantry for lunch.

Our next walks are on Thursday 29 May and Thursday 26 June starting at 10 am from the Village Hall recycling point and cover typically around 4 miles. For more information, please contact Graham Bushby on 01245 380472 and if no answer please leave a message.

Photos courtesy of Lesley Naish



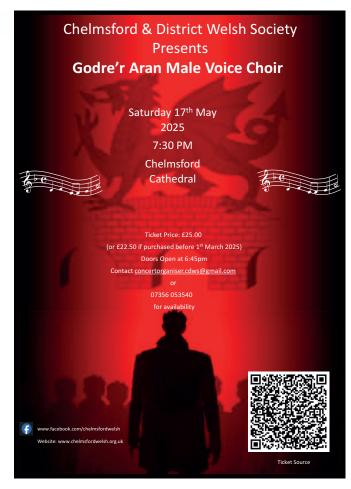
The Chelmsford and District Welsh Society

was founded over 60 years ago. Membership is open to anyone with Welsh origins or connections, or to anyone with an appreciation of Welsh heritage and traditions. Visitors and guests are warmly welcomed to attend our meetings, which are held in St Cedd's Hall, Cathedral Chapter House, Chelmsford, CM1 1NX, usually on the fourth Wednesday of every month, September to June inclusive at 7.00 p.m. for 7.30 p.m.

All meetings are conducted in English, with an opportunity to converse with Welsh speakers during the evening. Our meetings vary, often with speakers/topics/music of Welsh influence, together with some items of local interest. There are also refreshments and a raffle.

Other events over the year include a traditional Noson Lawen, an annual St David's Day dinner, coffee mornings, outings and a garden party or picnic in the summer. This year the Society's committee is arranging a concert at the cathedral on Saturday 17th May, to which we are delighted to welcome back, after their 2023 visit, the superb Godre'r Aran Male Voice Choir from Bala in North Wales. Tickets are on sale now and details are on the poster and on our website.

More details about Chelmsford and District Welsh Society can be found on the Society's website, www.chelmsfordwelsh.org.uk and Facebook page, facebook.com/chelmsfordwelsh.



HOLDING THE LINE: THE ESSEX YEOMANRY AT WAR

BY JIM KEVANY

110 years ago in May 1915, British forces in the Ypres area on the Western Front, were under significant attacks by the Germans, starting in April which included the first use of gas as a weapon. Much ground had been lost by the British, who were slowly being pushed back to Ypres. One of the actions that slowed, if not stopped, the attack was in the area of a place called Potizje and one of the units involved was a local territorial cavalry unit, The Essex Yeomanry. A cavalry unit is divided into squadrons. Of these, "A" Squadron was based in the Colchester area, with "B" based in Braintree, but with detachments at Chelmsford and Tiptree.

On the 13th May, the Yeomanry, acting as dismounted infantry, attacked and occupied German trenches. They pushed German forces back and held the position for several hours under terrible conditions. The area they were in was wet and extremely muddy which played havoc with their rifles. Adding to that they were under constant shell and rifle fire from the Germans. At the start of the engagement the roll stood at 17 officers and 285 men. Official contemporary figures list 33 killed, 100 wounded and 26 missing, a total of 159. The Commonwealth War Graves Commission lists 59 who died on the 13th and 14th of May, but this could include those who died



in hospitals from earlier wounds. There are none that are obviously listed as from Hatfield Peverel but there are three from Maldon - Private MD Free, Private E Petchey, and Private OG Askew. In recent years, this memorial to the Essex Yeomanry was unveiled very close to the battlefield.

Upcoming Talks

1 3 4

The Branch returns to the Village Hall at Hatfield Peverel on Wednesday 14th May for a talk by Chelmsford based historian Dr Vivien Newman, She is an absolute expert on the role of women in, and just after, the First World War and has published many excellent books on a range of related subjects.

The May talk is titled "Poppy & Cornflower Ladies". Most of us know about the use of the poppy in remembrance - the French have a similar relationship with the cornflower. This talk will tell of a not totally harmonious story across the globe, following in the footsteps of the Poppy and Cornflower Ladies of the immediate post war years. Our talk starts from 8pm and all are welcome. We request an entrance donation of ± 3.50 .

The WFA Essex Branch has a monthly newsletter which carries information remembering casualties from Essex, historical articles and forthcoming events or publications that may be of use to anyone with an interest of the First World War. If you would like to receive a copy by email, with attachments, please contact us via essexwfa@googlemail.com. We ask for no other information and the newsletter is the sole use of the email address.



Monthly meetups with cake!

Our planned March meeting had to be changed at the last minute so, keeping with the theme of 'cake decorating', we decided to have an early Easter Bake Off and social evening. Easter biscuits and cupcakes by both members and guests were entered with Sandra winning the best biscuits, and Tracey winning the best decorated cupcakes! We had a lovely relaxed and fun evening with a quiz and all the crafts out.

This month we're welcoming WI advisor Sandra to oversee our AGM. She will also give us a short presentation and tell us what the WI membership entails – it's so much more than just 11 meetings! We welcome guests to this meeting (guest fee applies), and tea and cake will be served as always.

We are now open for April '25/May '26 new memberships and renewals, so why not give us a go? We meet every fourth Thursday of the month in Terling Village Hall at 7.30pm. Our meetings range from different speakers, crafts and activities to our annual summer party and theatre trips. Membership is only £51 for the year which equates to just £4.60 per meeting. We have a super calendar of events booked in for this membership year already!

If you're not sure and want to test the water first, you can attend as a guest for up to 3 meetings (guest fee applies) before becoming a member. There's always complimentary tea and cake at Terling WI meetings, as well as friendly faces,

friendships and lots more.





For more information, contact us on terlingwi@outlook.com, or call Lucy on 07926 649669. Check us out on social media @terlingwi

COMMUNITY NEWS

Helping Charities Stay Connected Thanks to Core Telecom



Clear and accessible communication is essential for any organisation working to support the community. For charities and non-profit organisations, keeping in touch with those who rely on their services – without excessive costs – is a constant challenge.

That's why Core Telecom's initiative to provide free 03 numbers to charities is such a valuable resource. Several members of our team have benefited from their service, allowing us to be contactable outside office hours without sharing personal numbers. This helps us manage public engagement while maintaining privacy.

Core Telecom supports over 400 charities, non-profits, and housing associations across the UK, helping them cut costs and focus resources on what truly matters – making a difference.

If your charity or non-profit would like to take advantage of free, professional telephone numbers, reducing costs and improving accessibility, we highly recommend reaching out to them at charities@coretelecom.co.uk or 0330 111 0033.



Staying motivated through the seasons

Hello again, everyone! It's Stefan here, your local mobile personal trainer. As the seasons change and we move through the year, many people find it harder to stay motivated with their fitness routines. Whether it's the weather, a busy schedule, or simply feeling a bit stuck, it's completely normal to have ups and downs in motivation. But staying consistent, even in small ways, makes a big difference.



Why Consistency Beats Intensity

We often think we need to do long or intense workouts to see results, but the truth is—sticking with regular, manageable activity is more important. A short walk, some light stretching, or a quick strength session can help maintain momentum, boost your mood, and support your long-term health goals.

Here are a few simple tips to help you stay on track:

- 1. **Schedule it like an appointment** Set a reminder and treat your workout like any other important task.
- 2. **Do what you enjoy** You're more likely to stick with exercise that feels good and suits your lifestyle.
- 3. **Keep it simple** You don't need fancy equipment or long routines. Movement is what matters most.
- 4. **Get social** Join a local class, train with a friend, or even message me if you need support!

Remember: progress comes from consistency, not perfection.

Exercise Tip of the Month: Wall Push-Ups

Wall push-ups are a great way to build upper body strength and improve posture, especially for beginners or those with limited mobility. Here's how to do them:

- 1. Start Position: Stand about two feet from a wall, feet shoulder-width apart. Place your hands flat on the wall at chest height.
- 2. Lowering Phase: Bend your elbows slowly and lean your body toward the wall, keeping your back straight.



- 3. **Push Back**: Push through your palms to return to the starting position.
- 4. **Repetitions**: Aim for 10–15 reps, rest, and repeat for 2-3 sets.

This is a safe, low-impact way to work the arms, shoulders, and chest—and it's easy to do at home or at work!

I hope this month's tip keeps you moving forward. Join our free fitness class at Strutt Memorial Recreation Ground and stay active with us in a supportive, local community. Use this link to book your session:

https://bookwhen.com/mypersonaltrainer

Stay active, stay motivated and see you next month!

Stefan - MyPT 07456717115 Instagram @stmypt FB: @STMyPersonalTrainer/ MYPERSONALT





The end of another successful season

Our season continued throughout April with the screening of Anatomy of a Fall, The Old Oak and this season's Classic Selection, Casablanca. And so another very successful season comes to an end soon following the screening of the awardwinning **The Eight Mountains**, on 14th May and **The Great Escaper** on 28th May.

The Eight Mountains is an epic journey of friendship and self-discovery set in the breathtaking Italian Alps.

Winner of the Jury Prize at the 2022 Cannes Film Festival, it was adapted from Paolo Cognetti's award-winning novel of the same name. Directors Felix van Groeningen and Charlotte Vandermeersch portray the profound and complex relationship between Pietro (Luca Marinelli) and Bruno (Alessandro Borghi), who first meet as children when Pietro's Turin family stay in an isolated village at the base of the Alpine slopes. As they mature, Pietro becomes estranged from his business-minded father (Filippo Timi) while Bruno, emotionally abandoned by his own father, takes up the role of surrogate son. Pietro's father's death reunites the two in realizing his dream of constructing a cabin on the Alps, and the project and subsequent explorations of the awe-inspiring mountain range bond Pietro and Bruno in a shared purpose. Yet despite their connection, the purity of nature and the demands of society threaten to drive them apart.

The Great Escaper is a 2023 biographical drama film starring Michael Caine and Glenda Jackson. It is based on the true story of an 89-year-old British World War II Royal Navy veteran, Bernard Jordan, who "broke out" of his nursing home to attend the 70th anniversary D-Day commemorations in Normandy, France in June 2014.

Along the way he is aided by strangers, makes some new friends and says a heartfelt goodbye to a fallen friend, while news of his "escape" makes him an international sensation. Bernie seemed to embody the defiant "can do" spirit of a generation that was fast disappearing but that was not the whole story! The story is a celebration of the love between Bernie and his wife of 60 years, Irene.

Our new season begins on Tuesday 9th September 2025 and information about the 19 films to be screened in 2025–26 will be available very soon. So watch this space for further details as Maldon Film Club starts to prepare for its 21st season!!

For further details and a membership form for the 2025–26 season please check out the website www.maldonfilmclub.uk, visit the Maldon Visitor Information Centre (1100 – 1600 Tuesday to Saturday) or contact me, John Salisbury, on 07905 971608.

Words by John Salisbury





HADFELDA (LADIES GROUP)

Talks and Demos

Where would we be without the Air Ambulance? At our March meeting Pam Corrie, a volunteer with the Essex & Herts Air Ambulance (EHAAT) gave us a fascinating talk about the work carried out by this amazing organisation and the lives they save. The charity gets no help from the government and is totally dependent on public donations. It costs EHAAT over a million pounds a month to keep the air ambulance flying. They are vital as the helicopters can arrive faster than a conventional ambulance avoiding traffic jams and other road problems and of course are able to reach difficult and inaccessible areas. Each ambulance has a fully qualified doctor on board, so they can start lifesaving procedures immediately when they are at the site of an accident.





As a group we aim to have a wide variety of speakers and demonstrations. At our April meeting we went the creative route and learnt how to make a beautiful hanging basket and later this month on 28th May it's *Travels with the Foreign Office. At our* June meeting we will all be enjoying afternoon tea - not to be missed!

We meet in St. Andrew's Church Hall at 2pm on the 4th Wednesday of each month. Our next two meetings are 28th May and 25th June. Do join us! Call Marel on 01245 380827 for more information.

NEXT MEETING DATES; 28th May 25th June







CELEBRATING SUCCESS

AS THE 2024/25 PLAYING SEASON DRAWS TO A CLOSE IT IS GREAT TO SEE SOME OF OUR TEAMS ACROSS ALL AGES ENJOYING SOME SUCCESS.









After a tense final at Witham Town, our U14 Hurricanes won their Divisional Cup securing victory in extra time. As at the time of printing, our U10 Blaze are yet to play their cup final. Our Saturday Reserves clinched the Division 3 title on 29th March and then followed this up by reaching their divisional cup final. This will be played on Friday, 25th April 2025 at Little Oakley.

Our Sunday Men's team won their league cup final on 13th April, and finally our ladies will be looking to secure promotion to Division 2 of the ECWFL in their remaining few fixtures.

Details of all upcoming fixtures can be found on our social media or via: https://fulltime.thefa.com/

THOMSON DAY 2025

Our annual 'in-house' youth tournament will take place on **Saturday, 21st June 2025.** Teams will be competing in a 5-a-side tournament across all age groups. There will be a bouncy castle, Football Darts and many other fun activities as well as a BBQ



and licensed bar running all day, so please come and join us at the Keith Bigden Memorial Ground.

HPFC LADIES – PLAYER PATHWAY

Hatfield Peverel FC Ladies continue to show their resilience and unity both on and off the pitch. First and foremost, we would like to extend a heartfelt thank you to everyone who has

HATFIELD PEVEREL FC: CONTACTS			
Youth Enquiries (U11 to U18)	Terry Lingley – Secretary	07736 042466 terrylingley@hatfieldpeverelfc.co.uk	
Youth Enquiries (U7 to U10)	Rich Bute – Secretary	07795 690576 richard.bute@outlook.com	
Senior Enquiries	Jim Isaacs – Secretary	07736 437831 jim.isaacs@sky.com	
Club Chair	Nick Webb	07808 866543 nickwebb@hatfieldpeverelfc.co.uk	
Club Vice Chair & Treasurer	Gareth Howard	07778 408051 treasurer@hatfieldpeverelfc.co.uk	
HPFC Wildcats	Susan Little	07841 042389	
HPFC Meerkats	Luca Curtis	07745 728430	
Hatfield Peverel FC	hatfieldpeverelfc I hpfc_ladies	www.hatfieldpeverelfc.co.uk	

supported our player Lisa Ballard following her recent injury. Lisa suffered a severe broken leg during a Sunday fixture, and the response from the wider football community has been truly moving. Messages have poured in from players across the league, with some even visiting her in hospital –

HATFIELD PEVEREL FOOTBALL CLUB (CONTD.)

(continued from page 17) your kindness means the world. While we miss her presence on the pitch, our vice-captain is still very much part of the team spirit, cheering from the sidelines and capturing some brilliant matchday shots.

Off the pitch, we'd also like to give a special mention to Elizah Rapson, who continues to show her dedication to the club by committing her weekend mornings to refereeing

some of our youth fixtures. Her support of the next generation of players is exactly what our club culture is all about.

For all the latest matchday photos, behind-the-scenes action, and player updates, make sure you're following us on Instagram: @hpfc_ladies.

Dates for your diary

Saturday,21st June – Thomson Day 2025

Sunday, 31st August – HPFC Ladies Day 2025











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WINE AND CHOCOLATE – PROVEN TO BE GOOD FOR YOU, BUT THE JURY'S OUT!





Our meeting in April was on a very topical subject for just before Easter – Wine and Chocolate, which certainly brought in a full house of both wine- and chocolate-lovers. We tasted 6 different wines and 6 different types of chocolate, and learnt some interesting facts about both chocolate and matching wine with chocolate. The very best wines to match with chocolate are obviously dessert wines, either white or

red, served together at the end of a meal. More informal tasting will be most successful if a very full, rich and fruity wine, either white or red, is chosen: dry wines contain too much tannin, which fights with the natural polyphenols in chocolate and both wine and chocolate end up tasting too bitter

We learnt that white chocolate isn't really chocolate at all because it contains only cocoa fat, not cocoa solids; also, that the higher the percentage of cocoa solids in a chocolate, the more bitter that chocolate is, and that cocoa beans from South America produce the best chocolate.

However, the most important thing to emerge that evening is that we need have no feelings of guilt when drinking wine and chomping chocolate (in moderation of course) because CHOCOLATE AND WINE ARE GOOD FOR YOU!! Both contain flavanols and polyphenols, naturally-occurring compounds which are found in some plants including grape vines and the cacao tree. These have been proven to have lots of health benefits, being anti-oxidant, anti-inflammatory and neuroprotective, and can improve brain and cardiovascular health. They are used in the manufacture of many medicines, or (much more effective and much more enjoyable): take your daily dose in wine and chocolate form!

Despite all these persuasive arguments, most members ended the evening still unsure about the wisdom of pairing wine and chocolate: the wines were all pretty good value for money, and the chocolate all proved to be magnificent, from Terry's Chocolate Orange to Montezuma Black Cherry bar. The general consensus was that the wine was great on its own, as was the chocolate, but that when you tasted them together, the chocolate tended to overwhelm the wine. Many of us were still hankering after a nice chunk of Cheddar or Stilton to go with our Tawny Port, rather than a Swiss Mountain Bar, delicious though it was!

However, one combo which did meet with popular acclaim was the final pairing, introduced by Chairman Steve Spearman and his wife Anne: this was a South African **Pinotage** promisingly called **Chocoholic**, £12.25 from

local wine merchants Frontier Wines (www.frontierfinewines.co.uk) which had been teamed with some superb Moser Roth Sea Salt Dark Chocolate bars from Aldi. The combination was voted best wine of the evening, best chocolate and best pairing!



All are now eagerly looking forward to trying something completely different at May's meeting, intriguingly entitled Wine Tribes. There's an interesting theory about which category or wine tribe your wine-buying and drinking habits place you into, and we shall be testing this out in a not-very-scientific manner at the next meeting. If you'd like to join us then

- or indeed for any other meeting - for a light-hearted and inexpensive evening out, you would always be very welcome. Please give Vee a ring beforehand on 01245 355723 however, to ensure there is enough food and drink for all. (We normally meet on the second Wednesday of each month in the village hall, but with some exceptions). Our website www.peverelwineclub.co.uk is currently being reviewed, but I can happily send a copy of the exciting new 2025 programme if you email me at peverelwineclub@hotmail.co.uk.

By Vee Green, Secretary





Coming soon to HPVH



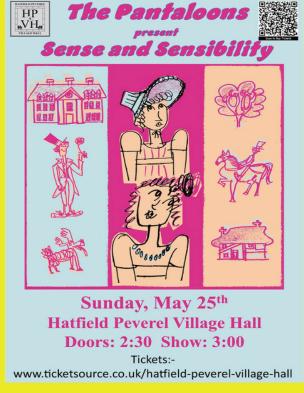






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