HATFIELD PEVEREL

VILLAGE VOICE



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USEFUL INFORMATION

Click below for Parish Council and village information and contacts

Hatfield Peverel Parish Council *

Parish Council Meetings *

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Local Information and Contacts *

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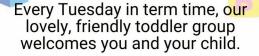
The DEADLINE for the DECEMBER 2025 issue of Village Voice is 14th NOVEMBER 2025. (Any copy received after this date may not appear in the December issue)

For information on copy specifications email: communications@hatfieldpeverelpc.com
If you wish to advertise your business in Village Voice, please get in touch for a media pack and rate card.

This publication is printed on FSC-sourced paper and is fully recyclable.

- * Hatfield Peverel Parish Council https://www.hatfieldpeverelpc.com/parish-council/
- * Parish Council Meetings https://www.hatfieldpeverelpc.com/parish-council-meetings/
- * Clubs and Societies https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/
- $*\ \underline{Local\ Information\ and\ Contacts}\ -\ https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/$

TODDLER TIME



From birth to school-age children!

Come along, meet new friends and let your child play in a happy, safe environment.

CRAFT TABLE AND LOTS OF RIDE-ONS AVAILABLE. SONGS AND RHYMES SESSION AND REFRESHMENT PROVIDED.

9.30 am to 11.30 am, £4 per family - no need to book

Hatfield Peverel Village Hall Maldon Road, CM3 2HP

For more information, contact Nicky Shelley on ring 07590 68343

e-voice.org.uk/hatpevgardens

THURSDAY 27TH NOVEMBER

VILLAGE HALL (VIC OLLEY ROOM)
MALDON ROAD, CM3 2HP

DOORS OPEN 6.30PM
HORTICULTURAL SOCIETY AGM 7PM
SPEAKER 8PM

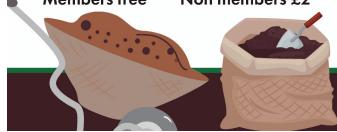
'COMPOST, ALL YOU'LL EVER NEED TO KNOW'

by Andrew Babicz

FESTIVE NIBBLES ALL WELCOME

Members free

Non members £2





Hatfield Peverel Parish Council Update

Welcome to November's issue of Village Voice. At the time of going to press, our open day for the new tennis courts hadn't yet taken place, so we will bring you more news about that in December's issue.

Bookings for the tennis courts is now open via our website or you can visit the link directly at https://clubspark.lta.org.uk/hatfieldpe vereltenniscourts/booking

By booking the tennis courts, you agree to abide by the rules and regulations (including the noise management plan) as laid out on our website. Just search for "Sports in our Village".

We are also able to offer any aspiring tennis players the chance to book group coaching sessions with our resident coach, Mark Cain. Details of how to book are below. And look out for our Free Parks Tennis activator sessions coming next Spring 2026.

To keep up to date with all council news, please visit our website or

follow us on our various social media channels.

Christmas in the Park

Planning for this year's Christmas in the Park is underway. If you're a handmade business or stallholder and wish to be present at the event, please get in touch with Carly Truman our Assistant Clerk on assistantclerk@hatfieldpeverelpc.com

You can read more about the plans for Christmas in the Park on page 21. We are always looking for more volunteers to help with planning our village events so if you're a keen organiser and have the time to spare, please do get involved.

Advertising in Village Voice

As you will have seen over the last year or so, we encourage local businesses to advertise in our monthly magazine. We offer extremely competitive rates for ad space and offer a 10% discount to any advertisers who commit to three

consecutive months of advertising. To find out more, please contact Janice Fitzpatrick, our Communications Officer on communications@hatfieldpeverelpc.com

Get involved

The next meeting of the Parish Council will take place on Monday 3rd November in the Vic Olley Room at the Village Hall. Public participation is welcome, please see the agenda which is published on the Parish Council website and on the noticeboard outside the Parish Council office. If you are interested in becoming a Parish Councillor yourself, we'd be delighted to speak with you.

Contact Sarah Gaeta, Parish Clerk; or Carly Truman, Assistant Clerk at the

Parish Council Office, Village Hall, Maldon Road, Hatfield Peverel, CM3 2HP Tel 01245 382865. Email: parishclerk@hatfieldpeverelpc.com or assistantclerk@hatfieldpeverelpc.com

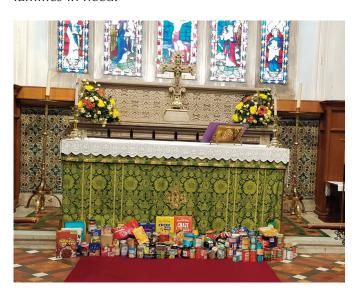






NEWS FROM ST. ANDREW'S AND ALL SAINTS

Harvest Festival has now passed, and we were blessed with two splendid services at All Saints and St Andrew's, with both churches beautifully decorated. At All Saints, Sally from the Braintree and Area Foodbank gave an excellent talk and was able to take away a generous collection of donations from the congregation, which will go on to support local families in need.



On the following Sunday afternoon, after St Andrew's Harvest Service, the Purple Turtles gave a splendid Jazz and Blues concert with much toe-tapping and applause not only after each number but also after each solo performance. The concert (with refreshments and raffle) raised £400 for the Food bank. The mass of food and other donations stayed in place with the harvest decorations until after the Infant school harvest service though sadly the decorations weren't still fit for purpose for the Junior's service, but we were pleased to welcome both schools.



Last month we also said goodbye and thank you to Jean Ashby at her funeral at St Andrew's, sharing fond memories of a stalwart villager, faithful member of the church congregation and choir, and reader of stories at Edward Bear services for so many years.

Remembrance Service

November brings a time of remembering—initially with bonfires and fireworks around the 5th, so please do take care of children, neighbours and pets. More importantly, Remembrance Sunday will be marked at both churches on Sunday 9th at 10.30am, to coincide with the national two minutes' silence at 11am.

This year, the Parish Council has arranged a temporary road closure to allow for a community parade. We will be mustering outside the Scout Hut on Church Road at 10am, with the parade to begin at 10.10am. All residents are warmly invited to join the Parish Council and other community groups as we walk together along Church Road to St Andrew's for the service. The road will be closed from 10am, and anyone wishing to take part or show their support is welcome to gather from that time.



The War Memorial for Hatfield Peverel is located at St Andrew's, and for All Saints, Ulting in the upper graveyard. It will be a meaningful opportunity for us to stand together, to remember those who gave their lives so that we can live ours in peace. (Continued on page 5.)

Contact details for Parish Team

Rev Howard Schnaar 07761234165 Rev Derek Clark 07860380627 | Charles Cope 01245 382134 | John Tomlins 07712699722 | Mark Keenan 07791141974 Website: www.hatfieldpeverelultingchurches.org.uk



Coming this month

Soup and Roll this month will be on Tuesday 11th at 12.30 pm in aid of Christian Aid. Please do come along, bring a friend and enjoy a simple meal and good company.

On **Saturday 29th November** at 7.00pm we will have the first of this winter's film evenings in the Church Hall, when we will be showing *The Shack* which is a very moving film. Its free, so why not come along?

On **Sunday 30th November** at 10.15am we will be celebrating St Andrew's Day, our Patronal Festival, with visitors from other churches in Witham and nearby villages. It is also Advent Sunday, and we will light the first of the Advent candles marking the beginning of this special time of preparation for Christmas.



SPECIAL SEASONAL SERVICES

Sunday 14th December 10.15 am - Messy Christmas Celebration at St Andrews Sunday 14th December 4.00 pm - Carols by candlelight at All Saints with the Hadfelda

Singers Sunday 21st December 4.00 pm -Christmas Carols at St Andrew's

Wednesday 24th December 4.30 pm - Light of the World service at St Andrew's

Wednesday 24th

December 11.30 pm -

Midnight services at both St Andrew's and All Saints



SERVICES etc. for NOVEMBER 2025

SERV	ICES etc. for NOVI	EMBER 2025
	St Andrews (+refreshments after 10.15 services)	All Saints (+refreshments after service on 1st, 2nd and 4th Sundays)
S	aturday 1st COFFEE MO F	
Sunday 2nd	10.15 Matins	9am Holy Communion
Sunday 9th	10.30 a.m.	10.30 a.m.
	REMEMBRANCE DAY	REMEMBRANCE DAY
	SERVICE	SERVICE
Sunday 16th Sunday 23rd Saturday 29 th	10.15 Parish Eucharist 10.15 Parish Eucharist 7pm Film Night	9am Holy Communion 9a.m. Parish Eucharist
Sunday 30 th ADVENT	[The Shack] 10.15 Parish Eucharist Patronal Festival	9a.m. Parish Eucharist
and Company All Saints open to St Andre revhoward@w johnandanr	Every Thursday 10am to 11.3 — in hall - with short worship for prayer at 9am every Wednesd. CONTACTS: ew's and All Saints: Rev'd Howard ithamvillages.team, John Tomlins na.tomlins@btopenworld.com, M. kramnaneek@live.co. nints, Ulting: Rev'd Derek Clark 01	on alternating weeks ay [with Morning Office] Schnaar 07761234165 01245 380359 07712699722 ark Keenan 07791141974 uk

CONTACTS:



WORK 07775 998628



ANNUAL SENIOR CITIZENS CHRISTMAS LUNCH

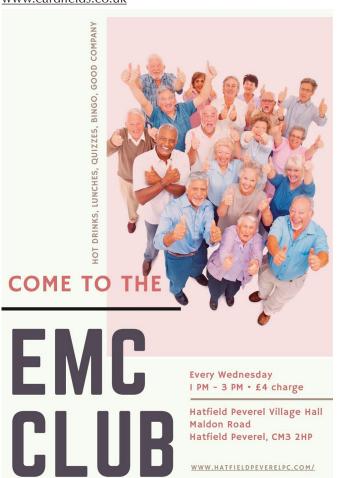
For the past five years, Elaine and her team at Cardfields have been offering Christmas Lunch (free of charge) to local senior citizens, bringing the community together at a special time of the year.

Cardfields is a children's residential centre based in Hatfield Peverel. For over 35 years they have provided excellent outdoor learning experiences to schools and groups from inner London and the Home Counties. They also offer private hire and have hosted afternoon tea events for the local WI.

This year's Christmas dinner is on Thursday 11th December 2025 with arrival at 12.30pm for a lunch served at 1pm. It promises to be an afternoon of fun and entertainment with a singalong and a raffle.

Catering is for a maximum of 50 people so booking in advance is essential. Please contact Cardfields directly by 1st December 2025. Call 01245 380371 or email elaine.clarke@islington.gov.uk and provide your name, contact number and dietary needs.

For more information on Cardfields and their work visit www.cardfields.co.uk









COMMUNITY PARK

PROGRESS BEHIND THE SCENES

by Cllr Mike Renow

Back in March's Village Voice, we first shared the exciting plans for a community park in Hatfield Peverel. Since then, a lot has been happening quietly in the background. Now it's time for an update.

Over the summer, members of the Community Park team have spent time observing the site to identify the range of flora and fauna and build a picture of the wildlife already making its home there. We're pleased to report that the area is host to a number of rare and endangered insect and plant species, which only adds to the importance of developing the space sensitively and with long-term stewardship in mind.

We are currently working towards opening the park for public access in late spring 2026.

To move closer to that goal, we are developing a detailed programme of works. To take advantage of the dormant winter period, we have commissioned work to be carried out on several already identified key tasks including:

- Creating a car park area near the entrance, including provision for bicycle parking
- Carrying out essential safety works identified by a recent tree survey to enable safe access across the area.
- Installing CCTV to help protect the site and car park
- Cutting back brambles where they are encroaching on existing pathways
- Creating a new walkable route from the car park along the eastern side of the park, including inspection of trees along this path
- Commissioning a full risk assessment to ensure safe access for all visitors
- Exploring options for a *caretaker* arrangement to support regular opening times
- Developing suitable signage around the park to inform and direct visitors as well as arrangements for waste collection.

These steps represent the basic groundwork needed before the site can safely welcome visitors.

Alongside this, a significant amount of behind-thescenes work is taking place - liaising with local interested parties and organisations, assisting with grant funding opportunities and applications to enable other projects to be completed that will improve and shape a long-term vision that balances community enjoyment with protection of the natural environment.

This project has the potential to become a unique, muchloved green space for Hatfield Peverel—somewhere to walk, breathe, explore nature and feel proud of as a community.

Can you help bring it to life?

The Community Park group would love to welcome more local residents to be part of the journey. Whether you have practical skills, an interest in wildlife, a bit of time to spare or simply enthusiasm, your involvement could make a real difference.

If you'd like to get involved, please contact the Parish Clerk at parishclerk@hatfieldpeverelpc.com or call on 01245382865

Let's create something special, together.



Touring Terling

We are a small group of walkers who meet on the last Thursday of every month for a 3-4 hour walk around the local area. Sometimes cars are used to take us further afield - e.g Terling, Wickham Bishops, Maldon, Heybridge - to begin and finish the walks. Typically, the walks are 4-5 miles long at a comfortable pace and a refreshment stop

may be scheduled enroute, particularly during the summer months. There is no subscription, fees or membership, it's all free!

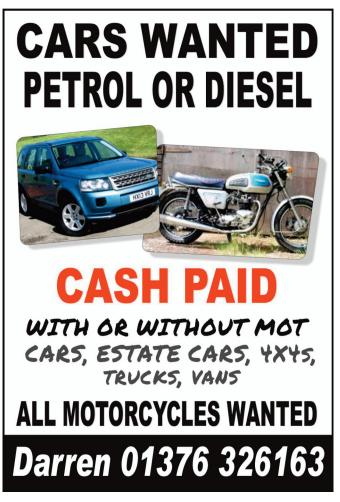
In walks this year, we have visited Toppinghoe Hall woods for the annual bluebell display, Little Braxted, Wickham Bishops, Papermill Lock and many more local and further afield areas.

In September the group took cars to Terling and did a circular walk of about 4 miles followed by refreshments at the delightful Owl's Hill Tearooms opposite the local pub.

Our next walk is on Thursday 27 November with no walk in December and meeting again on the 29 January 2026 outside the Village Hall by the recycling site at 10am. Regrettably we do not allow animals on our walks. New walkers who would like to explore the local area are particularly welcome to join us.

If you would like more information, please contact Graham Bushby on 07484 864712 or leave a message on 01245 380472.







Get your garden ready for Autumn



As the nights draw in and the mornings grow misty, it's tempting to "put the garden to bed" and retreat indoors. But autumn is one of the most rewarding seasons for gardeners and allotment holders. With a few thoughtful jobs now, you'll enjoy a tidier plot, thriving wildlife, and a head start for spring.

Sow for next year

Sow hardy annuals such as **nigella**, **poppies**, **nasturtiums**, **sweet peas**, **cornflowers** and **Ammi majus**. They'll put down roots before winter and burst into growth when the weather warms. If they don't make it through, there's always spring for a second sowing.

Save every drop

After the dry months we've had, collecting rainwater is essential. **Install water butts** and link them to the shed or greenhouse gutters to make the most of every shower.

Plan ahead

Now's the time to **review your layout**. Take photos, sketch your plot and note what worked (and what didn't). Decide where new beds, paths or seating might go before everything starts growing again.

Add warmth and light.

Autumn doesn't mean abandoning the garden. **Braziers, lanterns and outdoor lights** can turn chilly evenings into sociable, glowing ones. Even a simple string of fairy lights adds magic.

Bag a bulb bargain

If you've not bought bulbs yet, don't panic—October sales often bring big discounts. Stock up on daffodils, tulips and alliums now for a riot of colour next spring.

Help wildlife thrive

Leave seedheads standing, make a **log pile**, and **avoid over-tidying**. Hollow stems and fallen leaves provide vital shelter for insects and small mammals through winter.

Think trees

Autumn is perfect for **tree planting**. Choose small, multiseason varieties like **Amelanchier lamarckii**, which offers spring blossom and fiery autumn colour.

Tidy and sharpen

A clear space feels good. **Sort your shed**, give away unused tools, and repair what you keep. Then **clean and oil your secateurs** so they're ready for pruning.

Care for your soil

Sow **green manure**—such as phacelia, vetch or forage rye—to protect and enrich the soil over winter. It's the best investment you can make for next year's crops.

Don't cut back too soon.

Resist the urge to make everything neat. **Seedheads, grasses and dried stems** bring structure, feed birds, and look beautiful dusted with frost. Enjoy their winter texture before trimming in spring.

With just a little attention now, your allotment can carry its beauty and purpose right through the colder months. Autumn isn't an ending but a quiet beginning—a chance to prepare, to observe, and to savour the changing light. So pull on a jumper, take a flask to the plot, and enjoy this reflective, rewarding season in the garden.



By Drew Price



ALL THINGS CHRISTMAS!

Christmas Market

On Sunday 30th November our popular Christmas Market will return to Chelmsford City Racecourse. There will be local craft and gift stalls, food and drink vendors and live entertainment to get you in a festive mood. Whether you're looking for a perfect Christmas present, seasonal delicacies or handcrafted decorations to bring the festive spirit into your home, our market has something for everyone. Early bird tickets are on sale on our website at £5 for adults, £4 for concessions and £1 for children 5 to 16 years.

Father Christmas

On Friday 19th December we have our Father Christmas Experience at Layer Marney Tower. Tickets must be prebooked and they are selling quickly so don't delay. Tickets include a private meeting with Father Christmas, a gift for each child, live festive entertainment, craft activities, storytelling, our donkeys, a ride on a London red bus, mince pies and mulled wine (for the grown-ups). There will be food and drink vendors too.

Christmas tree recycling

We will be collecting real Christmas trees from doorsteps again this year in January. All trees will be sustainably recycled, and all donations will help Helen Rollason Cancer Charity to continue giving support to local people living with cancer. Prebooking only - you can book online now.

Details of all our events are on our website at https://www.helenrollason.org.uk/helen-rollason-cancer-charity-events/



Christmas cards and calendars

We have beautiful 2026 calendars and Christmas cards for sale in our centres in Hatfield Peverel and Harlow and in our shops.



DATES FOR YOUR DIARY

Sun 30 Nov Christmas Gift & Food Market

at Chelmsford City Racecourse

Fri 19 Dec Father Christmas Experience

at Layer Marney Tower

Wed 7 - Sat Christmas tree recycling

10 Jan 2026

Details of all our events are on our website www.helenrollason.org.uk



Helen Rollason Cancer Charity hristmas

GIFT & FOOD MARKET

Sunday 30th November 2025 10:00am to 4:00pm

CHELMSFORD CITY RACECOURSE

A magical and inspiring festive shopping experience with live entertainment, delicious treats and so much more.

Adult - £7 **Concessions - £6** Child 16 and under - £3

> **Prebook online** for early bird discount!

Handmade Gifts • Father Christmas • Live Music • Tasty Treats • Local Makers Don't miss this magical winter event!



PREBOOK TICKETS ONLINE AT www.helenrollason.org.uk

For more information call 01245 380719 or email fundraising@helenrollason.org.uk



Hatfield Peverel Methodist Church



There has been plenty going on at HPMC recently! We enjoyed a happy time of Harvest celebration and our Harvest Craft Event at the end of September. We also had great success for our handicrafts and other entries in the Horticultural Society Autumn Show. Also in October we celebrated 150 years since the opening of the Methodist Church in Hatfield Peverel, although Methodists had already been worshipping in the village for some years – some achievement!

Job Opportunity

As we continue our Church mission in Hatfield Peverel, we are excited to be recruiting a Community Outreach Worker to make connections between Hatfield Peverel Methodist Church and local people. We are looking for someone with a Christian faith and deep commitment to serving others. They will be involved with organising and supporting activities, events, workshops and groups in the village. They will also be responsible for communicating the church's mission and message through social media and networking. Salary is £16,000 per annum for 25 hours per week, and we will consider job share requests. The closing date is 14th November and an application pack and

additional information can be obtained from chelmsford.circuit@gmail.com.

We would love to hear from anyone interested in considering applying for this role to help us extend God's love in practical, meaningful ways.

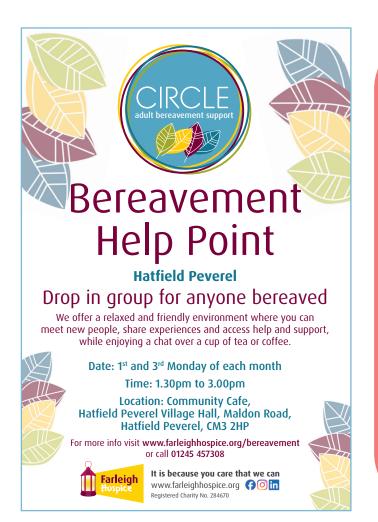
Do join for Sunday morning worship from 9.15 am in Room 3 of the Village Hall.

You can contact us as follows:

Minister: Rev. Dr. Jennifer Walters 07824 440820 Mission Lead: Jane Cook 07827 594535 For information and prayer requests: hpmethodistchurch@gmail.com







Stitch to Enrich

Come and make friends as we chat, stitch and relax

1st and 3rd Thursdays each month 2pm - 4pm

The Coffee Lounge Hatfield Peverel Village Hall Maldon Road, CM3 2HP

We share the joy of stitching and friendship. A warm welcome awaits you....

For more information, please contact Jane Cook 07827 594535 or Stitch2enrich@gmail.com





Purveyors of Fine Indian Cuisine



Christmas Party Menu

Christmas Day opening hours 1pm – 4pm

Prebooking only - 01245 380099

£39.95 per person

Your choice of starter, main course and rice. Served with traditional side dish and bread, followed by dessert

STARTERS

Butter Garlic Scallops

Aloo Chops

MAIN COURSE

Home Cooked Authentic Indian Turkey Biryani
Home Cooked Medium Spiced Turkey Curry
Tandoori Grilled Turkey Marinated with Homemade Spices

Homemade Paneer in Caramelised Tomato Curry Sauce

RICE

Plain rice or Pilau rice

SERVED WITH

Plain Naan

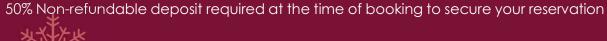
&

Niramish (Dry Mixed Vegetable Curry)

DESSERT

Homemade Indian Caramel Pudding









PWI Hello from Terling WI!

We had a full house for our September meeting and what a super time we had with the Silver Darlings Sea Shanty Crew – an all-female crew based locally in Southend.

Their energy, humour, and harmonies filled the hall and had everyone joining in by the end of the night. The acoustics in the hall were absolutely perfect – every note and harmony rang out beautifully, creating a truly atmospheric and uplifting performance! It was a joy to see so many smiling faces and tapping feet throughout the evening.

Our lovely committee had organised a travelling catering van to attend the evening and treated all members to a delicious fish and chip supper. Coneys have only been trading for just seven months but have already made it into the top three of the Essex Eats awards. It was clear why! The food was cooked to order, and Chris and Helen (Coney) managed to serve 43 meals in just half an hour. Certainly, some of the best fish and chips we have ever tasted!

We look forward to our November meeting where we welcome back artist Bianca Garcia, who will be making Christmas baubles with us.

If you want to be a part of all the events we hold... join us now! All the contact details are on the right.



KEY TERLING WI DATES

Thurs 27th Nov - monthly meeting, all welcome. Guest fees apply

Thurs 18th Dec - monthly meeting, all welcome. Guest fees apply

(Lucy) <u>07926 649669</u> <u>@terlingwi</u>

theW

Join us on Instagram

Follow us on Instagram for all the latest news, events and notices from the parish council

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https://www.instagram.com/hatfieldpeverelpc/

Hatfield Peverel Parish Council



Scan the QR code to go directly to our page!



LEST WE FORGE

November is a very important month for Remembrance. On Sunday the 9th, King Charles shall lead the National Remembrance Service. This is always the Sunday closest to Armistice Day, which is the 11th, and commemorates the cessation of hostilities in the First World War. On the 11th itself, the Western Front Association holds its own Armistice Day Service at the Cenotaph. It is hugely supported and open to the public to attend. It is a formal service but is more inclusive than the National event. Our Branch has laid a wreath during this service for the last few years. Over recent years the service has been streamed live on YouTube and a cleaned-up video is available after WFA watch on the account there (https://www.youtube.com/user/WesternFrontAssoc)

I thought it might be of interest to tell a bit about the Cenotaph itself, a key focus of the Nation's remembrance. The Cenotaph in Whitehall is not the original. That was made of wood and was put in place to mark the first anniversary of the Armistice in 1919. Some 15,000 veterans attended, but more significantly over a million people attended the memorial in the week after the event. It was at this event that the two-minute silence was introduced, and it remains in place to this day.

There was a major movement for a permanent national memorial and Sir Edwin Lutyens was commissioned to design it. He is responsible for many cemeteries and memorials on the battlefields around the world. Apart from a few tweaks the design was very close to the wooden version. There is minimal decoration on the structure. Cenotaph comes from the Greek language and means empty tomb. Atop the structure is a stone sarcophagus representing the burial of the fallen. The memorial is made of Portland Stone and there are carved wreaths on the ends. If you see an old photo of the Cenotaph and the wreaths are dark, then that is of the 1919 original where real plants were used.

As part of the ceremony on Armistice Day 1920 a gun carriage carrying the remains of the Unknown Warrior, en route to his final resting place at Westminster Abbey, halted by the Cenotaph, the King laid a wreath on the coffin and the new Cenotaph was unveiled, having been enclosed in two huge Union Flags. There are videos of this that can be found on YouTube.

The memorial holds six flags, representing different services. Originally Lutyens wanted carved flags which would have been a universal representation for the world.



The Government of the day required real flags and so the Memorial became focused on Britain and the Empire.

Upcoming talks

We are back at the Village Hall in Hatfield Peverel on Wednesday 12th of November for a different type of Branch Meeting. On this evening, we shall hear three short talks by Branch Members on subjects that have a direct interest for them but also should be of interest to all of us. The talks cover the history of three soldiers that served, from the same family, a look at the war in the Baltic and a photo diary of a cycle ride around the Italian Front. Our talks start at 8pm and all are welcome. We request an entrance donation of £3.50.

The Branch has a monthly newsletter which carries information remembering casualties from Essex, historical articles and forthcoming events or publications that may be of use to anyone with an interest of the First World War. If you would like to receive a copy by email, with attachments, please ask via essexwfa@googlemail.com We ask for no other information and the newsletter is the sole use of the email address.

Jim Kevany
Essex Branch Chairman, Western Front Association

HADFELDA LADIES GROUP

The hall fell quiet and the friendly chattering stopped as the delicious smell of fish and chips pervaded the room. As a change from the usual Ploughman's, this year our Harvest lunch consisted of a delicious fish and chip lunch, followed by individual apple pies. And what a great success it was!

If this sounds interesting, you can find out more about our 'Spooky' Halloween- themed October meeting in the next issue of the Village Voice. (We hadn't yet held it when the November issue went to press).

This year, we have been delighted to welcome several new members but we're always happy to have more! We are a friendly group of ladies (all retired, as we meet in the afternoon). If you have recently moved to the village or would just like to get to know more people, do come to one of our meetings. You can be sure of a warm and friendly welcome. Our next members' meeting will be held on Wednesday 26th November, 2025.

We usually meet on the fourth Wednesday of the month at 2pm in St. Andrew's Church Hall although our December Christmas Celebration will be held earlier on Wednesday 10th December 2025.

For more information, please contact Marel on 01245 380827







WHAT'S ON IN NOVEMBER

Our 21st season has got off to a tremendous start – great films and some 100 members coming along to each screening. The season continues this November when the films to be shown are the highly acclaimed *Vermiglio* on Tuesday 4th November and *Touch* on Tuesday 18th November.





Vermiglio, starring Giuseppe De Domenico and Martina Scrinzi and directed by Maura Delpero is set in the mountain village of the same name. *Vermiglio* presents a quiet and reflective look at life in a remote mountain village in the Italian Alps during the final days of World War II. The story, which begins in 1944, follows the arrival of Pietro, a deserter, into the family of the local teacher. As he becomes entangled in their lives, particularly falling in love with the teacher's eldest daughter, the village's delicate balance is disrupted, leading to a series of emotional upheavals.

The film's strength lies in its meticulous attention to historical detail and its authentic depiction of the period. The cinematography, which captures the rugged beauty of the Trentino Alps, enhances the atmosphere, grounding the story in the physical and emotional isolation of the characters.

Touch, our second film for November, is a romantic and thrilling story that spans several decades. In the late 1960s, Kristófer is studying at the London School of Economics. After being mocked by his college friends for saying he would drop out, Kristófer impulsively applies to be a dishwasher at Nippon, a Japanese restaurant owned by chef Takahashi, where he meets and falls in love with Miko. Upon coming back from a holiday, Kristófer is shocked to see that the restaurant has been closed, and the Takahashis have moved away without saying a word, except for one final paycheck addressed to him. Fifty years later, Kristófer is now a widower living alone in Iceland. His memory is failing, and his doctor suggests that he should resolve any unfinished business while he still has time and capacity. So, before his time runs out Kristófer embarks on an emotional journey to find his first love who disappeared all those years ago.

Coming soon

Our films for December are the highly acclaimed *My Favourite Cake*, which tells the story of a woman who decides to live out her desires in a country where women's rights are heavily restricted and *Small Things Like These* which is a 2024 historical drama directed by Tim Mielants and adapted from the 2021 novel by Claire Keegan. Prior to the screening of *Small Things Like These* we shall be holding our first social of the season.

Our 21st season continues until 3rd June 2026 with films being shown fortnightly on Tuesdays in 2025 and Wednesdays in 2026. The Club meets at Maldon Town Hall, doors open at 7.15pm, wine and soft drinks are available at a charge from 7.30pm and unless notified to the contrary all films will commence at 8pm.

The price of an annual subscription remains at £30. So why not join now and watch the remaining 15 films for free. In addition, there are a limited number of places for junior members aged 16–18 in full time education and training at the reduced cost of £20. As a member you will be asked to give your reaction to the films you have seen and help the committee compile the programme for the following season. Membership is open to all, and new members will be made very welcome. Members' guests pay just £4 per film!

For further details and an application form please visit our web site www.maldonfilmclub.uk, pop into the Maldon Visitor Information Centre (Tuesday – Saturday between 11am and 4pm) or phone 01621 869340. Alternatively, you are welcome to come along as my guest, meet members of the committee and pay your annual subscription on the night.

If you have any further questions, please do not hesitate to contact me, John Salisbury, on 07905 971608.

By John Salisbury

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CHAIR EXERCISE

St Andrew's Church Hall Hatfield Peverel

Tues 10 am-10.45 am

Nov 4th, 18th, 25th Dec 2nd (new term, Jan 6th)

Would you like to improve your...

Balance, strength, flexibility, confidence and general fitness levels? Why not **come and join us** and have some fun too! **You will be very welcome** whatever your level is.

Fully qualified instructor.

Not sure about coming? Feeling anxious? Have you had a fall or are afraid of falling?
Do you have replacement joints? Are you spending more time at home?
Has your mobility decreased since Covid? Your exercises will be adapted to your needs!

Medical conditions must be controlled if you would like to attend.
Fully qualified Chair Based Instructor and Personal Trainer
Mental Health & Exercise Level 4

Please come in comfortable, stretchy clothing, leisure footwear and bring water!

Bookings taken now or turn up on the day! For details and cost <u>mandadurrant@gmail.com</u> Telephone 01376 408046 - Please leave a message.

NUTRITION: FUEL FOR A HEALTHIER LIFE

Hello again, everyone! It's Stefan here, your local mobile personal trainer. This month, I'd like to focus on a topic that goes hand in hand with exercise: nutrition. While movement keeps your body strong and mobile, the food you eat provides the energy and building blocks to support your health, fitness, and recovery.



Why Nutrition Matters

Eating well isn't about strict diets or cutting out everything you enjoy. It's about finding balance and giving your body what it needs to function at its best. The key benefits of balanced nutrition are:

- 1. Sustained energy Nutritious meals keep your energy steady throughout the day.
- 2. Stronger immunity Vitamins and minerals from fruits, vegetables, and whole foods help protect against illness.
- 3. Better recovery Protein supports muscle repair after exercise, while healthy carbs and fats fuel the process.
- 4. Weight management Eating mindfully helps maintain a healthy weight without feeling deprived.
- 5. Long-term health Good nutrition lowers the risk of chronic conditions such as diabetes, heart disease, and high blood pressure.

A simple rule of thumb is to fill your plate with colourful vegetables, lean protein, whole grains, and healthy fats—and don't forget to drink enough water. Small, consistent changes make the biggest difference.

Remember, fitness is a combination of movement, nutrition, rest, and consistency. By taking care of all these areas, you'll feel healthier, stronger, and more energised in everyday life.

Until next month - eat well, move often, and take care of yourself!



EXERCISE TIP OF THE MONTH: STEP-UPS

Step-ups are a fantastic way to strengthen your legs and glutes, improve balance, and get your heart rate up. They're simple, effective, and all you need is a sturdy step, low wall, or bench.

How to Do It:

- 1. Start Position: Stand tall in front of a step or bench.
- 2.Step Up: Place one foot firmly on the step and push through your heel to lift your body up.
- 3. Step Down: Carefully return to the starting position with control.
- 4. Repetitions: Perform 10–12 reps per leg, 2–3 sets.

To make it easier, use a lower step. To make it harder, hold light weights or increase the height gradually.

Remember, fitness is a combination of movement, nutrition, rest, and consistency. By taking care of all these areas, you'll feel healthier, stronger, and more energised in everyday life.





The Societies 2025 schedule of events is shown below. All these events are open to both members and non-members; please do come along, we look forward to seeing you.

Thank you to all those who contributed and attended the Autumn Show, a very successful community event for our village it was lovely to see so many visitors.

Membership cards and year books are available from Upsons Farm Shop. Annual membership is just £3 (£2 for seniors).

SCHEDULE OF EVENTS FOR 2025

Following a successful calendar of events this year with very interesting speakers, our last event of the year is our AGM and speaker evening. It will take place at The Village Hall starting at 7pm (AGM) and Speaker (8pm)

27th November 2025 – AGM and Christmas Speaker Evening – 'Compost: all you'll ever need to know' with Andrew Babicz.

NOVEMBER GARDEN TIPS

It is a good time of year for tidying up your garden, clearing leaves, mulching and clearing greenhouses ready for spring planting. Start planning next year's garden projects and peruse seed catalogues and supplies for 2026!

Prune:

Cut down faded perennials and mulch area, clear annual climbers from their supports. Prune autumn fruiting raspberries, and other fruit bushes once dormant.

Plant:

It is a good time to plant spring bulbs such as tulips and alliums. Bare root fruit trees such as apple, plum, pear and cherry can be planted to establish root growth over the winter. Flower seeds such as sweet peas can also be planted to give you a head start in the spring. It is also a good time to plant onions, garlic and shallots for a good crop next year.

Propagate:

Take hardwood cuttings from healthy fruit bushes such as currants, blueberries and gooseberries.

For general information about the society contact <u>cliveemberson9@gmail.com</u> or visit <u>https://e-voice.org.uk/hatpevgardens/</u>



Not long to go!

Kick off the festive season with friends, neighbours and plenty of Christmas cheer at Christmas in the Park! Join us at Hatfield Peverel Village Hall on Sunday 7th December from 1pm to 6pm for an afternoon filled with music, laughter and a sprinkle of seasonal magic.

moment the From the wonderful Essex Yeomanry up those Band strikes much-loved Christmas classics at 1pm, the hall will come alive with festive spirit. Wander through our charming craft stalls, treat yourself to something delicious from the festive food and drink stands, and let the children dive into Christmas crafts. face painting*, and a joyful singalong or two.

Of course, Santa will be joining us in his grotto between 1:30pm and 5pm - a truly magical moment for the little ones (and not so little ones too!) Please note: Santa's Grotto tickets must be booked in advance at



www.ticketsource.co.uk/hatf ield-peverel-village-hall.

As the afternoon draws to a close, we'll gather at 5pm, called by the sound of our piper, ready for a heartwarming finale - the lighting of the village Christmas tree



at 5:15pm. A perfect moment to share with neighbours as we welcome in the season together.

Parking at the village hall is reserved for Blue Badge holders only. *A few activities such as face painting and Santa's Grotto will include a small additional charge.



From Naples to Hatfield Peverel - Breadmaking with Giovanni

Giovanni di Sarno has brought a taste of Italy to our village as Hatfield Peverel's new master baker. If you haven't yet experienced one of his hands-on workshops, now is the perfect time to roll up your sleeves. Over the next few months, Giovanni will be leading a series of specialist breadmaking sessions at Hatfield Peverel Village Hall. Imagine impressing your family this Christmas with a traditional Christopsomo loaf fresh from your own oven—or starting the new year in style by mastering the basics at Giovanni's January Breadmaking Workshop. But before you book your place, let's meet the man behind the dough...



Ciao! I'm Giovanni, a fourth-generation baker from Naples in Italy. At 18, after I graduated from the cookery academy of Pollena Trocchia, (near Naples) I worked full time in my family's bakery until I was 22. Then I began travelling the world, baking along the way. It's been 10 years since I moved to the UK, during which time I have worked at independent bakeries in Essex and Suffolk. Currently, I'm a freelance baking teacher and I teach various categories of courses suitable for all abilities around Essex, Suffolk, Norfolk and London.

In 2016 and 2017, together with the bakery where I worked in Essex and where I was head baker, I won several World Bread Awards - a competition that took place in London.

I'm also an ambassador for Real Bread Campaign - an independent charity based in the UK that research and find better ways to produce bread for the community (without additives and preservatives) and this planet.

COME AND TRY SOME BAKING!

The next scheduled baking workshops at Hatfield Peverel Village Hall are:

CHRISTMAS BREADS MAKING WORKSHOP Saturday 20th December from 11am to 3pm.

Suitable for all abilities. During the workshop participants will make *Christopsomo*, a sweet Greek bread seasoned with cinnamon, sugar, anise and walnuts; *Cozonac*: a sweet bread from Romania, filled with a coffee cream and topped with poppy seeds; *Ciambella Mandorlata*: an Italian sweet bread shaped as a donut, coated with sugar and almond flakes. £77 per person including hot drinks, refreshments and recipes.

BASIC BREAD MAKING WORKSHOP Saturday 17th January from 11am to 3pm.

Suitable for all abilities. During the workshop we will make a dough from scratch. From that we will make 3 different shapes (tin loaf, cottage loaf) Also we will make an olives and mixed herbs bread loaf. £67 per person including hot drinks, refreshments and recipes.

BASIC SOURDOUGH MAKING WORKSHOP Sunday 15th February from 11am to 3pm.

Suitable for all abilities, during the workshop we will bake 2 small sourdough loaves, and sourdough scones. We will make a sourdough starter from scratch and a sourdough dough that you will take away to finish baking at home. £80 per person, including hot drinks refreshments and recipes

EASTER BREAD MAKING WORKSHOP Saturday 14th March from 11am to 3pm.

roses or crosses;

Suitable for all abilities, we will make the following breads:

Casatiello which is a savory Italian bread spiced with black pepper and stuffed with ham and pancetta; The traditional Ukrainian paska – an enriched dough with vanilla and ginger. The surface of the bread is commonly decorated with festive ornaments, usually

Osterpinze - an Austrian Easter Bread sweet, lightly spiced with white wine and with raisins;

£80 per person including hot drinks, refreshments and recipes

For information and to book onto all my upcoming workshops, visit my page on the Eventbrite website at https://www.facebook.com/giovannone.disarno or email giothebakingteacher@gmail.com

RAISING A GLASS TO OUR WINES OF THE YEAR And a new-look website!



Last month, the Club celebrated its 48th Annual General Meeting in fine style with 33 members in attendance. The meeting passed without controversy and with suitable speed, given that the formal business of the evening would be followed by a review of the best wines tasted during the previous twelve months. Chairman Steve Spearman reflected on his first year in office, acknowledging his debt to previous Chairman Graham Bushby for handing over a thriving Club, full of enthusiastic members of all ages and a committee brimming with good ideas. All were thanked for their contributions to the smooth running of the Club.

Treasurer David Wickenden also praised the generous help of his predecessor, Linda Fisher, in guiding him through his first year, and thanked Auditor Barbara Hill for her support and advice. He then took the membership through the Club's audited accounts, showing another very successful year with increased membership and attendance at meetings, resulting in some surplus funds which would be earmarked for the Club's 50th anniversary in 2027.

The rest of the official business continued without issues: Secretary Vee Green and Committee Member Henryk Podlesny had both reached the end of their current 3-year term, and were both duly re-elected. Other club duties were apportioned, with Peter and Cathy Harris nobley volunteering to take the glasses for washing on a regular basis; the Helen Rollason Cancer Charity was selected as the good cause to which our Christmas Raffle proceeds would be donated, and all was done and dusted in just over half an hour!

All had waited patiently during the AGM with an array of prizewinning bottles tantalizingly lined up on the front desk, and at last the time had come to taste these candidates for Peverel Wine of the Year, an award up there with the Oscars and the Nobel Prizes (and one which Donald Trump has as little chance of winning!) . Of the white wines, Hen introduced the winner from February's Angels & Devils evening (Devil's Creek New Zealand Sauvignon Blanc),

followed by David Wickenden with his excellent-value Spanish Viñas del Rey Verdejo from March's Go-To Wines tasting, concluding with Jill Shakespear and The Best Greek Assyrtiko, recently tasted at September's Unusual Countries.

There was also keen competition amongst the 3 presenters of the red wines: Tara Sullivan was quietly confident with Cabalié from the Languedoc, another Go-To Wine, and Chris Green and Steve Spearman built up their claims for Masso Antico Primitivo (May's Wine Tribes winner) and Chronic Cellars **Zinfandel** (Born in the USA from last November) respectively – both were in fact the same grape in their Old and New World incarnations! Voting identified 2 worthy winners: for the reds, there was triumph for Laithwaite's most popular red wine, Cabalié Grenache-Syrah-Carignan at £11.99; of the whites, Devil's Creek Sauvignon Blanc from Marlborough, New Zealand (Majestic £9/£7 Mix Six) was the impressive leader, and scored 3 more precious points than the red wine, making it Peverel Wine of the Year 2025!

Next month promises another interesting tasting entitled Gold Blends, when we shall be taking a look at six superb, blended wines to see if we think they are better than straight varietals - and to work out why we think they might have been blended in the first place. If you'd like to join us for this - or indeed any other meeting - for a light-hearted and inexpensive evening out, you would always be very welcome. Please give Vee a ring beforehand on 01245 355723 however, to ensure there is enough food and drink for all. (We normally meet on the second Wednesday of each month in the village hall, but with some exceptions). Our website www.peverelwineclub.co.uk has now relaunched in a new and very clear, easy-to-use format - why not take a look? Our exciting new 2026 programme is nearing completion: email Vee at peverelwinecluWb@hotmail.co.uk for more information.

By Vee Green

Mailing List

Coming soon to HPVH

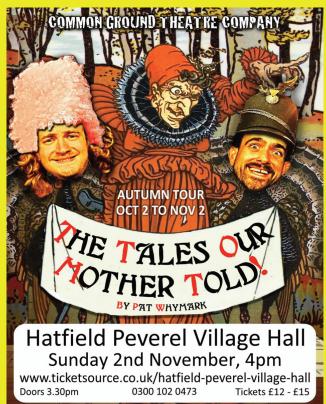








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