HATFIELD PEVEREL

VILLAGE VOICE



CONTENITO

CONTLINIS
Parish Council News 3
St Andrew's and All Saints 4
Annual Senior Citizens Christmas Lunch 6
Tennis Courts are ready to roll!
Hadfelda Walkers 8
Hatfield Peverel Allotment Association 9
Helen Rollason Cancer Charity 11
Hatfield Peverel Methodist Church
Terling WI 14
Western Front Association
Maldon Film Club 17
Stefan Tabacu, My Personal Trainer
Hatfield Peverel & Ulting Horticultural Society
Hatfield Peverel Football Club
Remembrance Sunday in the Village
Peverel Wine Club
Teverer vyrrie Ciub

USEFUL INFORMATION

Click below for Parish Council and village information and contacts Hatfield Peverel Parish Council * Parish Council Meetings * Clubs and Societies * Local Information and Contacts *

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For information on copy specifications email: communications@hatfieldpeverelpc.com If you wish to advertise your business in Village Voice, please get in touch for a media pack and rate card.

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- * Hatfield Peverel Parish Council https://www.hatfieldpeverelpc.com/parish-council/
- * Parish Council Meetings https://www.hatfieldpeverelpc.com/parish-council-meetings/
- * <u>Clubs and Societies</u> https://www.hatfieldpeverelpc.com/welcome-to-our-village/village-culture/clubs-and-societies/
- * Local Information and Contacts https://www.hatfieldpeverelpc.com/welcome-to-our-village/community-matters/local-information-and-contacts/

Front Cover photo: Diane Wallace

TODDLER TIME

Every Tuesday in term time, our lovely, friendly toddler group welcomes you and your child.

From birth to school-age children!

Come along, meet new friends and let your child play in a happy, safe environment.

CRAFT TABLE AND LOTS OF RIDE-ONS **AVAILABLE. SONGS AND RHYMES SESSION** AND REFRESHMENT PROVIDED.

9.30 am to 11.30 am, £4 per family - no need to book

Hatfield Peverel Village Hall Maldon Road, CM3 2HP

For more information, contact Nicky Shelley on ring 07590 68343 e-voice.org.uk/hatpevgardens

THURSDAY 27TH NOVEMBER

VILLAGE HALL (VIC OLLEY ROOM) MALDON ROAD, CM3 2HP

DOORS OPEN 6.30PM HORTICULTURAL SOCIETY AGM 7PM SPEAKER 8PM

'COMPOST, ALL YOU'LL **EVER NEED TO KNOW'**

by Andrew Babicz

FESTIVE NIBBLES ALL WELCOME

Members free

Non members £2



Hatfield Peverel Parish Council Update

Welcome to the October issue of Village Voice. This month we are able to bring you details of the official opening of the tennis courts on Strutt Memorial Recreation Ground. These have been developed using Section 106 funds.

What is Section 106 Funding?

Section 106 (often called S106) is money that developers pay to Braintree District Council when they build new housing or other developments. It's a legal agreement under the Town and Country Planning Act 1990 and is designed to make sure new developments also benefit the wider community.

The funding helps to offset the impact of new building and can be used for things like improving parks, play areas, sports facilities, schools, and other community spaces. Importantly, it doesn't come from local councils or residents – it is paid by the developer. How it works:

 When planning permission is granted, the developer agrees with Braintree District Council what contributions will be made.

- Parish Councils then put forward a list of community projects each year.
- Braintree District Council decides which projects are funded from the developer's \$106 contributions.

Who can apply for funding?

- Town/Parish Councils or constituted Parish Meetings
- Community/voluntary groups within the parish
- Registered charities
- Schools

In short, Section 106 funding helps ensure that as new developments are built, the local community also gains improved facilities and spaces to enjoy. You can read more about our official opening on page 7.

Have you visited the HPPC website lately?

Information relating to the parish - news, notices, events as well as

relevant district council initiatives - can be found on our website at https://www.hatfieldpeverelpc.com/
You can also find links to clubs & societies, local transport information and of course all council business.

Get involved

The next meeting of the Parish Council will take place on Monday 6th October in the Vic Olley Room at the Village Hall. Public participation is welcome, please see the agenda which is published on the Parish Council website and on the noticeboard outside the Parish Council office. If you are interested in becoming a Parish Councillor yourself, we'd be delighted to speak with you. Contact:

Sarah Gaeta, Parish Clerk; or Carly Truman, Assistant Clerk at the Parish Council Office, Village Hall, Maldon Road, Hatfield Peverel, CM3 2HP Tel 01245 382865.

Fmail·

parishclerk@hatfieldpeverelpc.com or assistantclerk@hatfieldpeverelpc.com







NEWS FROM ST. ANDREW'S AND ALL SAINTS

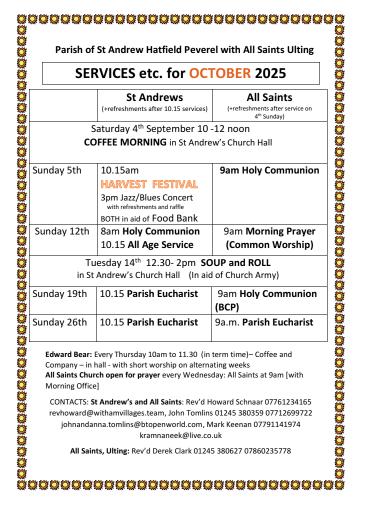
Harvest Festival time is now here even if the actual harvest has been so early this year. Harvest festival at All Saints last Sunday 26th September was a joyous occasion, and we look forward to Harvest Festival at St Andrews on Sunday 5th October at 10.15am. Both churches are beautifully decorated for Harvest Festival. Come along and enjoy the traditional harvest hymns – "Plough the fields and scatter the good seed on the ground".

Plus, come and join us on the afternoon of the 5th at 3.00pm for the Jazz and Blues concert given by the Purple Turtles in aid of the Braintree and Witham Food Bank. It's free entry with refreshments and a raffle and it looks to be an enjoyable occasion (more details Pg. 5)

As reported last time our Soup and Roll in August was in aid of British Heart Foundation and it turned out to be on the hottest day of the year! Notwithstanding, with the curtains drawn and all doors open, the temperature in the church hall was just pleasantly warm and hot soup fitted the occasion well! We raised £178 for the charity and then put aside thoughts until the next occasion which was on the 9th September - this time in aid of Mercy Ships UK. Having laid out for 36 visitors, we ended with a record number of 39, ran out of the mushroom soup completely after serving second helpings, and raised £233. This month it's on Tuesday (always the second Tuesday) 14th October at 12.30pm and will be in aid of the Church Army. Do come along! If you have never been before though, please ring Anna on 07809 573405 to find out more or just come!

We are sad to report the passing of Jean Ashby, a stalwart of the village and the church, who died peacefully in hospital on the 23rd August. Although increasingly incapacitated she remained fully mentally alert and strong in voice almost to the last. There will be many mums and younger ones (now mums themselves) coming to Edward Bear in years past who will have very fond memories of Jean. Her funeral will be at 11am on Friday 10th October at St. Andrew's.

With some rain now falling albeit spasmodically, grass which was brown and seemingly almost dead, has started to revive and so the churchyard team at St Andrews is also starting to feel revived but would really appreciate more volunteers to tend to the beautiful churchyard which is such a huge benefit for the village. If you can spare a few hours on a Friday afternoon and would welcome some exercise in lovely surroundings with a convivial team, please contact Mark Keenan on 07791 141974.





COME AND ENJOY

Soup and a Roll

on Tuesday 14th October 12.30pm - 2pm in St Andrew's Church Hall

Donations in aid of Church Army Newcomers call Anna on 07809 573405 Church Road, Hatfield Peverel, Chelmsford, Essex CM3 2LE

Contact details for Parish Team

Rev Howard Schnaar 07761234165 Rev Derek Clark 07860380627 | Charles Cope 01245 382134 | John Tomlins 07712699722 | Mark Keenan 07791141974 Website: <u>www.hatfieldpeverelultingchurches.org.uk</u>



SERVICES:

All Saints, Ulting:

Sunday 28th September at 4pm

St Andrew's Hatfield Peverel:

Sunday 05th October at 10.15 am



St Andrew's Hatfield Peverel Sunday 5th October 3.00 pm

Jazz and Blues Concert by the Purple Turtles

Entry free, raffle and refreshments.

All Donations of Food, and money will be in aid of

Braintree Area Foodbank





HATFIELD PEVEREL FEOFFEES

Might you qualify for help?

Notice is hereby given that applications are again invited from residents of Hatfield Peverel who might qualify for help from the Feoffees Charity.

In view of the Charity's desire to help where there is real need, attention is drawn to the following:

Hatfield Peverel Feoffees cannot apply its funds to:

- a. The relief of taxes(including Council Tax) or use the monies where Social Benefits would apply.
- b The giving of recurring grants.
- c. An applicant not in genuine need.

Applications must be sent in writing, to arrive by **Wednesday 5th November** to be considered for the annual distribution.

Applicants must include:

- a. Their name, age and address
- b. The reason for their request.

Applications should be addressed to:
Hatfield Peverel Feoffees,
c/o Woolsmore, Maldon Road, Hatfield
Peverel, Chelmsford,

Essex CM3 2JP





ANNUAL SENIOR CITIZENS CHRISTMAS LUNCH

For the past five years, Elaine and her team at Cardfields have been offering Christmas Lunch (free of charge) to local senior citizens, bringing the community together at a special time of the year.

Cardfields is a children's residential centre based in Hatfield Peverel. For over 35 years they have provided excellent outdoor learning experiences to schools and groups from inner London and the Home Counties. They also offer private hire and have hosted afternoon tea events for the local WI.

This year's Christmas dinner is on Thursday 11th December 2025 with arrival at 12.30pm for a lunch served at 1pm. It promises to be an afternoon of fun and entertainment with a singalong and a raffle.

Catering is for a maximum of 50 people so booking in advance is essential. Please contact Cardfields directly by 1st December 2025. Call 01245 380371 or email elaine.clarke@islington.gov.uk and provide your name, contact number and dietary needs.

For more information on Cardfields and their work visit www.cardfields.co.uk



Stitch to Enrich

Come and make friends as we chat, stitch and relax

1st and 3rd Thursdays each month 2pm – 4pm

The Coffee Lounge Hatfield Peverel Village Hall Maldon Road, CM3 2HP

We share the joy of stitching and friendship.

A warm welcome awaits you....

For more information, please contact Jane Cook 07827 594535 or <u>Stitch2enrich@gmail.com</u>





The Parish Council is excited to announce that the official opening of the Tennis Courts will be on Saturday 25th October, 12pm – 2pm. Come along to Strutt Memorial Recreation Ground behind the Village Hall and join us for free activities on the courts.

Tennis courts are ready to roll!

New balls, please!



How to play

The process for booking the tennis courts privately is in the process of being set up. We expect each session to be bookable at a cost of £5 per hour per court and details of admission to the courts will be given at the time of booking. Make sure you are following us on social media to find out more in the coming months along with the link to bookings.

Barclays Free Parks Tennis

In addition to booking private sessions on the tennis courts, the Parish Council are hoping to run FPT sessions from next Spring 2026. <u>Barclays Free Parks Tennis</u> (FPT) is a program that offers free tennis sessions to players of all ages and skill levels. These sessions are designed to be accessible to everyone, attracting players who are unable to pay for coaching sessions or court bookings.

Sessions are run by a minimum of two trained and enhanced DBS checked Activators - volunteers who have completed an online training course and are responsible for delivering engaging tennis sessions in the parks.

What is a Barclays Free Park Tennis session?

Barclays Free Parks Tennis (FPT) is open to everyone, whatever your age or ability, and there's no cost – just sign up each week and come along. Sessions are group-based, so it's a great way to meet people from the local area while enjoying tennis in a fun, welcoming setting. Rackets and equipment are provided, so all you need is enthusiasm! Each session includes games and exercises to keep you active, build confidence, and improve your tennis skills – a brilliant way to stay fit. Families are especially welcome: adults and children can join in together, with under-eights accompanied by an adult.

We can't wait to see the courts buzzing with activity and fun! Whether you fancy a casual hit, want to become an Activator, or just come to the launch and see the new courts there's something for everyone. So grab your trainers and let's get the village playing – see you on court!

Sounds interesting?

If you'd like to help more people in our community enjoy free tennis at the Strutt Memorial Recreation Ground you don't need to be a coach or expert player. They're looking for friendly faces who can help organise, encourage and keep things fun on court. Training and support are provided, so anyone can get involved.

To find out more, visit https://www.lta.org.uk/roles-and-venues/volunteers/free-park-tennis/

OUT AND ABOUT IN THE COUNTRYSIDE



Who are the Hadfelda Walkers?

We are a small group of walkers who meet on the last Thursday of every month for a 3-4 hour walk around the local area. Sometimes cars or buses are used to enable a circular walk around local villages and attractions. Typically, the walks are 4-5 miles long at a comfortable pace and a refreshment stop may be scheduled enroute.

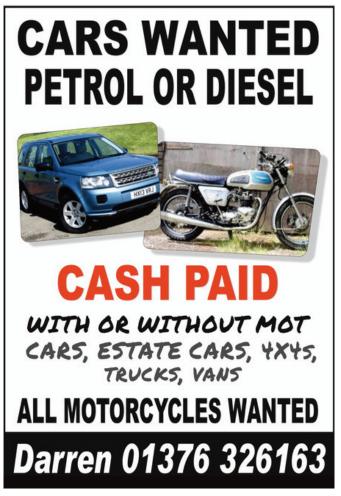
The last two walks that we undertook, had a lower turnout than usual, mainly due to various members being on holiday. Nevertheless, in July we had a wonderful walk around the lakes by Lees Priory. And in August we enjoyed a walk from Blue Mills (Wickham Bishops) to the

Braxted Bakery and back. We were able to sample some delicious cakes and coffee and as usual enjoyed great company. The Essex scenery is just beautiful and our unofficial photographer, Keith Bunton, took some great shots of the beautiful Essex scenery, amazing clouds and we even saw a stunning Red Kite gliding through the thermals in the sky.

Our next walk is on Thursday 30th October. There is no subscription, fees or membership - just turn up at the Village Hall, by the recycling bins, at 10am ready to walk. Regrettably we do not allow animals on our walks. New walkers who would like to explore the local area are particularly welcome to join us.

If you would like more information, please contact Graham Bushby on 07484 864712 or leave a message on 01245 380472.







October days on the allotment

As the days shorten and the crisp air of autumn settles in, we're reminded that another gardening year is drawing to a close. With just a little over two months left of 2025, it's a perfect time to reflect on a season that gave us both abundance and challenges. From scorching heatwaves to surprise downpours, nature kept us on our toes but our love for the garden never wavered.

Our village continues to benefit from two thriving allotment sites, both stewarded by a dedicated committee of volunteers. This year's Open Day, held on August 16th, brought together current plot holders, former members, curious visitors, and many friendly faces for a day of camaraderie, cake, and sunshine. A big thank you to everyone who baked, brewed, and brought along raffle prizes — nearly every attendee went home a winner!

October Tasks for your garden & allotment

This month marks the shift from late summer to true autumn. It's all about winding down the summer beds and prepping for the cooler months:

- Harvest the last of runner beans, pumpkins, carrots, and courgettes
- Pick apples and pears if they come away with a gentle twist, they're ready!
- Cut autumn crops like kale, cabbage, and cauliflower
- Lift any remaining maincrop potatoes and store in a cool, dry place
- Sow winter lettuces, spinach, and oriental greens for a fresh crop
- Plant garlic and onion sets for early summer 2026 harvests
- Add daffodils, crocus, and other spring bulbs for a burst of colour next year
- It's a good time to move or plant trees and shrubs while the soil is warm
- Clear beds, compost healthy plant debris, and dig in manure or compost
- Clean greenhouses, sheds, and store tools properly before winter
- Leave seed heads and fruit for birds and beneficial insects
- Divide perennials to keep them healthy and multiply your plants

Now's the time to sow hardy crops like spring cabbage, radish, and winter spinach. Use green manures to enrich the soil and keep weeds down. Don't forget to cover tender plants with fleece and begin winter digging where possible. It's time to start thinking about next year. Make a list of what worked and what didn't.



General October allotment jobs

- Keep on top of weeding as the beds are exposed to light when crops are cut back.
- Sow green manure seeds on empty beds to keep the soil covered over winter. This puts nitrogen back into the soil and prevents run-off in heavy rain.
- It's time to take down pea and bean wigwams and frames.
- Sort out your composting area as it's a great time to add prime fodder to your pile.
- Find a local source of horse manure. (We get ours at Maypole nurseries in Wickham Bishop). Use an empty bed to rot a pile down for use next year.
- Stay off the soil when the ground is wet. Walk on broad flat planks if you need access to avoid compacting the soil.

Here's to cooler days, hearty harvests, and warm mugs of tea by the shed!

By Drew Price



Helen Rollason Cancer Charity





GIFT & FOOD MARKET

Sunday 30th November 2025 10:00am to 4:00pm

CHELMSFORD CITY RACECOURSE

A magical and inspiring festive shopping experience with live entertainment. delicious treats and so much more.

Adult - £7 **Concessions - £6** Child 16 and under - £3

> **Prebook online** for early bird discount!

Handmade Gifts • Father Christmas • Live Music • Tasty Treats • Local Makers

Don't miss this magical winter event!



PREBOOK TICKETS ONLINE AT www.helenrollason.org.uk

For more information call 01245 380719 or email fundraising@helenrollason.org.uk





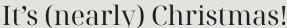


NEWS UPDATE & WHAT'S ON

On 9th September we held an Open Day at our centre in Hatfield Peverel. The centre was open to everyone for tea, home-made cakes, a raffle, yoga, a mindfullness talk and mini sessions of reflexology. It was a lovely sunny day and visitors were able to enjoy the sun in our garden. Our visitors included the Deputy Lord Lieutentant of Essex, The Mayor of Chelmsford, the Deputy Mayor and the Mayoress

If you missed it and you know someone living with cancer who might benefit from our complimentary services, you are welcome to come and and talk to us at any time.





We are already taking bookings for our Christmas events. On Sunday 30th November our popular Christmas Market will return to Chelmsford City Racecourse. There will be craft and gift stalls, food and drink vendors and live entertainment to get you in a festive mood and help kickstart your shopping for treats, presents and decorations. Early bird tickets are now on sale on our website under events.

On Friday 19th December we are holding a Father Christmas Experience at Layer Marney Tower. It was a huge success last year sold out quickly so early booking for this year is recommended. Tickets include a meeting with Father Christmas, a gift for each child, live festive entertainment, craft activities, storytelling, our donkeys, a ride on a London red bus, mince pies and mulled wine (for the grown-ups). There will be food and drink vendors too.

In January 2026, we will also be collecting and recycling Christmas trees again. More details are on our website under the events section and details of all the above events can be found by visiting www.helenrollason.org.uk/events/



DATES FOR YOUR DIARY

Sunday 30 November - Christmas Gift and Food Market at Chelmsford City Racecourse

Friday 19 December - Father Christmas Experience at Layer Marney Tower

January 2026 - Christmas tree recycling

Sunday 10 May 2026 - Ride For Helen cycle event



Hatfield Peverel Methodist Church-

We are delighted to have welcomed our new Minister, Rev. Dr. Jennifer Walters to Hatfield Peverel Methodist Church. This new chapter provides a good opportunity to share information about Methodism and what we believe as Methodists.

The Methodist Church in Great Britain was started by John Wesley who travelled 250,000 miles in 50 years preaching the gospel. Much of his preaching was outdoors and he helped form and organise small Christian groups as he appointed unordained evangelists – both men and women - to care for the groups of people.

Under Wesley's direction, Methodists became leaders in many social issues of the day, including the abolition of slavery and support for women preachers. 'Methodist' became a widely used term in the 1700s for anybody thought to be 'enthusiastic' about their religion and we hope to continue that tradition as we share our faith in Hatfield Peverel.

We can't help wondering if John Wesley might have visited Hatfield Peverel and, if so, did he stand somewhere in the village, preaching and encouraging his followers there?

During October we will be celebrating 150 years of the Methodist Church in Hatfield Peverel. Since we moved out of the chapel in The Street, we are returning to Wesley's roots in the heart of the village:

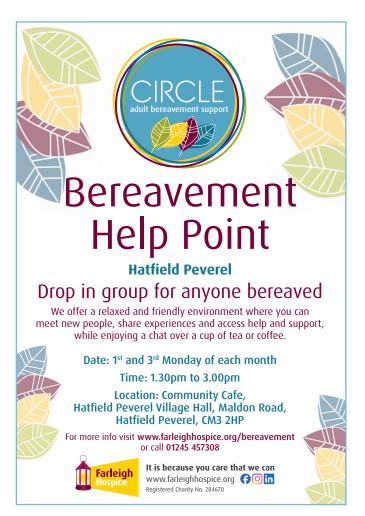
The calling of the Methodist Church is to respond to the gospel of God's love in Christ and to live out its discipleship in worship and mission.

We aim to carry this out through 4 key areas - worship, learning and caring, service, and evangelism. Please get in touch if you would like to learn more or we can provide prayer for you. And we would love you to come and share in worship with us too – we meet Sunday mornings from 9.15am in Room 3 of the Village Hall.



Minister: Rev. Dr. Jennifer Walters 07824 440820 Mission Lead: Jane Cook 07827 594535 For information and prayer requests: hpmethodistchurch@gmail.com

@HPRealityChurch www https://e-voice.org.uk/hpmc/







Omars of Hatfield Peverel

Purveyors of Fine Indian Cuisine

01245 380099

The Street Hatfield Peverel CM3 2EA

https://omartandoori.co.uk

Hello from Terling WI!



We hope you all enjoyed the summer and are getting back into the swing of things. This will be a short update as we don't meet in August and at the time of going to press, our September meeting hadn't yet taken place.

A delightful grand finale

In August, well before its general release, four of our very lucky members got the chance to see a preview screening of Downton Abbey: The Grand Finale! The National Federation of Women's Institute (NFWI) had organised this exclusive screening and gave away 62 free tickets. Our members, Emily, Lucy, Jenny and Debbie hopped on the new Elizabeth Line at Shenfield Station and made their way to the NBC Universal Studio in London. There they were treated to wonderful light refreshments and once the mobile phones were locked in their pouches, the ladies entered a very sumptuous and exclusive cinema with just 70 seats. The last instalment of the Downton franchise follows the Crawley family and their staff as they enter the 1930s, facing public scandal and financial troubles. No spoilers but everyone had a super time and thoroughly enjoyed the film! Definitely one to see.

For October's meeting we're very excited to welcome Giovannone Di Sarno, who will speak to us about the history of bread making and give us a full demonstration which includes tasting! If you haven't guessed it yet, we are a very foody WI! This is another members-only event and booking is essential so that everyone can participate in the tasting.

So, if the above aren't two reasons to join the WI, then we don't know what to say. If you want to be a part of all the food and wine tasting, an annual summer party, and have access to exclusive events... join us now! If you join us from 1st October, the membership is just £25.60 and includes meetings up to and including March 2026! For more information, contact us on terlingwi@outlook.com, or call Lucy on 07926 649669.



KEY TERLING WI DATES

Thursday 23rd Oct – monthly meeting (members only and booking essential) Thursday 27th Nov - monthly meeting, all welcome

Thursday 18th December - monthly meeting, all welcome

Join us on Instagram

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Follow us on Instagram for all the latest news, events and notices from the parish council

https://www.instagram.com/hatfieldpeverelpc/

Hatfield Peverel Parish Council



Scan the QR code to go directly to our page!

THE NURSE WHO HELPED THEM HOME

In October 1915, the war raged on. The Battle of Loos in France was drawing to a close, heavy fighting continued in Eastern Europe, and the war at sea showed no sign of easing.

On 12 October 1915, British nurse **Edith Cavell** was executed by a German firing squad in Brussels, charged with "treason." At the outbreak of war, Cavell had been working in Belgium, training nurses. Her clinic was converted into a Red Cross hospital, treating soldiers from both sides.

In the autumn of 1914, as German forces occupied much of Belgium, two stranded British soldiers reached the training school. Cavell sheltered them for several weeks before arranging their escape into neutral Netherlands. More soldiers followed, along with Belgian and French civilians of military age. It is thought that around 75 soldiers and 100 civilians were helped in this way.

Cavell believed it was her duty to help, but her actions broke the neutrality expected of the Red Cross. When her network was betrayed, she was arrested. The Germans treated her activities as aiding the enemy and charged her under their Military Code: "In time of war, anyone who, with the intention of aiding a hostile power, or of causing harm to German or allied troops…" She was found guilty and sentenced to death.

Legally, under the "rules of war," Germany's actions were justified. Nevertheless, international appeals for clemency were ignored, and Cavell was executed. Her death proved a powerful propaganda tool for the Allies, particularly in the United States, which was still neutral at the time. Edith Cavell was hailed as a national heroine and remembered as a courageous British woman who stayed true to her conscience.

After the war, her body was returned to Britain. She was brought back to London in the same railway carriage that later carried the Unknown Warrior. A state funeral was held at Westminster Abbey, and she was laid to rest in the grounds of Norwich Cathedral. A prominent memorial to her stands near Trafalgar Square, beside St Martin-in-the-Fields Church.

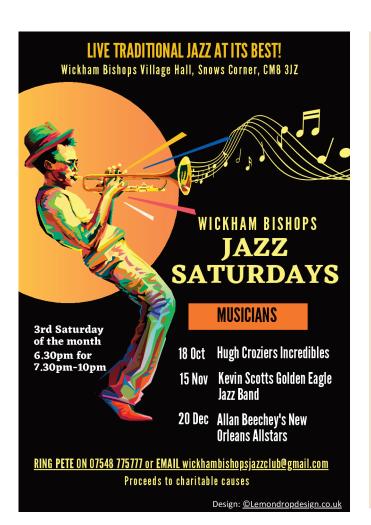
This month our branch holds its talk on 8th October at the Royal British Legion in Hornchurch. Paul Chambers, Chair of the British West India Regiments Trust, will tell the story of The British West Indies Regiment in the First World War – a talk I'm very much looking forward to. This was a volunteer force of eleven battalions with around 15,600 volunteers, the majority of which came from Jamaica.



At that time, national policies did not permit non-white troops to fight white enemies so the 1st & 2nd Battalions were sent to the Middle East where they served against Ottoman Empire troops. Other battalions were sent to Europe where they carried our labouring or logistics work in non-combatant roles. Eventually they were allowed to fight in some of the major battles and sadly suffered some 1,500 fatalities.

The Branch has a monthly newsletter which carries information remembering casualties from Essex, historical articles and forthcoming events or publications that may be of use to anyone with an interest of the First World War. If you would like to receive a copy by email, with attachments, please ask via essexwfa@googlemail.com We ask for no other information and the newsletter is the sole use of the email address. For more information on the Western Front Association visit https://www.westernfrontassociation.com. Our meetings are always open to both members and non-members of the WFA. We ask for an entrance donation of £3.50 and there is a book raffle at each meeting which helps support our memorial work. You can also follow us on Facebook under the name westernfrontassociationessex

Jim Kevany Essex Branch Chairman, WFA









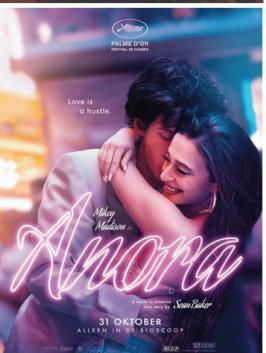


AWARD WINNERS FOR OCTOBER!

Continuing our 21st Season with two top award-winning films!

Last month, Maldon Film Club welcomed in its 21st season with the screening of *Amelia*, the first film ever screened by the Club back in 2005, followed by *The Outrun* and *Conclave*. We welcome two worthy Oscar winners to our season this October with the screening of *I'm Still Here* on Tuesday 7th October and *Anora* on Tuesday 21st October.





We start with the powerful *I'm Still Here* – a film that explores the permanence of love and grief. One afternoon in 1971, Rubens Paiva, a former congressman and outspoken critic of Brazil's newly instituted military dictatorship, was taken from his home in Rio de Janeiro by government officials. Told nothing more than that he must give a "deposition" to authorities, he then disappeared.

Adapted from his son Marcelo Rubens Paiva's memoir, this overwhelming, richly realized political drama from Walter Salles (The Motorcycle Diaries) stays tightly wedded to the perspective of Rubens's wife, Eunice (a shattering Fernanda Torres), whose indefatigable search for the truth about her husband would stretch out for decades. A devastating true story, *I'm Still Here* is exhilarating in its portrayal of human tenacity in the face of injustice. Featuring a deeply affecting appearance from Fernanda Montenegro, Oscar nominee for Salles's Central Station.

The 2025 Oscar winner for Best Motion Picture, *Anora* tells the story of Ivan (Mark Eydelshteyn), the impetuous son of a Russian plutocrat, who is used to having it all. When a \$15,000 girlfriend experience with sassy, exotic dancer Anora (Mikey Madison) rocks his world, Ivan goes all in with the rags to riches story and marries her. So is it true love or infatuation? When Daddy's intimidating goons turn up and his parents set out for New York to get the marriage annulled, the question to be answered is do the star crossed lovers have what it takes to be together forever?

Looking ahead

In November, we'll be showing the highly acclaimed *Vermiglio* and *Touch* which will be screened on November 4th and 18th respectively.Our 21st season continues until 3rd June 2026 with films being shown fortnightly on Tuesdays in 2025 and Wednesdays in 2026. The Club meets at Maldon Town Hall, doors open at 7.15pm, wine and soft drinks are available at a charge from 7.30pm and unless notified to the contrary all films will commence at 8pm.

The price of an annual subscription remains at £30 and this entitles members to free admission to all of the season's 19 films, that's less than £1.60 per film! In addition there are a limited number of places for junior members aged 16–18 in full time education and training at the reduced cost of £20. As a member you will be asked to give your reaction to the films you have seen and also help the committee compile the programme for the following season. Membership is open to all and new members will be made very welcome. Members' guests pay just £4 per film!

For further details and an application form please visit our web site www.maldonfilmclub.uk, pop in to the Maldon Visitor Information Centre (Tuesday – Saturday between 1100 and 4pm) or phone 01621 869133 for membership enquiries. Alternatively you are welcome to come along as my guest for our next screening, meet members of the committee and pay your annual subscription on the night. If you have any further questions please do not hesitate to contact me on 07905 971608.

By John Salisbury

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CHAIR EXERCISE

St Andrew's Church Hall Hatfield Peverel

Tues 10 am-10.45 am

Sept 9, 23, 30 | Oct 7, 14, 28 Nov 4, 18, 25 | Dec 2 (new term, Jan 6)

Would you like to improve your...

Balance, strength, flexibility, confidence and general fitness levels? Why not **come and join us** and have some fun too! **You will be very welcome** whatever your level is.

Fully qualified instructor.

Not sure about coming? Feeling anxious? Have you had a fall or are afraid of falling? Do you have replacement joints? Are you spending more time at home?

Has your mobility decreased since Covid? Your exercises will be adapted to your needs!

Medical conditions must be controlled if you would like to attend.
Fully qualified Chair Based Instructor and Personal Trainer
Mental Health & Exercise Level 4

Please come in comfortable, stretchy clothing, leisure footwear and bring water!

Bookings taken now or turn up on the day!

For details and cost <u>mandadurrant@gmail.com</u>

Telephone 01376 408046 - Please leave a message

SLEEP - THE UNSUNG HERO OF FITNESS & HEALTH

Hello again, everyone! It's Stefan here—your local mobile personal trainer. This month, I want to focus on something that many people overlook when thinking about fitness: sleep. While exercise and nutrition often take the spotlight, good-quality sleep is just as important for your overall health and well-being.



Why Sleep Matters

When you sleep, your body does far more than rest. It repairs, rebuilds, and recharges. Without enough quality sleep, both your body and mind can suffer, no matter how healthy your diet or exercise routine may be.

Here are some of the key benefits of getting enough sleep:

- 1. Muscle recovery and repair During deep sleep, your body rebuilds tissues and strengthens muscles.
- 2. Better energy levels Quality sleep means waking up refreshed and ready to move.
- 3. Improved focus and memory A rested brain performs better at work, school, and in daily life.
- 4. Stronger immune system Sleep boosts your body's natural defences against illness.
- 5. Weight management Poor sleep disrupts hunger hormones, often leading to overeating.

Adults should aim for **7–9 hours of sleep each night**. Building a bedtime routine—like switching off screens, dimming the lights, and winding down—can make all the difference.

Remember, fitness isn't just about what you do in the gym or the park. Rest and recovery are just as **important.** A good night's sleep sets the foundation for a healthier, stronger, and happier you.

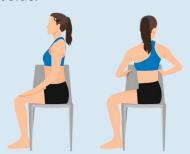
EXERCISE TIP OF THE MONTH

Seated Spinal Twist

This gentle stretch releases tension in your back and shoulders. It helps relax your spine, ease stiffness, and calms your body before bed, making it a great addition to your evening routine for better sleep.

How to Do It:

- 1. Sit tall on a chair with both feet flat on the ground.
- 2. Twist gently to the right, placing your left hand on the outside of your right thigh for support.
- 3. Hold for 20-30 seconds, breathing slowly.
- 4. Return to centre and repeat on the left side.



Join us each Thursday at the Strutt Memorial Recreation Ground, outdoor gym for our free community fitness class, where we bring together movement, motivation, and fun for all ages and levels. Book your place at https://bookwhen.com/mypersonaltrainer

Stefan - MyPT 📞 07456717115





HATFIELD PEVEREL & ULTING HORTICULTURAL SOCIETY

Below is the Societies' 2025 schedule of events - all open to both members and non-members. Please do come along - we look forward to seeing you.

Membership cards and yearbooks with full details of upcoming events are available from Upsons Farm Shop. Annual membership is just £3 (£2 for seniors).

SCHEDULE OF EVENTS FOR 2025

Following this year's successful calendar of events with very interesting speakers, these are the last two events, both taking place at The Village Hall.

4th October – Society Autumn Show **27th November** – AGM Christmas Speaker Evening

For general information about the society contact <u>cliveemberson9@gmail.com</u> or visit <u>https://e-voice.org.uk/hatpevgardens/</u>

OCTOBER GARDEN TIPS

Prune: Reduce height of shrub roses. Cut fruited stems of blackberries and raspberries to the ground. The ferny shoots of asparagus that have turned yellow can also be removed.

Plant: Ideal time to plant spring bulbs, evergreen shrubs, & plant pots for winter colour with heathers, skimmia, cyclamens and winter pansies. Keep sowing crops such as broad beans and peas for early crops next year. Spring cabbages can also be planted.

Propagate: Take hardwood cuttings from ornamental trees and shrubs. Cuttings can also be taken from shrubby herbs such as thyme, lemon verbena and rosemary. Divide other herbs such as chives, lemon balm and marjoram.

Community Agents part of the Essex Wellbeing Service



Community Agents is a free to access home visiting service, helping people to live independently in their own home. We can help anybody over the age of 18 that is in particular need of a home visit in order to source the support needed. We are not carers, but Community Agents can assist with:

Equipment

Assess and arrange installation for grab rails, bed rails, steps, toilet aids, bathing/showering aids, furniture raisers.
Blue Badaes & Bus Passes

Complete applications and renewals.

Benefits

Assist with benefit form completion or signpost to

the relevant, local service.

Social Opportunities

Community Agents know many local clubs and activities and have details of what's on in your local area.

Transport

Advise on community and hospital transport links.

Meals & Shopping

If preparing meals or shopping is becoming difficult we have details of options that may be suitable.

Carers Support

Provide support to unpaid carers including sourcing respite options and carers support groups.

Please call EWS direct 0300 303 9988 to refer yourself, family member, friend or neighbour to Community Agents. Please note you must have the referrer's permission. Lines open Monday to Friday 8am-7pm and Saturday 9am-12pm.







WELCOME TO THE NEW SEASON!

Our senior Men's teams (First & Reserves) started their competitive matches in August, so they already have several matches under their belts. Following a hugely successful 'Ladies Day' at the end of August, the Ladies started their league season in September. Also in August, our two-day Summer Soccer camps were also well attended and our 16 Junior teams started their season on 7th September 2025.

HPFC Ladies Day 2025At the end of August, HPFC celebrated a fantastic 'Ladies Day', with girls aged 6 through to seniors taking part.

Our Wildcats played in their very first fixture, walking out onto the pitch with members of the ladies' team – and they did brilliantly! The U11 Vipers hosted several visiting teams in a lively tournament, creating a wonderful atmosphere. Our brand-new U15 Phoenix side made their debut in an 11-a-side match, proudly showcasing their new kits sponsored by Giacomini. The ladies team welcomed two visiting sides for a 9-a-side friendly tournament, finishing the day with a fun 'mix and match' game, where players picked random teams and positions from a hat.

We were delighted to welcome the High Sheriff of Essex, Julie Fosh, and her husband, who joined us to celebrate the club's achievements and future goals. Chairman Nick was also awarded a certificate of recognition by the Sheriff for his outstanding work at the club.

With the sun shining, food on the BBQ, and music from the DJ setting the tone, the day was a great success – a true celebration of women and girls' football at Hatfield Peverel.

For all the latest photos, behind-the-scenes action, and player updates, make sure you're following us on Instagram: @hpfc ladies.







WHO'S READY TO KICK OFF A NEW CHAPTER?

Thought your football days were behind you?

Think again!

Walking Football is here at Hatfield Peverel FC

Starting Saturday, Sept
13th | 12–2pm
Hatfield Peverel Football
Club, Keith Bigden
Memorial Ground, Wickham
Bishops Road, Hatfield
Peverel, CM3 2JL

Over 50? Dust off your boots and get back on the pitch - no matter your ability - it's all about

all about fun, fitness & friendship.

Just turn up or drop us an email at: crcwayne@btinternet.com for further details.



Improvements

We were delighted to take delivery of our new 70-seater stand in early August – thanks to our friends at Halland FC for their help and collaboration, and the generous sponsorship of Martin Raj Curry & Cocktails (Chelmsford) and Chennai Dosa (Witham).

After a couple of days of cleaning and maintenance, and the fitting of safety barriers and netting the new stand is up and running and ready for use. This is another big step completed on our journey up the football pyramid.

We have continued other improvements to the club: The mower strip under our new fencing is now complete, and we have also invested in new samba goals and replacement nets for the juniors. Our Autumn/Winter training plan started in early September with all teams moving to training at the new 3G facilities in Witham by the end of October.

For fixtures and results, visit www.fulltime.thefa.com and for club news and socials visit, www.hatfieldpeverelfc.co.uk Our licensed bar is open Saturday afternoons and on Sundays, hot food and snacks are available from 9:30am to 4:30pm.



Youth Enquiries (U11 to U18)	Terry Lingley - Secretary	07736 042466 terrylingley@hatfieldpeverelfc.co.uk
Youth Enquiries (U7 to U10)	Rich Bute – Secretary	07795 690576 richard.bute@outlook.com
Senior Enquiries	Jim Isaacs – Secretary	07736 437831 jim.isaacs@sky.com
Club Welfare Officer	Maisie Reading	07411 504532 maisiereading@hatfieldpeverelfc.co.uk
Club Chair	Nick Webb	07808 866543 nickwebb@hatfieldpeverelfc.co.uk
Club Vice Chair & Treasurer	Gareth Howard	07778 408051 treasurer@hatfieldpeverelfc.co.uk
HPFC Wildcats	Susan Little	07841 042389
HPFC Meerkats	Luca Curtis	07745 728430





REMEMBRANCE SUNDAY IN THE VILLAGE

Each November, Hatfield Peverel comes together to mark Remembrance Sunday. The Scouts play a leading role in organising and taking part in the annual parade, which makes its way through the village before the service at St Andrew's Church.

The parade is always a moving occasion, with villagers of all ages lining the route to watch and pay their respects. It provides an opportunity for our community to come together in remembrance of those who served, and to reflect on the sacrifices made in times of conflict.

At the time of going to press, final details of this year's parade on Sunday 9th November, the route and timings were not available. Please keep an eye on local social media or visit www.hpscouts.org for confirmation closer to the date. We hope as many residents as possible will join in supporting this important village tradition.



Charles & Son Tewellery



Wanted - Cash Paid:

Coin Collections
Costume Jewellery
Gold/Silver Jewellery
Watches (working/not working)
Brooches, Watch Chains
Silver Trophies

Day: 07775 998628 Night: 01376 326163

HUNTING FOR CLUES IN PEVEREL AND FOR WINE IN THE BALKANS!

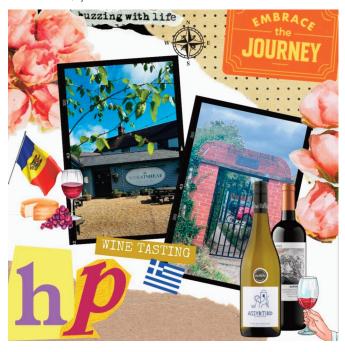
Over the summer months, our members enjoyed three near-perfect evenings varying from a visit to the lovely gardens of Blunts Hall in Witham in June to our own version of Peverel-on-Sea in July, culminating in August's walking treasure hunt around the highways and byways of Hatfield Peverel. The event was organised by Andy and Roberta Snowdon, and Emma and Nick Cook, and demonstrated how much more you notice when walking slowly, even around a place you know well: for example, who knew that there is a plaque near the MUGA pitch commemorating that Trinity County School from Wood Green was evacuated to Peverel during the War?

The Wheatsheaf provided us all with an excellent supper while scoresheets were marked and the winners found to be Sarah and Stephen Roberts, scoring a magnificent 38 points and the dubious honour of setting next year's treasure hunt! Of course, the real winners were the team which came second – Charlie's Angels, comprising Jill and Katie Shakespear and Pat Hercules - with a very well-judged 37 points, earning plenty of glory but no hard work next year.

September found us all safely back in the village hall for the first of our autumn meetings, an interesting tasting of Wines from Unusual Countries. Vee had provided each table with a set of information relating both to the wines tasted and the countries they came from, and members had to work out which went together. In true Destination X style, there were plenty of clues hidden in the information, which just needed teasing out. The winning team of Tara and Kevin Sullivan, Sarah and Stephen Roberts, Lucy and Laura Cranfield were Garrod disappointed that there was no Destination X-style £100,000 prize money, just bars of chocolate - but neither had they been asked to dangle from the bottom of a cable-car or hunt for clues down an ochre mine like their TV counterparts.

The wines to identify came from Georgia, Greece, Moldova, Romania, Ukraine and Uruguay, and all proved surprisingly good. Vee summarized at the end with some reasons why these countries are less well-known in the world of wine: Uruguay has always been the South American poor relation to Argentina and Chile, who receive government subsidies to ensure their wines are attractively priced; Greece has been led astray in the past by its obsession with resinated wine; the four Eastern European countries have had to radically modernize their winemaking

techniques and equipment since breaking away from the Soviet Union. However, the quality of the wines tasted from all 6 countries gives great hopes for the future. There were runaway winners for both white and red wines: top white was Morrison's The Best Assyrtiko from Greece, normally £10.25 but currently on offer; favourite red was Marks & Spencer's Found Range Saperavi from Georgia at £11. The general feeling was that Saperavi is a grape we shall be seeing more of in the future — so remember, you heard it here first!



Next month is the time of the Club's Annual General Meeting and review of the past Club year, followed by the now-traditional Six of the Best tasting of some of the favourite wines tasted over the past twelve months to identify the winner of our Peverel Wine of the Year Award, much sought-after in the wine world. If you'd like to join us for this - or indeed any other meeting - for a light-hearted and inexpensive evening out, you would always be very welcome. Please give Vee a ring beforehand on 01245 355723 however, to ensure there is enough food and drink for all. (We normally meet on the second Wednesday of each month in the village hall, but with some exceptions). Our website www.peverelwineclub.co.uk is almost ready to relaunch, and our exciting new 2026

programme is nearing completion: email Vee at peverelwineclub@hotmail.co.uk for more information.

By Vee Green



Mailing List

Coming soon to HPVH









Scan to Buy Tickets



